This edition of Medicine Matters reminds us of that in a pictorial and written way. The Department of 1974 could fit in one photo, as seen on the right with Dr. Dickson being prominent in the front row – by 1991 the Executive was large enough to warrant their own photo, with the recent photo of our current Executive showing the executive in the front row centre.

We learn from our own personal and collective histories, and we learn from our patients’ histories as well. What we learn is that terms of diagnosis and treatment options in the past can now be done at lightning speed with modern imaging, testing and available sources of information. Nevertheless, the human brain was never designed to go at these warp speeds and with history being made by the minute, dare I say the second, with the help of modern pervasive personal communication technology, such as PDA’s, internet and email, is it any wonder we stop once in awhile and think it might be useful to reflect on where we are, how we got there, and where we are going individually and collectively?

This volume of Medicine Matters will give many of you a great sense of past history and what has happened in recent times as well. Paper media might not be ‘cool’ but has the opportunity of recording past and present history in a portable fashion to enjoy – notwithstanding the availability of a PDF of this newsletter on our website or to be downloaded to an electronic device or computer, it is a bit more portable.

Dr. James Gilbert Holland
Jim Holland, 70, a long serving member of the Department of Medicine and Director of the Pulmonary Function Laboratory, died on January 29. He graduated from Dalhousie with the University Gold Medal, and in medicine with the Dr. C. B. Stewart Gold Medal, as did his father 40 years before. Dr. Clyde Holland, a former Chief of Medicine. He was one of the founders of the VGH Hyperbaric Unit and was involved in offshore medicine. He was a favourite teacher with students and won the Silver Shovel Award twice. He was one of the founders, with Dr. Bernard Badley, of the Tupper Band.

Dr. Joseph Sidorov
The family of Joseph Sidorov, 88, regrets to announce his unexpected death on Sunday, March 29. He died while downhill skiing on a gorgeous spring day at Tabor Mountain. He was a member of the Division of Gastroenterology before retiring to Prince George, British Columbia.

Dr. R. C. Dickson’s retirement

Dr. R.C. Dickson's retirement

Medicine has always been linked to 'history' in many ways: we all learn that the most important thing to get from a new patient is a good history and when things go wrong we are told to go back and repeat the history! We also know our lives are lived in the context of the history in which we are living and working at the time.

We learn from our own personal and collective histories, and we learn from our patients’ histories as well. What we learn is that Medicine has not changed over time except maybe today time has become more truncated and compressed. Took a long time in terms of diagnosis and treatment options in the past can now be done at lightning speed with modern imaging, testing and available sources of information. Nevertheless, the human brain was never designed to go at these warp speeds and with history being made by the minute, dare I say the second, with the help of modern pervasive personal communication technology, such as PDA’s, internet and email, is it any wonder we stop once in awhile and think it might be useful to reflect on where we are, how we got there, and where we are going individually and collectively?

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Under our new digital logo we use the words, “Improving Lives”, and of course, that is the direction we want our history to take for all of us and out patients! Enjoy!

R. Allan Purdy, MD, FRCP, FACP
Professor and Head, Department of Medicine, Dalhousie University
District Chief, Department of Medicine, Capital Health
Congratulations to those DoMers who received a promotion from Dalhousie University, effective July 1, 2008:

**Associate Professor**
- Daniel Carver, Geriatric Medicine
- Susan Freter, Geriatric Medicine
- Ian Grant, Neurology
- Ali Imran, Endocrinology
- Simon Jackson, Cardiology
- Paul Patel, Gastroenterology
- Ata Quraishi, Cardiology

**Full Professor**
- R. Allan Purdy, Head, Department of Medicine, Dalhousie University and District Chief, Department of Medicine, Capital Health
- Jorin LindenSmith, community-based member, Brenda Joyce, Head, Division of Physical Medicine and Rehabilitation

