## DOM | DEPARTMENT of MEDICINE Improving Lives

## **OBJECTIVES FOR WEDNESDAY SEMINARS**

## Low Back Pain

- 1. Understand the importance of having an approach to back pain
- 2. Recognize & differentiate between the common etiologies of back pain
- 3. Identify the "red flags" that suggest more serious pathology
- 4. Understand the elements on history & physical essential to narrowing the ddx
- 5. Briefly review an approach to conservative management