## Department of Family Medicine

EIGHT TEACHING SITES
NINE PROGRAMS
ONE LEARNING COMMUNITY





#### Family Medicine in Canada



























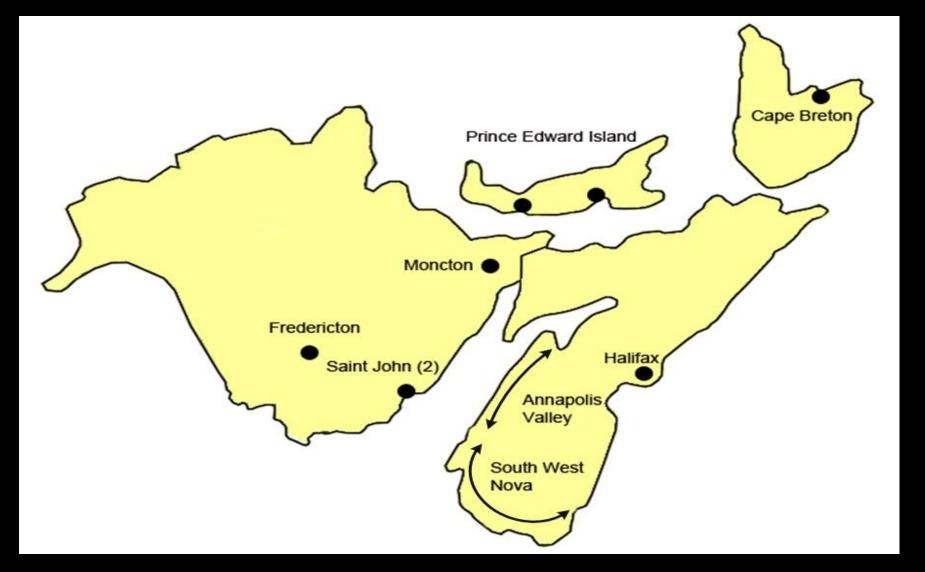








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Eight Teaching Sites - One Learning Community



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# Who's Who In Family Medicine

Dr. Greg Archibald Department Head of Family Medicine greg.archibald@dal.ca



Dr. Karlyne Dufour Postgraduate Program Director karlyne.dufour@horizonnb.ca





Dr. Kathleen Horrey Undergraduate Program Director khorrey@Dal.Ca







#### FAMILY MEDICINE SITE DIRECTORS

Dr. Roop Conyers Annapolis Valley Site Director



Dr. Fiona Bergin Halifax Site Director



Dr. Sasha Sealy Saint John Site Director



Dr. Stephanie Langley
Cape Breton
Site Director



Dr. Chris Gallant Moncton Site Director



Dr. Peter Ross FMEM Site Director



Dr. John Prendergast Fredericton Site Director



Dr. George Carruthers
Prince Edward Island
Site Director



Dr. Shelagh Leahey South West Nova Site Director





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#### 2017 First-Round Match

**Annapolis Valley:** 4 Ministry-funded positions, 1 IMG position

**Cape Breton:** 5 Ministry-funded positions, 1 IMG position

**Fredericton:** 6 Ministry-funded positions, 1 IMG position,

Halifax: 15 Ministry-funded positions, 1IMG position, 1 DND

**Moncton:** 6 Ministry-funded positions, 1 IMG position

Prince Edward Island: 4 Ministry-funded positions, 1 IMG position

Saint John: 4 Ministry-funded positions, 1 IMG position

Saint John Integrated Family Medicine Emergency Medicine:

2 Ministry-funded CaRMS positions

**South West Nova:** 5 Ministry-funded CaRMS positions







EXPERIENCE self-directed learning opportunities supported by strong, centralized curriculum.



#### Program Structure

- 6 combined rotation/longitudinal programs
- 2 Longitudinal-based programs
- 1 Integrated family medicine/emergency medicine program

#### Program Highlights

- All-site participation in development of program curriculum that is delivered in a context appropriate for that site.
- Strong focus on timely, one on one feedback in a competency based-assessment environment.
- Recent review of curriculum and assessment components with extensive resident input.
- Yearly all-site Resident Education weekend.

#### ....more Program Highlights

- Funding provided for NRP, ALARM, ATLS and an ACLS refresher. \$500 CPD funding available for residents who choose not to take ATLS.
- Exam prep, teaching skills and practice management provided.
- Every resident has a primary Family Medicine preceptor and a faculty advisor.

