

## Post-Traumatic Stress Disorder

The PGY1 resident will be able to:

1. Defined
  - a. Simple
  - b. Complex/Recurrent
  - c. Complex/Recurrent in the context of a developing personality (child abuse)
2. Neurophysiologic Bases for Signs and symptoms (case based)
3. Stages of Recovery
  - a. Safety
  - b. Remembrance and Mourning
  - c. Reconnection

The resident will be able to apply in the office:

1. The role of the Family Physician
2. Safety
  - a. Biologic
  - b. Emotional
  - c. Cognitive
3. Medication Use
4. Counter Transference (personal effect on the physician)

*Feedback and suggested modifications for these objectives are encouraged after each session. Please direct your comments to your site Curriculum Coordinator.*