

HISTORY IN MEDICINE



Medicine has always been linked to 'history' in many ways: we all learn that the most important thing to get from a new patient is a good history and when things go wrong we are told to go back and repeat the history! We also know our lives are lived in the context of the history in which we are living and working at the time.

This edition of *Medicine Matters* reminds us of that in a pictorial and written way. The Department of 1974 could fit in one photo, as seen on the right with Dr. Dickson being prominent in the front row – by 1991 the Executive was large enough to warrant their own photo, with the recent photo of our current Executive showing even more people. Notice, in 1974 Dr. Jean Gray (4th row centre on right) was the exception in the Department and now look at the 2008 photo! Things have changed across the four decades our Department has been in existence.

We learn from our own personal and collective histories, and we learn from our patients' histories as well. What we learn is that Medicine has not changed over time except maybe today time has become more truncated and compressed. What took a long time in terms of diagnosis and treatment options in the past can now be done at lighting speed with modern imaging, testing and available sources of information. Nevertheless, the human brain was never designed to go at these warp speeds and with history being made by the minute, dare I say the second, with the help of modern pervasive personal communication technology, such as PDA's, internet and email, is it any wonder we stop once in awhile and think it might be useful to reflect on where we are, how we got there, and where we are we going individually and collectively?

This volume of *Medicine Matters* will give many of you a great sense of past history and what has happened in recent times as well. Paper media might not be 'cool' but has the opportunity of recording past and present history in a portable fashion to enjoy – notwithstanding the availability of a PDF of this newsletter on our website or to be downloaded to an electronic device or computer, which is 'cool', as I understand the word! Whether you have been around for a long time and know the Departmental history in detail or whether you have just arrived, I am sure you will find this edition informational and personal in some ways.

Under our new digital logo we use the words, "Improving Lives", and of course, that is the direction we want our history to take for all of us and out patients! Enjoy!

R. Allan Purdy, MD, FRCPC, FACP
Professor and Head, Department of Medicine, Dalhousie University
District Chief, Department of Medicine, Capital Health

Department of Medicine 1974

Dr. R.C. Dickson's retirement



1st Row (left to right): J.B.Ross, A.D.Cohen, R.B.Auld, B.W.D.Badley, R.C.Dickson, H.S.Murray, O.A.Hayne, J.W.Stewart
2nd Row: J.F.L.Woodbury, C.H.Felderhof, A.H.Shears, F.M.Smith, A.J.MacLeod, D.R.S.Howell, B.M.Chandler, P.L.Landrigan, R.N.Anderson
3rd Row: J.H.Haldane, H.I.MacGregor, T.J.Murray, L.P.N.Heffernan, W.A.Murray, G.R.Langley
4th Row: E.C.Abbott, J.R.Dill, L.K.Harris, C.H.Young, J.D.Gray, J.J.Sidorov, C.N.Williams, R.A.Fox
5th Row: L.C.Steeves, R.D.Gregor, A.R.MacNeil, S.Ahmad, P.MacGregor, J.M.MacSween
6th Row: A.H.Shlossberg, C.A.Gordon
7th Row: M.Scott, S.F.Bedwell, H.N.A.MacDonald, J.J.McKiggan
8th Row: E.Smith, S.York, J.R.Rae

Missing: R.L.Brown, J.C.Bruyere, G.J.H.Colwell, A.B.Crosby, F.A.Davis, G.D.Douglas, H.I.Goldberg, D.M.Gorelick, J.G.Holland, V.W.Ing, M.Lydon, I.A.MacDonald, R.M.MacDonald, D.W.MacIntosh, J.E.H.Miller, D.D.Murray, H.C.Read, B.L.Reid, E.L.Reid, D.L.Roy, S.Salisbury, G.Service, H.Still, D.J.Tonning, J.P.Welch

Dr. James Gilbert Holland

Jim Holland, 70, a long serving member of the Department of Medicine and Director of the Pulmonary Function Laboratory, died on January 29. He graduated from Dalhousie with the University Gold Medal, and in medicine with the Dr. C. B. Stewart Gold Medal, as did his father 40 years before, Dr. Clyde Holland, a former Chief of Medicine. He was one of the founders of the VGH Hyperbaric Unit and was involved in offshore medicine. He was a favourite teacher with students and won the Silver Shovel Award twice. He was one of the founders, with Dr. Bernard Badley, of the Tupper Band.