#### PGY1 Educational Experiences

- PGY1 learning experiences are longitudinal or rotation based depending on site.
- All core rotations occur in the home site except for some Halifax rotations
- Longitudinal learning experiences occur over the entire year
- Selectives occur in the core sites





#### PGY2 and PGY3 Educational Experiences

- Learning experiences may be rotation based or longitudinal experiences
- All Residents experience a rural/community family medicine placement in a small Maritime community where they live and work
- Four weeks of elective time may be spent outside the Atlantic provinces
- Aboriginal and International Health options



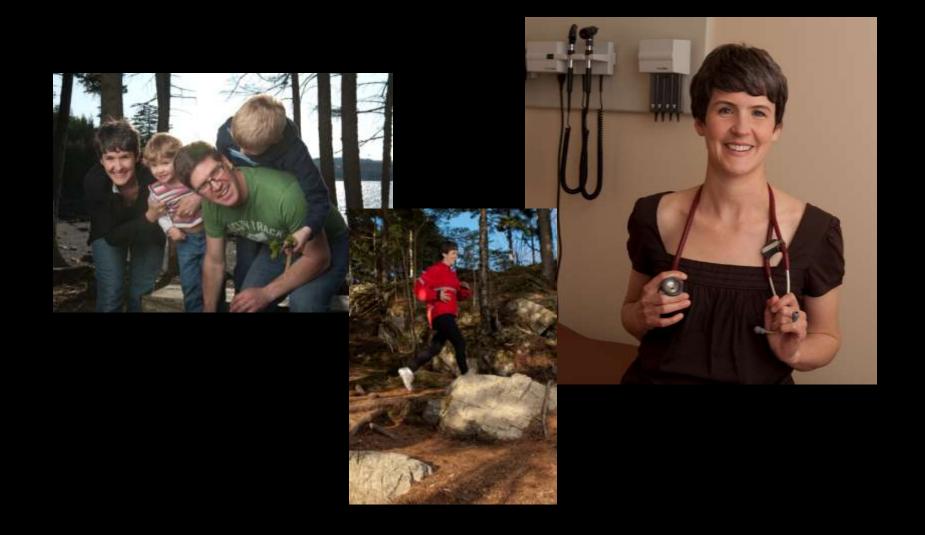


## Family Medicine Continuity: Building a Practice in Residency



#### Continuity of Care

 Half day back, Week back or longitudinal family medicine experiences allow residents to build their own practices.



WE ARE ALL CONNECTED ... each site has a role.



#### Distributed Program Administration

- Program Director: Moncton based
- Chair, Evaluation Sub-Committee: Saint John based
- Chair, Curriculum Sub-Committee: Saint John based
- Chair, Resident Project Sub-Committee: Moncton based
- Chair, Selection Sub-Committee: Halifax based

## Resident Education Weekend



#### Resident Interaction

 Monthly Chief Resident Meetings through video-conferencing

 Resident participation on all program committees







ACQUIRE SKILLS in a dynamic, learner-friendly environment.





#### Working Environment

- Minimal competition for learning experiences
- Committed, enthusiastic specialty and family medicine teachers
- Family Medicine-oriented hospitals
- Very collegial working environment





#### Working Environment continued...

- Supervised learning with graduated responsibility
- Great depth and variety in practices
- Wide selection of excellent rural Family Medicine rotations
- Ample elective time to round out experiences







TAILOR YOUR RESIDENCY to meet your individual goals.





#### Residency Choices

- Choose the site which best suits your personal learning style and objectives
- Choose preceptors who share special interests
- Work in very busy, comprehensive family practices
- Gain experience caring for people in all areas of the hospital and community
- Use selectives/electives to focus learning





### **Enhanced Family Medicine Skills**





#### Third Year Opportunities

- Emergency Medicine
- Care of the Elderly
- Palliative Care
- Design-Your-Own
- Research/Teaching





#### Third Year Residency Program Directors

Dr. Jock Murray, Enhanced Skills Program Director



- jockmurray@yahoo.com
  - Dr. Valerie Lewis, Care of the Elderly vlewis@dal.ca
  - Dr. Bijon Das, Emergency bijondas@dal.ca
  - Dr. Erin Corsten, Palliative Care erin.corsten@dal.ca







GET INVOLVED with our well-developed research network promoting primary care research in the Maritimes.



