

## **GRAND ROUNDS**

Tuesdays, 8:00-9:00am via Zoom





Tuesday, June 7, 2022

8:00 - 9:00 Title: Cultural Safety & Anti-Racism Best Practices in Healthcare

**Presenter:** Anderson Dickson Lecture - Dr. Terri Aldred

Anderson-Dickson Lecture

### **Objectives:**

- Introducing an approach to creating safe space and outline why this work is important.
- Discuss racism in healthcare and propose an approach to addressing racism across a spectrum.
- Propose steps healthcare providers can start to do to address implicit bias, improve their cultural awareness and humility, and address health inequities Indigenous people face.

Complete attendance and evaluation online at: http://surveys.novascotia.ca/DoMGrandRounds

Grand Rounds are a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada





## ANDERSON - R.C. DICKSON LECTURE IN MEDICINE

## Tuesday, June 7, 2022

8:00 – 9:00 a.m. Via Zoom

# "Cultural Safety & Anti-Racism Best Practices in Healthcare" Dr. Terri Aldred.



#### Dr. Robert N. Anderson

Dr. Robert N. Anderson received his M.D., C.M. degree from Dalhousie University in 1954. After two years of family practice in North Sydney, Nova Scotia, he returned to a residency in Internal Medicine at the Victoria General Hospital, Halifax, followed by Cardiology training in London, England and Toronto. Dr. Anderson became a Fellow of the Royal College of Physicians and Surgeons of Canada in 1961.

He began his academic career when he joined the Faculty of Medicine, Dalhousie University as a Lecturer in 1961. By 1968, he had become a Full Professor and despite a busy clinical career, distinguished himself as a medical educator. In 1982 he assumed the Headship of the Dalhousie Department of Medicine.

His leadership skills were also recognized by numerous national and international organizations where he served such roles as Chair, Federal Task Force on Coronary Artery Surgery; International Secretary-Treasurer of Alpha Omega Alpha; Chair of the Committee on Cardiology (Royal College of Physicians and Surgeons of Canada); Governor (Atlantic Provinces) American College of Physicians; and numerous positions in the Canadian Heart Foundation.

Dr. Anderson retired from active practice in 1997 but continued his keen interest in the Medical Humanities. In 2013, he was the recipient of Dalhousie University's Archibald Gold-headed Cane Award in the Humanities.



### Dr. Robert C. Dickson

Dr. Robert Clark Dickson received his M.D. degree from the University of Toronto in 1934. His graduate education at the Toronto General Hospital, interrupted by World War II, was completed in 1945 when he became a Fellow of the Royal College of Physicians and Surgeons of Canada. His academic career began in 1945 when he joined the Faculty of Medicine of Toronto, and in 1946 he moved to Halifax as Head of Dalhousie University's Department of Medicine.

During the next 18 years under Dr. Dickson's leadership, the Department grew rapidly. He is remembered best for the remarkable progress he made in establishing both graduate and undergraduate educational programs of the highest quality. He served in many other ways. As President of the Royal College, he was the prime mover in the change to one type of membership.

He was made a Master of the American College of Physicians after serving as Regent. A founding member of the Canadian Association of Gastroenterology, he also served as its President. He was a member, and later Chairman, of the Canadian Forces Medical Council, and was appointed Queen's Honorary Physician.

In later years, his activities were slowed, although only very gradually, by ill health, and he remained influential in medical affairs until his death in 1984.

### Dr. Terri Aldred,



Dr. Terri Aldred is Carrier from the Tl'Azt'En Nation located north of Fort St. James. Dr. Aldred has a Bachelor of Health Science Degree and a Doctor of Medicine Degree from the University of Alberta.

In 2013 she completed her residency in the UBC Indigenous Family Medicine Program in Victoria. At present, Dr. Aldred is the Medical Director for Primary for FNHA, the Site Director for the Indigenous Family Medicine Program, Family Physician for Carrier Sekani Family Services, the Indigenous Lead for the RCcBC.

In 2018 she won the First Five Years in Practice Achievement award through the BCCFP, in 2021 she won the RDoC Mikhael Award for Medical Education, and in 2022 was recognized with a Rising Star UofA Alumni Award.