# DOM DEPARTMENT of MEDICINE Improving Lives

# **DESCRIPTIONS FOR MED 3 ROTATIONS**

# **Dermatology A3S**

Regardless of your future field of practice, you will be exposed to a considerable amount of dermatology and this rotation provides you the chance to see a range of skin diseases. You will have the opportunity for exposure to a variety of skin diseases during your rotation and it is hoped that this will provide a solid background in dermatology. Our goal is to provide maximum exposure to dermatology so please take advantage of all resources available to you.

# **General Objectives**

- 1. To demonstrate clinical skills required in diagnosis and management (including investigations) of more common skin disease.
- 2. The ability to describe a skin eruption by using correct morphologic terms used in dermatology
- 3. Understand the etiology and pathogenesis of more common skin disorders
- 4. To be familiar with treatments for common skin disorders and their expected side effects
- 5. To gain an understanding of when to treat skin disease and when to refer

# A. MEDICAL EXPERT

#### **General Requirements**

- Demonstrate level appropriate knowledge of dermatologic disease enabling diagnosis and evidence based therapeutic management of patients with skin disease
- Demonstrate level appropriate consultation skills and interaction with referring clinicians
- Demonstrate knowledge of fundamental principles pertaining to cutaneous surgery including punch biopsy and simple excision

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### **Specific Requirements**

General Knowledge

- 1. Classification of skin disease based on morphology
- 2. Morphologic description of skin lesions
- 3. Epidemiology and demographics of skin disease
- 4. Therapeutic approach to skin disease
- 5. Laboratory tests and role for biopsy in diagnosis and investigation of skin disease

#### **Basic Science**

- 1. Anatomy and function of skin and appendageal structures
- 2. Basic immunology and clinical expression in skin

#### Clinical Disease:

Students will be expected to develop knowledge base around the following topics

- 1. Papulosquamous and eczematous dermatoses including psoriasis, seborrheic dermatitis, lichen planus, atopic dermatitis and contact dermatitis
- 2. Urticaria
- 3. Drug reactions including exanthem and SJS/TEN spectrum
- 4. Autoimmune blistering diseases of skin including bullous pemphigoid, pemphigus vulgaris, dermatitis herpetiformis
- 5. Acne and rosacea
- 6. Approach to alopecia including scarring and non scarring types
- 7. Bacterial infections of skin including cellulitis, erysipelas, folliculitis and impetigo
- 8. Dermatophyte infections of skin including tinea unguim and pedis
- 9. Arthropod bites and scabies infestation
- 10. Benign epidermal tumours including seborrheic keratosis and benign melanocytic neoplasms
- 11. Melanoma clinical variants and approach to management
- 12. Actinic keratosis identification and treatment
- 13. Basal cell carcinoma identification and treatment
- 14. Squamous cell carcinoma carcinoma identification and treatment

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- 15. Verruca vulgaris
- 16. Connective tissue disease: lupus, dermatomyositis, scleroderma
- 17. Causes of leg ulcers and treatments
- 18. Purpura and approach to vasculitis

#### Therapeutics

- 1. Topical corticosteroids for inflammatory skin disease
- 2. Topical therapy for acneiform disorders
- 3. Topical antimicrobial and antifungal agents
- 4. Systemic therapeutic agents for diseases outlined above including awareness of indications, contraindications, administration, monitoring and adverse effects
- 5. Cryotherapy for skin disease
- 6. Basic principles of cutaneous surgery for skin biopsies, simple elliptical excision and electrodessication and curettage

Clinical competencies and skill requirements

- 1. Obtain an accurate and concise history of a patient's presenting skin problem
- 2. Perform a complete cutaneous exam of skin and appendageal structures with accurate description of disease morphology
- 3. Formulate a relevant differential diagnosis by synthesis of history and exam findings
- 4. Know technique and indication for skin biopsy and elliptical excision
- 5. Works towards the development of a management and therapeutic plan for skin diseases outlined above
- 6. Provide timely and accurate documentation of patient encounters in written or dictated form including assessment and recommendations for treatment
- 7. Be capable of working efficiently in a busy clinic environment

# **Dermatology A3S**

#### Communicator

- Students must communicate effectively with patients and families, which assumes the ability to obtain a comprehensive history and the ability to listen to and empathize with patients
- 2. Students must also communicate effectively and professionally with other health care personnel
- 3. Students will record written and dictated notes that accurately reflect the physician patient interaction and provide clear guidance of diagnosis and treatment to the referring physician.

#### Collaborator

- 1. Students will learn to work with other health care professionals and must learn to interact effectively with other physicians, nurses and support staff
- 2. Students will learn to recognize the expertise of other health professionals and to acknowledge and utilize their expertise when appropriate

#### Manager

- 1. Students will demonstrate effective time management skills to maximize efficiency and accuracy in clinical skills as well as balance education and service needs
- 2. Students will learn how to efficiently use available learning resources

#### Health Advocate

- 1. Students will practice principles of primary prevention of skin disease, particularly radiation induced changes
- 2. Students will learn risk factors for skin disease
- 3. Students will develop knowledge of disease prevention, environmental issues and public health and their applicability to skin care in health and disease

#### Scholar

- 1. Students will be expected to undertake self-directed learning and read around cases seen in clinic.
- 2. Students will demonstrate self assessment skills and the ability to recognize individual limitations
- 3. Students must review a seminar topic of their choice with a faculty member prior to the end of the rotation.

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Professional

- 1. Students will demonstrate level appropriate knowledge and skills that enable delivery of high quality care, balanced with integrity, empathy and honesty.
- 2. Students will be on time for clinics and educational sessions
- 3. Students must also learn to balance personal and professional obligations to optimize their own physical and mental well-being.
- 4. Students will demonstrate ability to receive constructive criticism and respond positively with improvement.

# Evaluation

- 1. This will be based on your overall knowledge, performance and interest in the subject and will reflect CANMEDS principles.
- 2. Your evaluation will also be based on your oral presentation. Please see summary of expectations.

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