#### Resident Research and Scholarly Activities

- Asking and learning how to get answers to clinical questions during clinical care
- Participating in the Evidence-Based Medicine seminar series
- Participating in Clinical Practice Audits
- Participating in Journal Club
- Conducting a Resident Project





#### Departmental Research Initiatives

 Full-time dedicated researchers (M.D.s, PhDs. And Research Associates) in Halifax.

 Many areas of research: health services, primary care renewal, electronic medial records, clinical family medicine, education, health needs of young adults, end of life care and more.









#### **EXPLORE THE MARITIMES**

Beautiful communities
Friendly people
Outdoor adventures...

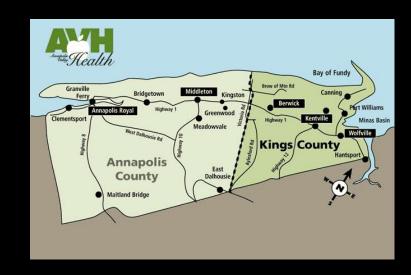




#### ANNAPOLIS VALLEY, NOVA SCOTIA

- Offers an almost completely integrated competency-based program centred in Family Medicine
- Learning experiences are centred with preceptors who practice comprehensive Family Medicine in a variety of settings

 Focus on rural experiences in various communities throughout Annapolis County and Kings County





#### ANNAPOLIS VALLEY, NOVA SCOTIA



Resident training is focused on the competency-based curriculum based on the Triple C curriculum, incorporating the CanMEDS-Family Medicine framework, priority topics and key features, and core procedures/skill dimensions as outlined by the CFPC.

- Clinical curriculum is delivered in a longitudinal format integrated over the two years of residency with the Family Medicine experience being the largest component.
- Academic curriculum is delivered as a full day every three weeks with some sessions being archived for future reference.





### ANNAPOLIS VALLEY, NOVA SCOTIA



"Nova Scotia's agricultural heartland and home to the oldest settled region in Canada."

"Numerous year-round outdoor activities including golfing, hiking, canoeing, biking, skating, skiing and snowshoeing."



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#### CAPE BRETON, NOVA SCOTIA



Cape Breton Regional Hospital

Major referral center for Cape Breton Island

2<sup>nd</sup> largest facility in province and 2<sup>nd</sup> busiest in terms of acute admissions

# Cape Breton Family Medicine Teaching Unit

- Established in 1997
- Preceptor-based FM and specialty
- Focus on rural experiences in areas such as Arichat, Cheticamp, Eskasoni, Inverness and Neil's Harbour
- ½ Day Back program





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#### CAPE BRETON, NOVA SCOTIA



"...second in the world for being the friendliest people..."

**Conde Nast Traveller** 

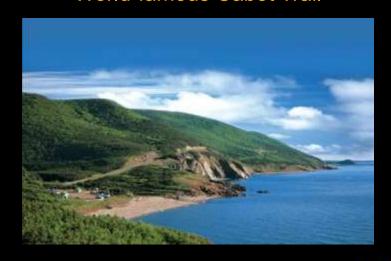
Unique culture rich in Mi'kmaq, Acadian and Celtic tradition "Best Island Scenery in the World"
Conde Nast Traveller

"Voted second nicest island in the world to visit"

Travel and Leisure

Rugged, beautiful coastline – hiking, kayaking, sailing, whale watching

World-famous Cabot Trail





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## CAPE BRETON, NOVA SCOTIA





#### FREDERICTON, NEW BRUNSWICK



Dr. Everett Chalmers Hospital – service population of 175,000 in region covering almost 1/3 of province with 400 beds and full range of secondary, elevated secondary and tertiary care services.

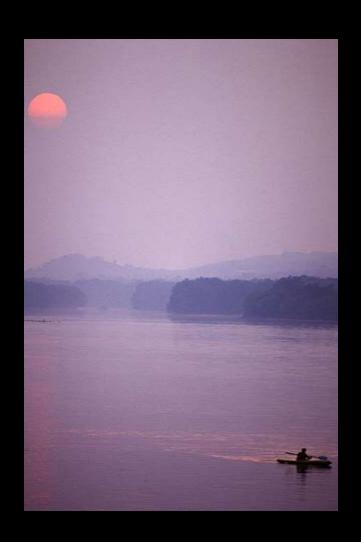
Family Medicine Teaching Unit established in 1994, relocated in 2004, renovated and expanded in 2011, equipped with seminar rooms, library, lounge, exercise area, practice exam room, lockers, kitchen, on-call rooms – "home away from home".





