

## **Depression**

At the completion of the seminar the resident will be able to:

- 1. List diagnostic criteria for the diagnosis of depression with consideration of differential including dysthymia, adjustment disorder, grief, anxiety, bipolar illness and other systemic disease that may present with depressive symptoms.
- Recognize that there may be atypical presentations for depression including somatic symptoms, and that the very young and the elderly may present with subtle behavioral changes.
- 3. Be familiar with screening and monitoring tools for patients with depression.
- 4. Outline appropriate safety assessment with understanding of factors which put patients at high risk for suicide.
- Describe an approach to pharmacologic and non- pharmacologic management of depression, including intervals for reassessment and approach to medication adjustment and adjuncts.

Feedback and suggested modifications for these objectives are encouraged after each session. Please direct your comments to your site Curriculum Coordinator.