

Obesity and Weight Loss

The resident will be able to:

1. Identify the epidemiology and burden of disease related to obesity
2. Accurately diagnosis obesity and related conditions (overweight, morbid obesity) using tools such as BMI and Abdominal Waist Circumference
3. Identify conditions associated with obesity and develop an appropriate screening strategy
4. Initiate appropriate counseling and/or referral strategies for their obese patients
5. Discuss the strengths and limitations of therapeutic approaches to obesity including counseling, pharmacologic treatment and bariatric surgery
6. Identify the particular concerns and strategies that relate to childhood obesity

Feedback and suggested modifications for these objectives are encouraged after each session. Please direct your comments to your site Curriculum Coordinator.