**Assistant Professor**
- Darrell White, Education Program Director
- Laurie Mallery, Head, Division of Geriatric Medicine
- Graeme Rocker, Head, Division of Respirology
- Evelyn Sutton, Head, Division of Rheumatology
- David Simpson, Acting Head, Division of General Medicine
- Tammy Kough-Ryan, institution-based member, Desmond Leddin, Head, Division of Gastroenterology and Metabolism, and Deputy Department Head Cobequid, DGH and Harris
- Paul McIvor, Head, Division of Palliative Medicine
- Charles Mater, Head, Division of Neurology
- Donald Weaver, Chair, Research Committee
- Mark Dorran, Head, Division of Medical Oncology
- Cathy Kells, Head, Division of Cardiology
- John Doran, Head, Department of Medicine, Saint John Regional Hospital
- Stephen Duke, Internal Medicine Chief of Service, DGH
- John Handy, Chair, DoM Financial Management Committee
- Simon Jackson, Director, MTU
- Jennifer Klotz, (retired) Head, Division of Dermatology

**Promotions:**
- Daniel Carver, Geriatric Medicine
- Arnold Mitnitski, Scientist, Division of General Medicine
- Susan Freter, Geriatric Medicine
- Ian Grant, Neurology
- Paul Patel, Gastroenterology
- Ata Quraishi, Cardiology
- Simon Jackson, Director, MTU
- Jennifer Klotz, (retired) Head, Division of Dermatology
- Nancy Morrison, Chair, Undergraduate Medical Education Committee
- Blair O'Neill, former Head, Division of Cardiology
- Ata-Ur-Rehman Quraishi, former Acting Head, Division of Cardiology

**Executive/Divisional Chiefs Committee 2008**

**DoM Executive 1991-1992**

Front Row (left to right):
- R.S. Tonks, A/Head, Division of Geriatrics
- M.H. Tan, Head, Division of Endocrinology and Chief of Medicine, Camp Hill Medical Centre
- D. Johnstone, Head, Division of Dermatology
- D. Bowie, Head, Division of Respirology
- W. Schieb, Head, Division of Infectious Diseases
- A.D. Cohen, Head, Division of Nephrology

Back Row:
- T.J. Marrie, Head, Department of Medicine, Victoria General Hospital
- J.V. Jones, Head, Division of Rheumatology
- L. Fernandez, Head, Division of Hematology
- S.G. Carruthers, Head, Department of Medicine, Dalhousie University
- R.N. Anderson, former Head, Department of Medicine
- B.O. Breen, Head, Division of General Medicine
- L. P. Heffernan, Head, Division of Neurology

Missing:
- R.L. Kirby, Head, Division of Physical Medicine & Rehabilitation
- G.R. Langley, former Head, Department of Medicine
- V.N. Khanna, Chief of Medicine, Saint John, N.B.
- A.H. Murray, Division of Dermatology

Now...

**DEPARTMENT OF MEDICINE**

**EXECUTIVE/DIVISIONAL CHIEFS COMMITTEE 2008**

...And Then

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**Master Clinician Series**
The second annual DoM Master Clinician Series speaker was Dr. Thomas Marrie. Officially he is from Alberta; however, shortly we will be reclaiming him as one of our own. Dr. Marrie’s topic was “Serendipity.”

(Yes, the gentleman in the back left corner in the photo above should look familiar – and if he doesn’t, he soon will!)
Dr. Sultan Darvesh, Division of Neurology, has been awarded a DMRF Capital Equipment Grant.

Drs. Gail Eskes, Psychiatry and Medicine; and Stephen Phillips, Division of Neurology, received a CIHR grant: “Developing a collaborative stroke research network in Atlantic Canada”.

Dr. Susan Kirkland, Community Health & Epidemiology, and Medicine (with Drs. Kevork Peltekian, Division of Gastroenterology; Lois Jackson; Jo-An MacDonal; and Ingrid Sketris) received a Meetings, Planning & Dissemination Grant: Infection and Immunity “Moving evidence to action: developing an action plan to address HIV and hepatitis C in Atlantic Canada”.


