



- January 1, 2019:**                      **Cancelled  
Holidays**
- January 8, 2019:**                      **Title:**                      "TBD: HCV Elimination in Canada?"  
**Presenter:**              Dr. Lisa Barrett  
(Division of Infectious Diseases)
- January 15, 2019:**                      **Title:**                      "The Changing Landscape of Medical Oncology in the  
Emergency Department: Cases for the General Internist"  
**Presenter:**              Dr. Jennifer Melvin  
(Division of Medical Oncology)
- January 22, 2019:**                      **Title:**                      "Are Sedentary Behaviours Harmful For All Older  
Adults?"  
**Presenter:**              Dr. Olga Theou  
(Division of Geriatric Medicine)
- January 29, 2019:**                      **Title:**                      "The Perils of Going to Bed: The Consequences of  
Immobility and Deconditioning"  
**Presenter:**              Dr. Monique MacFarlane-Conrad  
(Division of Physical Medicine and Rehabilitation)

Grand Rounds are a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada

Grand Rounds are available in person at the Halifax Infirmary, and via Telehealth. Please contact [Heather.Fraser@nshealth.ca](mailto:Heather.Fraser@nshealth.ca) if any questions.

## ROUNDS OBJECTIVES

### January 1

Cancelled – Holidays

### January 8

Dr. Lisa Barrett

*TBD: HCV Elimination in Canada?*

#### Objectives:

- Know hepatitis C virus (HCV) epidemiology, natural history, start of the art treatment.
- Understand emerging data on HCV elimination globally.
- Be familiar with Atlantic Canadian approaches to HCV elimination.
- Describe 2 ways practitioners can contribute to HCV elimination.

### January 15

Dr. Jennifer Melvin

*“The Changing Landscape of Medical Oncology in the Emergency Department: Cases for the General Internist”*

#### Objectives:

- Review work-up for newly diagnosed metastatic disease and what not to miss.
- Review the different types of treatment being used in cancer and who is a candidate for these.
- Discuss common toxicities of novel treatments presenting in the emergency department.

### January 22

Dr. Olga Theou

*“Are Sedentary Behaviours Harmful For All Older Adults?”*

#### Objectives:

- Introduce the concepts of sedentary behaviour/physical activity.
- Review the current evidence on the association of aging with sedentary behaviours/physical activity in community and clinical populations.

### January 29

Dr. Monique MacFarlane-Conrad

*“The Perils of Going to Bed: The Consequences of Immobility and Deconditioning”*

#### Objectives:

- To understand the large number of body systems affected by immobility.
- To understand the clinical consequences, both from a physiologic and a functional standpoint, of deconditioning.
- To develop a plan for retaining joint range of motion, limiting postural hypotension, maintaining skin integrity, and managing pain.
- To recognize the significant cognitive and psychological effects of critical illness and deconditioning.
- To appreciate when rehabilitation medicine is needed in this clinical scenario.