

GRAND ROUNDS

Tuesdays, 0800-0900

Via Zoom

June 2, 2020

8:00-8:15: COVID Update for DoM Members, Led by Christine Short

8:15-9:00
Title: Resilience: The Space Between Reaction & Response
Presenter: Jacqueline Kinley
(Division of Mental Health)

Objectives:

- Describe normal reactions in individuals, teams, and organizations to extraordinary stress
- Articulate a levelled response to physician's mental health in a crisis
- Define Resilience
- Name three ways to support resilience in a crisis
- Develop one practice to increase your resilience today

Evaluation:

- Complete evaluation on line at <https://survey.nshealth.ca/DoMGrandRounds>