Dr. Joseph Sidorov

The family of Joseph Sidorov, 88, regrets to announce his unexpected death on Sunday, March 29. He died while downhill skiing on a gorgeous spring day at Tabor Mountain. He was a member of the Division of Gastroenterology before retiring to Prince George, British Columbia.

Now...

*DEPARTMENT OF MEDICINE
EXECUTIVE/DIVISIONAL CHIEFS
COMMITTEE
2008*



Front Row: Darrell White, Education Program Director; Laurie Mallery, Head, Division of Geriatric Medicine; Graeme Rocker, Head, Division of Respiriology; R. Allan Purdy, Head, Department of Medicine, Dalhousie University and District Chief, Department of Medicine, Capital Health; Jorin LindenSmith, community-based member, Brenda Joyce, Head, Division of Physical Medicine and Rehabilitation

Middle Row: Lynn Johnston, Head, Division of Infectious Diseases; Stephanie Kaiser, Head, Division Endocrinology and Metabolism; Laura Finlayson, Head, Division of Clinical Dermatology and Cutaneous Sciences

Back Row: Ward Patrick, Head, Division of Critical Care; David Anderson, Head, Division of Haematology and Deputy Department Head QEII; Michael West, Head, Division of Nephrology; Evelyn Sutton, Head, Division of Rheumatology; David Simpson, Acting Head, Division of General Medicine; Tammy Keough-Ryan, institution based member, Desmond Leddin, Head, Division of Gastroenterology, and Deputy Department Head Cobequid, DGH and Hants; Paul McIntyre, Head, Division of Palliative Medicine; Charles Maxner, Head, Division of Neurology; Donald Weaver, Chair, Research Committee; Mark Dorreen, Head, Division of Medical Oncology; Cathy Kells, Head, Division of Cardiology

Missing: John Doran, Head, Department of Medicine, Saint John Regional Hospital; Stephen Duke, Internal Medicine Chief of Service, DGH; John Hanly, Chair, DoM Financial Management Committee; Simon Jackson, Director, MTU; Jennifer Klotz, (retired) Head, Division of Dermatology; Nancy Morrison, Chair, Undergraduate Medical Education Committee; Blair O'Neill, former Head, Division of Cardiology; Ata-Ur-Rehman Quraishi, former Acting Head, Division of Cardiology

photo by Anne Veinotte

...And Then

DoM Executive 1991-1992

Front Row (left to right): R.S. Tonks, A/Head, Division of Geriatrics; M.H...Tan, Head, Division of Endocrinology and Chief of Medicine Camp Hill Medical Centre; D.Johnstone, Head, Division of Cardiology; D.Bowie, Head, Division of Respiriology; W.Schlech, Head, Division of Infectious Diseases; A.D. Cohen, Head, Division of Nephrology

Back Row: T.J.Marrie, Head, Department of Medicine Victoria General Hospital; J.V.Jones, Head, Division of Rheumatology; L.Fernandez, Head, Division of Hematology; S.G.Carruthers, Head, Department of Medicine Dalhousie University; R.N.Anderson, former Head, Department of Medicine; B.O'Brien, Head, Division of General Medicine; L.P.Heffernan, Head, Division of Neurology

Missing: R.L.Kirby, Head, Division of Physical Medicine & Rehabilitation; G.R.Langley, former Head, Department of Medicine; V.N.Khanna, Chief of Medicine, Saint John, N.B.; A.H.Murray, Division of Dermatology



PROMOTIONS:

Congratulations to those DoMers who received a promotion from Dalhousie University, effective July 1, 2008:

Associate Professor

Daniel Carver, Geriatric Medicine

Susan Freter, Geriatric Medicine

Ian Grant, Neurology

Ali Imran, Endocrinology

Simon Jackson, Cardiology

Sunil Patel, Gastroenterology

Ata Quraishi, Cardiology

Full Professor

Arnold Mitnitski, Scientist

Assistant Professor

Carolyn Baer (Moncton)

Franzjosef Schweiger

(Moncton)



MASTER CLINICIAN SERIES

The second annual DoM Master Clinician Series speaker was Dr. Thomas Marrie. Officially he is from Alberta; however, shortly we will be reclaiming him as one of our own. Dr. Marrie's topic was "Serendipity".

(Yes, the gentleman in the back left corner in the photo above should look familiar – and if he doesn't, he soon will!)

RESEARCH

Dr. Sultan Darvesh, Division of Neurology, has been awarded a DMRF Capital Equipment Grant.

Drs. Gail Eskes, Psychiatry and Medicine; and **Stephen Phillips**, Division of Neurology, received a CIHR grant: "Developing a collaborative stroke research network in Atlantic Canada".

Dr. Susan Kirkland, Community Health & Epidemiology, and Medicine (with **Drs. Kevoork Peltikian**, Division of Gastroenterology; Lois Jackson; Jo-Ann MacDonald; and Ingrid Sketris) received a Meetings, Planning & Dissemination Grant: Infection and Immunity "Moving evidence to action: developing an action plan to address HIV and hepatitis C in Atlantic Canada".

Drs. Shelly McNeil, Division of Infectious Diseases, and Scott Halperin, Pediatrics, CIHR Influenza Research Network (Letter of Intent Competition): "PHAC/CIHR Influenza Research Network"

Dr. Christine Short, Division of Physical Medicine and Rehabilitation received a Spinal Cord Injury Solutions Network grant: "Can Pregabalin Prevent the Development of Neuropathic Pain following Spinal Cord Injury".

Drs. Graeme Rocker, Division of Respirology and **Kenneth Rockwood**, Division of Geriatric Medicine, are co-investigators on a CIHR Operating Grant: "Realities, Expectations and Attitudes to Life Support Technologies in Intensive Care for Octogenarians: The REALISTIC 80".

Dr. Kenneth Rockwood received a CIHR China-Canada Joint Health Research Initiative grant: "Quantification of health status changes in China and Canada: An evaluation of a stochastic model of aging".

DOM RESEARCH EVENING

The Department held a very successful Research Evening on January 29th at the Prince George Hotel. The event was very well attended with more than 45 attendees, representing various Divisions. The function commenced with a brief reception, followed by exciting presentations from some of the Department's newest members, including **Chris Blanchard** (Canada Research Chair), **Arik Drucker** (Division of Medical Oncology), and **Steve Gruchy** (Division of Gastroenterology). After a buffet meal, the evening finished with an enthralling lecture from Dr. Ryan D'Arcy, Director of the Halifax site of the National Research Council Institute of Biodiagnostics.



HAYNE/LANGLEY LECTURE IN HEMATOLOGY

In recognition of **Drs. Ormille Hayne's** and **Ross Langley's** clinical and academic skills, on the occasion of their retirement in December 2007, their colleagues established the Hayne/Langley Lecture in Hematology to bring outstanding hematological research leaders to Dalhousie. The inaugural lecture was held October 24, 2008. The speaker, picture above with Drs. Hayne (left) and Langley (right) is **Tomas Ganz**, PhD, MD, Department of Medicine, David Geffen School of Medicine, UCLA, Los Angeles, CA, who spoke on "Systemic Iron Homeostasis and Its Disorders".

