Department of Family Medicine

EIGHT TEACHING SITES
NINE PROGRAMS
ONE LEARNING COMMUNITY
Eight Teaching Sites – One Learning Community
Who’s Who In Family Medicine

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Faculty of Medicine
Department of Family Medicine

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Inspiring Minds. Impacting Communities.
FAMILY MEDICINE SITE DIRECTORS

Dr. Roop Conyers
Annapolis Valley
Site Director

Dr. Fiona Bergin
Halifax
Site Director

Dr. Sasha Sealy
Saint John
Site Director

Dr. Stephanie Langley
Cape Breton
Site Director

Dr. Chris Gallant
Moncton
Site Director

Dr. Peter Ross
FMEM
Site Director

Dr. John Prendergast
Fredericton
Site Director

Dr. George Carruthers
Prince Edward Island
Site Director

Dr. Shelagh Leahey
South West Nova
Site Director

DALHOUSIE UNIVERSITY
Inspiring Minds

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Inspiring Minds. Impacting Communities.
<table>
<thead>
<tr>
<th>Location</th>
<th>Positions</th>
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<tr>
<td>Annapolis Valley:</td>
<td>4 Ministry-funded positions, 1 IMG position</td>
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<tr>
<td>Cape Breton:</td>
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<td>15 Ministry-funded positions, 1 IMG position, 1 DND</td>
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<td>Saint John Integrated Family Medicine Emergency Medicine:</td>
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EXPERIENCE self-directed learning opportunities supported by strong, centralized curriculum.
Program Structure

• 6 combined rotation/longitudinal programs
• 2 Longitudinal-based programs
• 1 Integrated family medicine/emergency medicine program
Program Highlights

• All-site participation in development of program curriculum that is delivered in a context appropriate for that site.

• Strong focus on timely, one on one feedback in a competency based-assessment environment.

• Recent review of curriculum and assessment components with extensive resident input.

• Yearly all-site Resident Education weekend.
more Program Highlights

- Funding provided for NRP, ALARM, ATLS and an ACLS refresher. $500 CPD funding available for residents who choose not to take ATLS.
- Exam prep, teaching skills and practice management provided.
- Every resident has a primary Family Medicine preceptor and a faculty advisor.
PGY1 Educational Experiences

- PGY1 learning experiences are longitudinal or rotation based depending on site.
- All core rotations occur in the home site except for some Halifax rotations.
- Longitudinal learning experiences occur over the entire year.
- Selectives occur in the core sites.
PGY2 and PGY3 Educational Experiences

• Learning experiences may be rotation based or longitudinal experiences
• All Residents experience a rural/community family medicine placement in a small Maritime community where they live and work
• Four weeks of elective time may be spent outside the Atlantic provinces
• Aboriginal and International Health options
Family Medicine Continuity: Building a Practice in Residency
Continuity of Care

• Half day back, Week back or longitudinal family medicine experiences allow residents to build their own practices.
WE ARE ALL CONNECTED ... each site has a role.
Distributed Program Administration

- Program Director: Moncton based
- Chair, Evaluation Sub-Committee: Saint John based
- Chair, Curriculum Sub-Committee: Saint John based
- Chair, Resident Project Sub-Committee: Moncton based
- Chair, Selection Sub-Committee: Halifax based
Resident Education Weekend
Resident Interaction

- Monthly Chief Resident Meetings through video-conferencing
- Resident participation on all program committees
ACQUIRE SKILLS in a dynamic, learner-friendly environment.
Working Environment

• Minimal competition for learning experiences
• Committed, enthusiastic specialty and family medicine teachers
• Family Medicine-oriented hospitals
• Very collegial working environment
Working Environment continued...

- Supervised learning with graduated responsibility
- Great depth and variety in practices
- Wide selection of excellent rural Family Medicine rotations
- Ample elective time to round out experiences
TAILOR YOUR RESIDENCY to meet your individual goals.
Residency Choices

- Choose the site which best suits your personal learning style and objectives
- Choose preceptors who share special interests
- Work in very busy, comprehensive family practices
- Gain experience caring for people in all areas of the hospital and community
- Use selectives/electives to focus learning
Enhanced Family Medicine Skills
Third Year Opportunities

- Emergency Medicine
- Care of the Elderly
- Palliative Care
- Design-Your-Own
- Research/Teaching
Third Year Residency Program Directors

Dr. Jock Murray,
Enhanced Skills Program Director

- jockmurray@yahoo.com

• Dr. Valerie Lewis, Care of the Elderly
  vlewis@dal.ca

• Dr. Bijon Das, Emergency
  bijondas@dal.ca

• Dr. Erin Corsten, Palliative Care
  erin.corsten@dal.ca
GET INVOLVED with our well-developed research network promoting primary care research in the Maritimes.
Resident Research and Scholarly Activities

- Asking and learning how to get answers to clinical questions during clinical care
- Participating in the Evidence-Based Medicine seminar series
- Participating in Clinical Practice Audits
- Participating in Journal Club
- Conducting a Resident Project
Departmental Research Initiatives

• Full-time dedicated researchers (M.D.s, PhDs. And Research Associates) in Halifax.

