

Anxiety Disorders

At the completion of the seminar the resident will be able to:

1. Describe the key diagnostic features of anxiety disorders as described in the DSM-5.
2. Outline the goals of therapy.
3. Describe an interview strategy to establish a specific anxiety disorder.
4. Describe indications for investigation and referral.
5. Describe an initial pharmacologic and non-pharmacologic approach to treatment.
6. Outline a disposition and follow-up approach based on severity.

Feedback and suggested modifications for these objectives are encouraged after each session. Please direct your comments to your site Curriculum Coordinator.