Royal College of Physicians and Surgeons of Canada Mentor of the Year 2008 (Atlantic Region)



Dr. Lori Wood

The Royal College describes mentors as "leaders who are interested in helping people acquire knowledge, experience and the confidence necessary to fulfill both their responsibilities and their potential". And they have acknowledged **Dr. Lori Wood's** exceptional contribution by naming her Mentor of the Year, pictured being presented with the award by Dr. Peter Anderson, member of the Regional Advisory Committee 5, Royal College.

Dr. Wood is an Associate Professor in the Department of Medicine with a cross appointment in the Department of Urology. She completed her Medical Oncology training at the Cross Cancer Institute in Edmonton, Alberta and has a Masters of Science in Epidemiology from the Harvard School of Public Health. She spent two years at the MD Anderson Cancer Centre, in Houston, Texas, before we were fortunate to have her move to Halifax in 2000.

Among her many accomplishments, she is the Coordinator of the Medical Oncology Undergraduate Education Program at Dalhousie, and serves as a mentor and research supervisor for students and residents. She is a resident favourite on the MTU.

In the past five years, this award has gone to DoM members three times: **Dr. Lori Wood** (2008), **Dr. Ronald MacCormick** (2007) and **Dr. R.N. Anderson** (2004).

The Department welcomes **Dr. Catherine Kells** to the position of Head/Chief of the Division of Cardiology. Our thanks to **Dr. Ata Quraishi** who served as the Acting Chief of Cardiology during the search process.

Dr. Brenda Joyce has stepped down as Head of the Division of Physical Medicine and Rehabilitation. **Dr. Christine Short** is the Acting Head.

Dr. Michael West has stepped down as Head of the Division of Nephrology. **Dr. Kenneth West** is the Acting Head.

The Division of Dermatology has changed its name to the **Division of Clinical Dermatology and Cutaneous Sciences**. The Division Head explained: "Dermatologists have expertise, not only in medical dermatology, but also skin surgery, paediatric dermatology, dermatopathology and cutaneous basic science. Our new name is more inclusive of all of these aspects of our practice."

DR. J. BARRIE ROSS LECTURE IN DERMATOLOGY

The first annual Dr. J. Barrie Ross Lecture in Dermatology was delivered on March 31, 2009, by Dr. Neil Shear, pictured (left) with Dr. Barrie, on the topic "Understanding Drug Induced Skin Diseases".



WELCOME TO THE DoM



Dr. Liana Aires

Dr. Aires completed her postgraduate Year of Added Competence in Palliative Medicine in October 2008. Her scholarly project was looking at the interface between palliative care physicians and palliative care consult services. Dr. Aires joined the Division of Palliative Medicine in January 2009 as a part-time community-based member.



Dr. Mary Lou Baxter

Dr. Baxter joined the Division of Dermatology in September 2007. In September 2008 she increased her time and started a Gyne-Derm clinic in conjunction with two gynecologists. Dr. Baxter did her residency in Toronto. She moved to Halifax in 2000 in private practice with Dr. Chris Gallant, whom she married in 2002.



Dr. S.M. Najaf Nadeem

Dr. Nadeem received his M.B.B.S from the Karachi University, Pakistan, in 1993 and his medical residency, internship and cardiology fellowship from Aga Khan University, Karachi. He did an interventional (coronary) cardiology fellowship at Dalhousie (2003-04) and an adult congenital heart disease fellowship at the University of Toronto (2007-08).



Dr. Rajender Parkash

Dr. Parkash graduated from medical school in India and did post-graduate training in Internal Medicine in the UK, receiving an MRCP, UK. In September 1973 he came to Halifax as Chief Resident, receiving his FRCPC in Internal Medicine in 1973. He practised in Yarmouth, Nova Scotia, until September 2008. He moved to Halifax and joined the Division of General Medicine on a part-time basis in January 2009.



Dr. Robert Stewart

Dr. Stewart graduated from medical school at Dalhousie in 2001. He went on to do Residency Training in Internal Medicine at the University of Ottawa (2001-04) and Cardiology at Dalhousie (2004-07). He completed a one-year fellowship in echocardiography at the University of Ottawa Heart Institute and joined the Division of Cardiology in September 2008.



