

Safe Opioid Prescribing

At the completion of this seminar or workshop the resident will:

- 1. Be aware of the complexities in managing complex chronic pain and the need for a multi-modal approach.
- 2. Be able to initiate opioid treatment when indicated including:
 - a. Risk assessment
 - b. Treatment agreement
 - c. Trial and titration
- 3. Be able to appropriately monitor opioid treatment including:
 - a. Documentation
 - b. Follow up
 - c. Testing
 - d. Recognition and management of aberrant behaviours and adverse effects
 - e. Collaborative communication with pharmacist
- 4. Be aware of and able to appropriately utilize resources such as provincial Prescription Monitoring Programs.
- 5. Understand options for opioid taper/discontinuation including indications for supervised tapers, abstinence therapy, methadone, and suboxone therapy.