

Menopause

The Resident will be able to:

1. Identify normal physiological symptoms of menopause and counsel women regarding normal menopause, what to expect regarding the intensity and duration of symptoms and counsel women regarding lifestyle changes which may decrease menopausal symptoms.
2. Identify abnormal symptoms in women of menopausal age and advise women regarding the need for appropriate investigation and treatment (e.g. abnormal bleeding, depression, fragility fractures)
3. Discuss with women the need for appropriate routine preventive health measures and screening
4. Discuss the indications, potential benefits, harms and contraindications of Hormone Therapy (HT) and other pharmacologic treatments for menopause

Feedback and suggested modifications for these objectives are encouraged after each session. Please direct your comments to your site Curriculum Coordinator.