• Many areas of research: health services, primary care renewal, electronic medical records, clinical family medicine, education, health needs of young adults, end of life care and more.
EXPLORE THE MARITIMES
Beautiful communities
Friendly people
Outdoor adventures…
ANNAPOLIS VALLEY, NOVA SCOTIA

- Offers an almost completely integrated competency-based program centred in Family Medicine
- Learning experiences are centred with preceptors who practice comprehensive Family Medicine in a variety of settings
- Focus on rural experiences in various communities throughout Annapolis County and Kings County
Resident training is focused on the competency-based curriculum based on the Triple C curriculum, incorporating the CanMEDS-Family Medicine framework, priority topics and key features, and core procedures/skill dimensions as outlined by the CFPC.

- Clinical curriculum is delivered in a longitudinal format integrated over the two years of residency with the Family Medicine experience being the largest component.

- Academic curriculum is delivered as a full day every three weeks with some sessions being archived for future reference.
ANNAPOLIS VALLEY, NOVA SCOTIA

“Nova Scotia’s agricultural heartland and home to the oldest settled region in Canada.”

“Numerous year-round outdoor activities including golfing, hiking, canoeing, biking, skating, skiing and snowshoeing.”
Cape Breton Family Medicine Teaching Unit

- Established in 1997
- Preceptor-based FM and specialty
- Focus on rural experiences in areas such as Arichat, Cheticamp, Eskasoni, Inverness and Neil’s Harbour
- ½ Day Back program

Cape Breton Regional Hospital

Major referral center for Cape Breton Island

2nd largest facility in province and 2nd busiest in terms of acute admissions
CAPE BRETON, NOVA SCOTIA

“Best Island Scenery in the World”
Conde Nast Traveller

“Voted second nicest island in the world to visit”
Travel and Leisure

Rugged, beautiful coastline – hiking, kayaking, sailing, whale watching

World-famous Cabot Trail

“…second in the world for being the friendliest people…”
Conde Nast Traveller

Unique culture rich in Mi’kmaq, Acadian and Celtic tradition
CAPE BRETON, NOVA SCOTIA
Dr. Everett Chalmers Hospital – service population of 175,000 in region covering almost 1/3 of province with 400 beds and full range of secondary, elevated secondary and tertiary care services.

Family Medicine Teaching Unit established in 1994, relocated in 2004, renovated and expanded in 2011, equipped with seminar rooms, library, lounge, exercise area, practice exam room, lockers, kitchen, on-call rooms – “home away from home”.
FREDERICTON, NEW BRUNSWICK

- Beautiful city on banks of Saint John River
- Provincial capital; 2 universities
- Abundance of outdoor activities
  - 70 km of trails within city limits for walking, jogging, cycling, cross-country skiing
- Nearby downhill skiing, rockclimbing, kayaking, hiking
- Vibrant art and music community
  - Harvest Jazz and Blues Festival
  - Boyce Farmer’s Market
  - Theatre New Brunswick
FREDERICTON, NEW BRUNSWICK
HALIFAX, NOVA SCOTIA

- 2 Dalhousie Family Medicine Teaching Centres
  - Spryfield
  - Mumford
- 4 multidisciplinary teams

- 2 Family Medicine Community Teaching Practices
  - Duffus
  - Crossroads

- Work in QEII Health Sciences Centre and IWK for Pediatric and Obstetrical care

- More primary care obstetrics provided in Halifax than anywhere else in the country
HALIFAX, NOVA SCOTIA

“Imagine the vivacity of city living, the charms of small town life and the pristine beauty of nature – all in one place!”

Downtown has great variety of pubs, eateries, live theatre, music, museums, sporting event, beautiful gardens, Farmer’s Market

Nearby communities offer hiking, camping, beaches, boardwalks, sailing and kayaking
HALIFAX, NOVA SCOTIA
Moncton Teaching Unit

- Tri-provincial program
- Strong undergraduate program with links to Dalhousie and Memorial
- Rural component enhanced in first year core FM
- Preceptors very actively involved in administration and medical education endeavours at local, provincial, national college level

MONCTON, NEW BRUNSWICK

The Moncton Hospital
400 bed tertiary care facility
55,000 Emergency Room visits per year
Strong family medicine focus in hospital

