



- April 2, 2019:** **Title:** "Therapeutic Advances for Patients Living with
Cholestatic Liver Disease"
Presenter: Dr. Gideon Hirschfield
(Division of Gastroenterology)
- April 9, 2019:** **Title:** "Pulmonary Hypertension: Common Questions and
Misconceptions"
Presenter: Dr. Simon Jackson
(Division of Cardiology)
- April 16, 2019:** **Title:** "Turning Burnout into Joy"
Presenter: Dr. Mamta Gautam
(Anderson-Dickson Lecture)
- April 23, 2019:** **Title:** "An Approach to Adrenal Incidentalomas: Revealing the
Uncommonly Common"
Presenter: Dr. Ferhan Siddiqi
(Division of Endocrinology)
- April 30, 2019:** **Title:** "Ten Years and Two Thousand Genomes Later: Lessons
Learned from Tuberculosis Genomics in BC"
Presenter: Dr. Jennifer Gardy
(Division of Infectious Diseases - T.J. Marrie Lecture)

Grand Rounds are a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada

Grand Rounds are available in person at the Halifax Infirmary, and via Telehealth. Please contact Heather.Fraser@nshealth.ca if any questions.

ROUNDS OBJECTIVES

April 2

Dr. Gideon Hirschfield

“Therapeutic Advances for Patients Living with Cholestatic Liver Disease”

Objectives:

- Outline the epidemiology, diagnosis and management of PBC.
- Discuss the appropriate referral pathway for patients with PBC and approaches to risk stratification that can help.
- Discuss the latest clinical/scientific information on PBC/PSC and AIH.
- Define ‘response’ in PBC and the appropriate use of first- and second-line therapies together with symptom management.

April 9

Dr. Simon Jackson

“Pulmonary Hypertension: Common Questions and Misconceptions”

Objectives:

- To recognize the presentation and natural history of pulmonary arterial hypertension.
- To understand the rationale and process of initial evaluation of suspected PAH.
- To clarify several common misconceptions in patients with PAH.

April 16

Dr. Mamta Gautam – Anderson-Dickson Lecture

“Turning Burnout into Joy”

Objectives:

By the end of the presentation, participants will be able to:

- Define and recognize burnout, and appreciate the scope of the issue.
- Understand the drivers that lead to stress and burnout in physicians.
- Know the consequences of burnout to the person and the system.
- Implement personalized strategies to prevent burnout.
- Consider the responsibility of the organization or system in preventing burnout.
- Know the 5 C’s of Resilience, and identify strategies to enhance resilience and maintain the joy in medicine.

ROUNDS OBJECTIVES

April 23

Dr. Ferhan Siddiqi

“An Approach to Adrenal Incidentalomas: Revealing the Uncommonly Common”

Objectives:

- To outline the epidemiology and significance of incidentally-found adrenal masses.
- To review and appraise guidelines on the investigation, management and follow-up of adrenal incidentalomas.
- To catalyze a strategic multidisciplinary centre of excellence for the clinical care of patients with adrenal masses in Nova Scotia.

April 30

Dr. Jennifer Gardy – T.J. Marrie Lecture

“Ten Years and Two Thousand Genomes Later: Lessons Learned from Tuberculosis Genomics in BC”

Objectives:

- Describe how genomics is being used in TB diagnostics and epidemiology.
- Describe how insights from TB genomic epidemiology have changes public health policy and practice in BC.
- Understand how genomics requires more than just sequencing and bioinformatics to deliver value to public health programs.