

Chronic Non-Malignant Pain

The resident will be able to:

1. Define chronic pain.
2. Describe prevention techniques for chronic pain
3. Describe risk factors for chronic pain
4. Identify the source of pain

The resident will be able to identify the presence of chronic pain:

1. through patients cues and history
2. through signs and symptoms associated with chronic pain
3. through patient's description of pain

The resident will be able to evaluate chronic pain through:

1. Patient's perception of pain
2. Patient's threshold of pain
3. Measurement of pain, experienced by patient e.g. analog scales
4. Use of guidelines to differentiate between acute and chronic pain
5. Identification of, new onset, acute pain in the presence of chronic pain
6. Assessment of aggravating and alleviating factors
7. Consideration of other factors that might aggravate pain or pain experience
8. Consideration of the possibility of secondary gain

The resident will be able to manage chronic pain:

1. Rapid treatment
2. Patient education / family education
3. Adjuvant therapies
4. Management of breakthrough pain
5. Describe the current guidelines for use of opioids in Chronic Non-Malignant Pain
6. Indications for referral to Pain Clinic

Feedback and suggested modifications for these objectives are encouraged after each session. Please direct your comments to your site Curriculum Coordinator.