In 2010, the hospital opened a newly expanded Emergency Department and the Irving Ambulatory Care Centre.
The Moncton Hospital is located in Moncton, New Brunswick. Situated in the centre of this vibrant and friendly city, The Moncton Hospital is a leader in health-care delivery and health promotion. Recreationally, culturally and economically, Moncton is truly a city on the rise. Take in concerts, be moved by the ballet and experience the best retail shopping in Atlantic Canada. Attractions, dining, music and heritage that seeps onto the street and enriches your heart. Great selection of dining and entertainment, close to beaches, National Parks, downhill and cross-country skiing. Population - 136,000 people Language - Moncton is proud to be a bilingual city. It's population is approximately 35% Francophone and 65% Anglophone.
Experience Fall in Moncton

As nature’s painter stirs its leaves with the reds, golds, and browns of autumn, the Moncton area whispers its cool breath. Enjoy the fall festivals, visit the beach, pick apple or sun, hike the trail, or shop the market. Fall is the perfect time to explore Moncton and its surrounding areas.

MONCTON
NEW BRUNSWICK
A provincial program with 2 key sites located in Charlottetown and Summerside.

The chance to lead integrated treatment models that serve specific populations.

A strong emphasis on evidenced based medical practices that serve rural, immigrant, under-served and geriatric populations.

Committed to the motto of teaching today for its health care needs tomorrow - sustainability is a concept that runs through all Island services.
PRINCE EDWARD ISLAND

Unique Features

PEI’s small size facilitates close collaboration with preceptors and flexibility in rotations.

- Working one-on-one for hands-on experiences to enhance procedural skills.
- Additional learning in areas such as plastics and sports medicine.
- Exposure to team-based teaching models provides diversity in teaching and learning.
- Opportunities to learn in other centres for additional exposure to interest areas.
Primary Care and Community Health Initiative in Prince Edward Island

- Health clinics such as women and men’s wellness screening
- Diabetes and other prevention programs
- In and out patient addiction and mental health services
Saint John Residency Training Programs

Family Medicine Program
• Strong Comprehensive Family Medicine Practices
• Family Medicine Centered Curriculum
• Palliative and Residential Hospice Care
• Primary Care Obstetrics
• Collaborative Care

Integrated Family Medicine / Emergency Medicine Program
• Integrative
• Continuity of Care
• Triple-C Curriculum
• Community Based Medicine
• Longitudinal Experience and Enhanced Skills
Integrated Family Medicine Emergency Medicine Program

Do you want to practice comprehensive Family Medicine with enhanced skills in emergency medicine in a rural community?
SAINT JOHN, NEW BRUNSWICK

Unique Features

- 445 Bed Regional Hospital
- Largest tertiary care hospital in New Brunswick and is the primary health care referral centre for the area and to all New Brunswickers for major trauma and cardiac care
- 23 Specialty and sub-specialty departments
- Presence of other UG + PG allows residents the opportunity to teach without competition for Clinical experiences
SAINT JOHN, NEW BRUNSWICK

- Sailing, sea-kayaking, golfing, skiing and other outdoor activities.
- Minutes to coastal driving and hiking trails.
- Saint John river system.
- Rockwood Park – Canada’s largest municipal park.
- Chosen as Cultural Capital of Canada (2010).
- Fine restaurants and eateries.
- Strategic location with low cost of living.
- Markets, theatres, museums, sporting events.
- Festivals, community fairs.
SOUTH WEST NOVA, NOVA SCOTIA

• Francophone Family Practice locations available
• Longitudinal, completely integrated competency based program centered in family medicine.
• Learning experiences are centered with preceptors who practice comprehensive family medicine in a variety of settings.
• Continuity of the learning environment as residents work primarily in the same family medicine environment and have experiences in specialty areas over the entire program.

Yarmouth Regional Hospital, Yarmouth

Digby General Hospital, Digby

Roseway Hospital, Shelburne

There are 50 Family Physicians with the District, several of whom are associated with collaborative Nurse Practitioners.
SOUTH WEST NOVA, NOVA SCOTIA

Ideally suited for residents interested in rural life in Nova Scotia where they and their families can make their home throughout the residency.

Hospital admissions, deliveries and ED are largely managed by family physicians.

Centre de santé de Clare

Live the dream with an affordable ocean or lake front home.
South West Nova physicians enjoy, value and model a good work life balance. Most are very involved in their local communities: participating in sporting activities, coaching teams, or playing in musical groups.

South West Nova is located in a beautiful part of the province that can provide Residents with rich outdoor experiences: hiking, kayaking, sailing, camping, cycling, golfing and running to name a few.
CaRMS - Adding a Dalhousie Family Medicine Site
CHECK US OUT!

Visit the Dalhousie Family Medicine website at:
family.medicine.dal.ca

to find more information and contact details
Questions?
Thank you!