



- June 5, 2018:** **Title:** "Self-Assessment, Self-Direction, Self-Regulation and Other Myths: Implications for the Professional Maintenance of Competence"
Presenter: Glenn Regehr, PhD, Professor and Associate Director, Centre for Health Education Scholarship, Faculty of Medicine, University of British Columbia
(Quality Rounds)
- June 12, 2018:** **Title:** "Obstructive Sleep Apnea and Cardiovascular Diseases"
Presenter: Dr. Douglas Bradley; Clinical Scientist, University Health Network - Toronto General Hospital; Professor of Medicine, University of Toronto
(Division of Respiriology)
- June 19, 2018:** **Title:** ACP and Conference Highlights
(Resident Rounds)
- June 26, 2018:** **Title:** GR Awards & Medical Jeopardy
(Special Rounds)

Grand Rounds are a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada

Grand Rounds are available in person at the Halifax Infirmary, and via Telehealth. Please contact Heather.Fraser@nshealth.ca if any questions.

ROUNDS OBJECTIVES

June 5, 2018

Glenn Regehr, PhD

Quality Rounds

“Self-Assessment, Self-Direction, Self-Regulation and Other Myths: Implications for the Professional Maintenance of Competence”

Objectives:

Accurate self-assessment and effective self-directed learning are taken as core competencies required for the self-regulating professional to maintain competence in practice. But much of the education literature raises doubts about individuals' abilities in these competencies, not only among our trainees, but also among our practicing colleagues. This session will:

- Review and explore the concepts of self-assessment and self-direction
- Describe some of the personal and environmental limitations on these processes
- Discuss how we might address these limitations in order to evolve safe and effective practitioners.

June 12, 2018

Dr. Douglas Bradley

Division of Respiriology

“Obstructive Sleep Apnea and Cardiovascular Diseases”

Objectives:

Attendees should gain an appreciation of:

- Mechanism by which obstructive sleep apnea (OSA) adversely affects the cardiovascular system,
- Epidemiological evidence that links OSA to various cardiovascular diseases,
- Results of randomized clinical trials that aimed to determine whether treating OSA improves various cardiovascular outcomes.

June 19, 2018

ACP and Conference Highlights

Resident Rounds

June 26, 2018

Grand Rounds Awards and Medical Jeopardy

Special Rounds

