

DESCRIPTIONS FOR MED 3 ROTATIONS

Physical Medicine & Rehabilitation A3S

A. Medical Expert

1. To demonstrate knowledge of clinical features, diagnostic criteria, epidemiology, natural history, pathophysiology, management and complications of clinical problems commonly encountered in our specialty, including: amputations, brain injury, stroke, spinal cord injury, diseases of nerve and muscle, multiple sclerosis, musculoskeletal injuries, and pain syndromes
2. To better understand the impact impairments from disease or injury have on daily function
3. To perform a relevant physical examination with special emphasis on the assessment of the neuromusculoskeletal system and functional abilities
4. To formulate a comprehensive medical, functional, and psychosocial problem list and an appropriate plan for management
5. To demonstrate an understanding of the basic principles of Physical Medicine & Rehabilitation including: the concepts of impairment, activity limitations, participation restriction, and the role of the interdisciplinary team
6. To become aware of various mobility aids, orthoses, prostheses, exercise programs, physical modalities, rehabilitation therapies, and pharmacotherapies for the common disorders in rehabilitation patients

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B. Communicator

1. To obtain and synthesize a comprehensive history from the patient, including emphasis on daily functional and psychosocial situation, and to recognize the impact this has on each patient's rehabilitation plan
2. To communicate clearly, concisely and effectively to patients, families, other members of the interdisciplinary team, and other consultants
3. To become comfortable with delivering difficult news (e.g. functional prognosis)
4. To observe the physiatrist demonstrate a patient-centered, compassionate and empathetic approach to patients and their families, that includes concern for the psychosocial, cultural, and economic implications of a patient's unique situation and disability; and to begin to participate in this process

C. Collaborator

1. To demonstrate an understanding and respect for the role of other members of the rehabilitation team and to gain experience in how team conflict can be dealt with in a professional and sensitive manner
2. To be able to participate in discussion of patient issues with the other members of the interdisciplinary team during family and team conferences
3. To understand the principles of interdisciplinary team functioning, the specialties of its members (i.e. Physiatrists, other physicians, physiotherapists, occupational therapists, nurses, speech and language pathologists, psychologists, social workers, orthotists, prosthetists, nutritionist, chaplaincy and community health care workers), and the special relationship of the patient and family to the team

D. Manager

1. To consistently maintain complete and informative clinical records (eg. daily chart notes, dictated clinic notes)
2. To be able to manage time related to daily duties, rounds and balancing work and non-work commitments in a balanced way

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3. To recognize the impact of health care economics on patients and their families, residents, medical staff, and allied health professionals

E. Health Advocate

1. To become aware of the local and national organizations which provide support for patients with disabilities and their families
2. To observe the process of assisting patients and families in accessing health and social resources in the community, including patient support groups
3. To recognize the importance of heightening awareness of the medical and physical challenges and abilities of persons with disabilities, in both the inpatient hospital and community settings

F. Scholar

1. To understand the need and relevance of the evidence-based approach to the management of rehabilitation patients
2. To generate relevant, thought-provoking questions to further the learner's medical knowledge as it pertains to rehabilitation patient clinical issues
3. To accurately assess one's own strengths and weaknesses in professional development and make positive changes in behaviour where necessary

G. Professional

1. To exhibit appropriate personal and interpersonal professional behaviour, and to display a professional attitude
2. To understand the importance of patient confidentiality
3. To be aware of and practice the professional, legal, and ethical codes to which physicians are bound

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