Dr. Christine Short, Division of Physical Medicine and Rehabilitation received a Spinal Cord Injury Solutions Network grant: “Can Pregabalin Prevent the Development of Neuropathic Pain following Spinal Cord Injury”

Drs. Graeme Rocker, Division of Respiratory and Kenneth Rockwood, Division of Geriatric Medicine, are co-investigators on a CIHR Operating Grant: “Realities, Expectations and Attitudes to Life Support Technologies in Intensive Care for Octogenarians: The REALISTIC 80”.

Dr. Kenneth Rockwood received a CIHR-China-Canada Joint Health Research Initiative grant: “Quantification of health status changes in China and Canada: An evaluation of a stochastic model of aging”.

DOM RESEARCH EVENING

The Department held a very successful Research Evening on January 29th at the Prince George Hotel. The event was very well attended with more than 45 attendees, representing various Divisions. The function commenced with a brief reception, followed by exciting presentations from some of the Department’s newest members, including Chris Blanchard (Canada Research Chair), Arik Drucker (Division of Medical Oncology), and Steve Gruchy (Division of Gastroenterology). After a buffet meal, the evening finished with an enthralling lecture from Dr. Ryan D’Arcy, Director of the Halifax site of the National Research Council Institute of Biodiagnostics.

In recognition of Drs. Ormille Hayne’s and Ross Langley’s clinical and academic skills, on the occasion of their retirement in December 2007, their colleagues established the Hayne/Langley Lecture in Hematology to bring outstanding hematological research leaders to Dalhousie. The inaugural lecture was held October 24, 2008. The speaker, picture above with Drs. Hayne (left) and Langley (right) is Tomas Ganz, PhD, MD, Department of Medicine, David Geffen School of Medicine, UCLA, Los Angeles, CA, who spoke on “Systemic Iron Homeostasis and Its Disorders”.

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The Royal College describes mentors as “leaders who are interested in helping people acquire knowledge, experience and the confidence necessary to fulfill both their responsibilities and their potential”. And they have acknowledged Dr. Lori Wood’s exceptional contribution by naming her Mentor of the Year, pictured being presented with the award by Dr. Peter Anderson, member of the Regional Advisory Committee 5, Royal College. Dr. Wood is an Associate Professor in the Department of Medicine with a cross appointment in the Department of Urology. She completed her Medical Oncology training at the Cross Cancer Institute in Edmonton, Alberta and has a Masters of Science in Epidemiology from the Harvard School of Public Health. She spent two years at the MD Anderson Cancer Centre, in Houston, Texas, before we were fortunate to have her move to Halifax in 2000.

Among her many accomplishments, she is the Coordinator of the Medical Oncology Undergraduate Education Program at Dalhousie, and serves as a mentor and research supervisor for students and residents. She is a resident favourite on the MTU.

In the past five years, this award has gone to DoM members three times: Dr. Lori Wood (2008), Dr. Ronald MacCormick (2007) and Dr. R.N. Anderson (2004).

The Department welcomes Dr. Catherine Kells to the position of Head/Chief of the Division of Cardiology. Our thanks to Dr. Ata Quraishi who served as the Acting Chief of Cardiology during the search process.

Dr. Brenda Joyce has stepped down as Head of the Division of Physical Medicine and Rehabilitation. Dr. Christine Short is the Acting Head.

Dr. Michael West has stepped down as Head of the Division of Nephrology. Dr. Kenneth West is the Acting Head.

The Division of Dermatology has changed its name to the Division of Clinical Dermatology and Cutaneous Sciences. The Division Head explained: “Dermatologists have expertise, not only in medical dermatology, but also skin surgery, paediatric dermatology, dermatopathology and cutaneous basic science. Our new name is more inclusive of all of these aspects of our practice.”

The first annual Dr. J Barrie Ross Lecture in Dermatology was delivered on March 31, 2009, by Dr. Neil Sheat, pictured (left) with Dr. Barrie, on the topic “Understanding Drug Induced Skin Diseases”.

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Dr. Liana Aires
Dr. Aires completed her postgraduate Year of Added Competence in Palliative Medicine in October 2008. Her scholarly project was looking at the interface between palliative care physicians and palliative care consult services. Dr. Aires joined the Division of Palliative Medicine in January 2009 as a part-time community-based member.