#### FREDERICTON, NEW BRUNSWICK

- Beautiful city on banks of Saint John River
- Provincial capital; 2 universities
- Abundance of outdoor activities
   70 km of trails within city limits for walking, jogging, cycling, cross-country skiing
- Nearby downhill skiing, rockclimbing, kayaking, hiking
- Vibrant art and music community
   Harvest Jazz and Blues Festival
   Boyce Farmer's Market
   Theatre New Brunswick







# FREDERICTON, NEW BRUNSWICK









#### HALIFAX, NOVA SCOTIA



Halifax Infirmary QEII-HSC

- 2 Dalhousie Family Medicine Teaching Centres
  - Spryfield
  - Mumford
- 4 multidisciplinary teams
- 2 Family Medicine Community Teaching Practices
  - Duffus
  - Crossroads

Work in QEII Health Sciences Centre and IWK for Pediatric and Obstetrical care

More primary care obstetrics provided in Halifax than anywhere else in the country



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## HALIFAX, NOVA SCOTIA



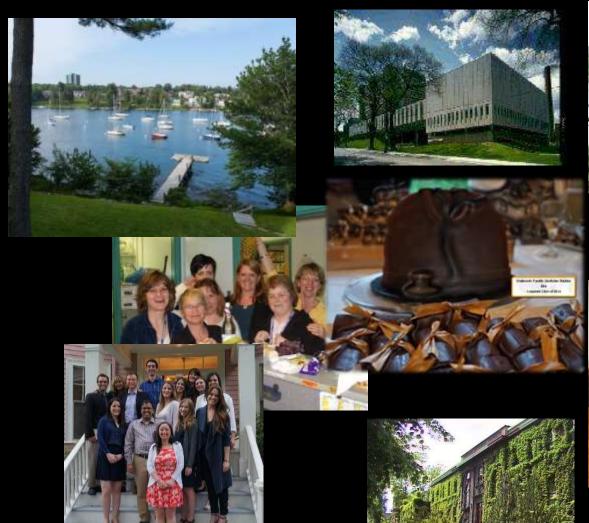


"Imagine the vivacity of city living, the charms of small town life and the pristine beauty of nature – all in one place!"

Downtown has great variety of pubs, eateries, live theatre, music, museums, sporting event, beautiful gardens, Farmer's Market

Nearby communities offer hiking, camping, beaches, boardwalks, sailing and kayaking

# HALIFAX, NOVA SCOTIA









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#### Moncton Teaching Unit

- Tri-provincial program
- Strong undergraduate program with links to Dalhousie and Memorial
- Rural component enhanced in first year core FM
- Preceptors very actively involved in administration and medical education endeavours at local, provincial, national college level



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## MONCTON, NEW BRUNSWICK

The Moncton Hospital

400 bed tertiary care facility

55,000 Emergency Room visits per year

Strong family medicine focus in hospital

In 2010, the hospital opened a newly expanded Emergency Department and the Irving Ambulatory Care Centre.



#### MONCTON, NEW BRUNSWICK





The Moncton Hospital is located in Moncton, New Brunswick. Situated in the centre of this vibrant and friendly city, The Moncton Hospital is a leader in health-care delivery and health promotion. Recreationally, culturally and economically, Moncton is truly a city on the rise. Take in concerts, be moved by the ballet and experience the best retail shopping in Atlantic Canada. Attractions, dining, music and heritage that seeps onto the street and enriches your heart. Great selection of dining and entertainment, close to beaches, National Parks, downhill and cross-country skiing. Population - 136,000 people

Language - Moncton is proud to be a bilingual city.

It's population is approximately 35% Francophone and 65% Anglophone.









# MONCTON NEW BRUNSWICK

#### PRINCE EDWARD ISLAND



Prince County Hospital
Summerside

Queen Elizabeth
Hospital
Charlottetown



Committed to the motto of teaching today for its health care needs tomorrow - sustainability is a concept that runs through all Island services.