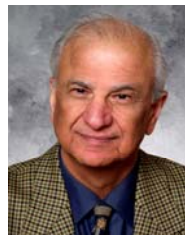
Dr. Maria Theresa "Teca" Torok

Dr. Torok completed her medical school training in Hungary. She did her Dermatology residency at the University of Toronto, finishing in 2006. She moved to Halifax in 2007 and works in private practice. She joins the Division of Dermatology as a 0.05 FTE, assisting the General Dermatology Clinic at the QEII on Wednesday mornings. She has two daughters, age 5 and 2.



Ms. Mary Sue Radford, Chief Financial Officer

Mary Sue is a Chartered Accountant with over twenty years' experience in both the public and private sectors. Her previous role was Director of Finance, Faculty of Medicine. She is the mother of two very active teenagers. Besides chasing her kids around, her hobbies are curling (and she has a Scotts' Tournament of Hearts ring to prove it), soccer, pilates and gardening.



Professor S. Paul Handa, MD, FRCPC, FACP, DSC (Hon), Professor of Medicine (Nephrology), Dalhousie University; and Director of the AHSC Hypertension Research Clinic, Saint John, New Brunswick, has received a Mastership in the American College of Physicians. It is bestowed on select fellows in recognition of exceedingly stellar career accomplishments and service to the College. The internist must have made a notable

contribution to medicine. Dr. Handa is the first New Brunswicker to be awarded a Mastership.

Only three other individuals from the DoM have received this recognition: **Dr. Ross Langley** in 2007, **Dr. Robert Anderson** in 1998 and **Dr. Jock Murray** in 1997.

Congratulations to **Dr. T.J. (Jock) Murray** who has been named to the Order of Nova Scotia. It is the highest honour of the Province of Nova Scotia. Among Dr. Murray's many accomplishments his emphasize on more humanistic and caring aspects of medical education, and innovative teaching while Dean of the Faculty of Medicine, was recognized.

One of the major awards of the American Academy of Neurology, the 2009 Dr. Lawrence McHenry Award for contributions to the history of neurology, will be awarded to **Dr. Jock Murray** at the Academy's Annual Meeting in Seattle on April 29th.

Dr. Desmond Leddin, Division of Gastroenterology, Department of Medicine, has been awarded the Education Excellence Award of the Canadian Association of Gastroenterology.

Dr. Paul McIntyre, Division of Palliative Medicine, received the 2008 Eduardo Bruera Award in Palliative Medicine at the 17th Annual Congress for the Terminally Ill. The award is given to a physician who demonstrates excellence in the field of Palliative Care as recognized by their peers.

Best of luck to **Dr. Eva Grunfeld**, who has left the Division of Medical Oncology to pursue her career at the University of Toronto.

Dr. Barna Tugwell has left the Division of General Medicine; however, you will still see her in the DoM as she is now a resident in the Division of Endocrinology and Metabolism.



GI Run for the Cure Team:

Gerri Hirsch (nurse practitioner hepatology), Jessica Carter (booking), Barbara Currie (nurse practitioner IBD), Colleen Kelly (GI research) Jennifer Stewart (GI research), Angela Stewart (Dal student), and Des Leddin, Division Head.

DID YOU KNOW... The Dalhousie Faculty of Medicine dates from 1868, with the first MDCM degrees granted in 1872. The first mention of the Department of Medicine is in the Dalhousie calendar 1933/34. There were 14 faculty members. Head of the Department was D. K.A. MacKenzie (from 1933-58), followed by Drs. C.W. Holland (1946-52), R.C. Dickson (1956-74), G.Ross Langley (1975-82), Interim/T.J.Murray, R.N. (Bob) Anderson (1982-88), S.George Carruthers (1988-95), Interim/Colin Powell and David Hirsch, Elizabeth Anne Cowden (1996-2005) and R. Allan Purdy.

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