Dr. Mary Lou Baxter
Dr. Baxter joined the Division of Dermatology in September 2007. In September 2008 she increased her time and started a Gyno-Derm clinic in conjunction with two gynecologists. Dr. Baxter did her residency in Toronto. She moved to Halifax in 2008 in private practice with Dr. Chris Gallant, whom she married in 2002.

Dr. S.M. Najaf Nadeem
Dr. Nadeem received his M.B.B.S from the Karachi University, Pakistan, in 1993 and his medical residency, internship and cardiology fellowship from Aga Khan University, Karachi. He did an interventional (coronary) cardiology fellowship at Dalhousie (2003-04) and an adult congenital heart disease fellowship at the University of Toronto (2007-08).

Dr. Rajender Parkash
Dr. Parkash graduated from medical school in India and did post-graduate training in Internal Medicine in the UK, receiving an MRCR, UK. In September 1973 he came to Halifax as Chief Resident, receiving his FRCP in Internal Medicine in 1973. He practised in Yarmouth, Nova Scotia, until September 2008. He moved to Halifax and joined the Division of General Medicine on a part-time basis in January 2009.

Dr. Robert Stewart
Dr. Stewart graduated from medical school at Dalhousie in 2001. He went on to do Residency Training in Internal Medicine at the University of Ottawa (2001-04) and Cardiology at Dalhousie (2004-07). He completed a one-year fellowship in echocardiography at the University of Ottawa Heart Institute and joined the Division of Cardiology in September 2008.

Ms. Mary Sue Budrof, Chief Financial Officer
Mary Sue is a Chartered Accountant with over twenty years’ experience in both the public and private sectors. Her previous role was Director of Finance, Faculty of Medicine. She is the mother of two very active teenagers. Besides chasing her kids around, her hobbies are curling (and she has a Scotts' Tournament of Hearts ring to prove it), soccer, pilates and gardening.

GI Run for the Cure Team:
Geri Hirsch (nurse practitioner hepatology), Jessica Carter (bookkeeping), Barbara Currie (nurse practitioner BID), Colleen Kelly (GI research), Jennifer Stewart (GI research), Angela Stewart (Dal student), and Des Leddin, Division Head.

Dr. Jock Murray
Dr. Jock Murray received his BSc from the University of St. Andrews in 1972, his MD from the University of Edinburgh in 1975 and his FRCPC in Internal Medicine in 1978. He practised in Yarmouth, Nova Scotia, until September 1988. In 1990 he joined the Division of Cardiology in full-time at the QEII and joined the Division of Cardiology in September 1997. He currently works in the Division of Cardiology.

Dr. Desmond Leddin
Dr. Leddin graduated from medical school at Dalhousie in 2001. He went on to do Residency Training in Internal Medicine at the University of Ottawa (2001-04) and Cardiology at Dalhousie (2004-07). He completed a one-year fellowship in echocardiography at the University of Ottawa Heart Institute and joined the Division of Cardiology in September 2008.

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Dr. Paul McLintyke
Dr. Paul McLintyke, Division of Palliative Medicine, received the 2008 Eduardo Bruera Award in Palliative Medicine at the 17th Annual Congress Meeting in Seattle on April 29th.

Dr. T.J. (Jock) Murray
Dr. T.J. (Jock) Murray in 1997.

Dr. S.M. Najaf Nadeem
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One of the major awards of the American Academy of Neurology, the 2009 Dr. Lawrence McHenry Award for contributions to the history of neurology, will be awarded to Dr. Jock Murray at the Academy’s Annual Meeting in Seattle on April 29th.

Dr. Robert Anderson
Dr. Robert Anderson in 1998 and Dr. Jock Murray in 1997.

Dr. Ross Langley
Dr. Ross Langley in 2007.

Dr. Barna Tugwell
Dr. Barna Tugwell has left the Division of General Medicine; however, you will still see her in the DoM as she is now a resident in the Division of Endocrinology and Metabolism.