- A provincial program with 2 key sites located in Charlottetown and Summerside.
- The chance to lead integrated treatment models that serve specific populations.
- A strong emphasis on evidenced based medical practices that serve rural, immigrant, under-served and geriatric populations.

#### PRINCE EDWARD ISLAND





#### Unique Features

PEI's small size facilitates close collaboration with preceptors and flexibility in rotations.

- Working one-on-one for hands-on experiences to enhance procedural skills.
- Additional learning in areas such as plastics and sports medicine.
- Exposure to team-based teaching models provides diversity in teaching and learning.
- Opportunities to learn in other centres for additional exposure to interest areas.



## Primary Care and Community Health Initiative in Prince Edward Island



- Health clinics such as women and men's wellness screening
- Diabetes and other prevention programs
- In and out patient addiction and mental health services



# Saint John Residency Training Programs

#### Family Medicine Program

- Strong Comprehensive
   Family Medicine Practices
- Family Medicine Centered Curriculum
- Palliative and Residential Hospice Care
- Primary Care Obstetrics
- Collaborative Care

Integrated
Family Medicine / Emergency Medicine
Program

- Integrative
- Continuity of Care
- Triple-C Curriculum
- Community Based Medicine
- Longitudinal Experience and Enhanced Skills





#### Integrated Family Medicine Emergency Medicine Program



Do you want to practice comprehensive Family Medicine with enhanced skills in emergency medicine in a rural community?





#### SAINT JOHN, NEW BRUNSWICK



#### **Unique Features**

- 445 Bed Regional Hospital
- Largest tertiary care hospital in New Brunswick and is the primary health care referral centre for the area and to all New Brunswickers for major trauma and cardiac care
- 23 Specialty and sub-specialty departments
- Presence of other UG + PG allows residents the opportunity to teach without competition for Clinical experiences





#### SAINT JOHN, NEW BRUNSWICK



- Sailing, sea-kayaking, golfing, skiing and other outdoor activities.
- Minutes to coastal driving and hiking trails.
- Saint John river system.
- Rockwood Park Canada's largest municipal park.
- Chosen as Cultural Capital of Canada (2010).
- Fine restaurants and eateries.
- Strategic location with low cost of living.
- Markets, theatres, museums, sporting events.

• Festivals, community fairs.





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# SOUTH WEST NOVA, NOVA SCOTIA

- Francophone Family Practice locations available
- Longitudinal, completely integrated competency based program centered in family medicine.
- Learning experiences are centered with preceptors who practice comprehensive family medicine in a variety of settings.
- Continuity of the learning environment as residents work primarily in the same family medicine environment and have experiences in specialty areas over the entire program.

Yarmouth Regional Hospital, Yarmouth



Digby General Hospital, Digby



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Roseway Hospital, Shelburne





There are 50 Family Physicians with the District, several of whom are associated with collaborative Nurse Practitioners.

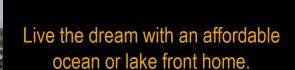


# SOUTH WEST NOVA, NOVA SCOTIA

Ideally suited for residents interested in rural life in Nova Scotia where they and their families can make their home throughout the residency.

Hospital admissions, deliveries and ED are largely managed by family physicians.

Centre de santé de Clare



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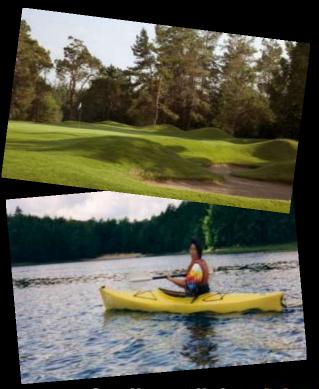
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## SOUTH WEST NOVA, NOVA SCOTIA



South West Nova physicians enjoy, value and model a good work life balance. Most are very involved in their local communities: participating in sporting activities, coaching teams, or playing in musical groups.

South West Nova is located in a beautiful part of the province that can provide Residents with rich outdoor experiences: hiking, kayaking, sailing, camping, cycling, golfing and running to name a few.





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# CaRMS - Adding a Dalhousie Family Medicine Site







#### CHECK US OUT!

Visit the Dalhousie Family Medicine website at:

family.medicine.dal.ca

to find more information and contact details





# Questions??



# Thank you!

