

Point of Care Ultrasound (PoCUS)

Competency Assessment Forms

AORTA

Competency A - Focussed Assessment of the Aorta (AAA) Guidance

Please follow this guidance as closely as possible to ensure consistency between assessors. Ability to enter details, save image/clip and optimize environment only needs to be done once if multiple competencies are being assessed.

- 1. “What are the core indications?”**
e.g. any pt. suspected of having AAA, Elderly pt. with back pain or suspected renal colic, unexplained hypotension. Any questionable indications should be challenged.
- 2. Demonstrates familiarity with the machine controls and transducer handling.**
- 3. Demonstrates an ability to enter patient details as per EDPoCUS policy.**
- 4. “This 70yr old patient presents with hypotension and back pain”**
- 5. “Please show me the views would you use to assess the abdominal aorta”**
- 6. Starts with or increases to enough depth to visualize the vertebral body.**
- 7. “Please point out the structures that you can identify”**
-Must be able to correctly identify vertebral body, aorta, aorta bifurcation, IVC.
-May point out other structures e.g SMA, splenic vein, etc.
- 8. If they fail to mention any one of these structures (vertebral body, aorta, aorta bifurcation, IVC) then ask them to identify it.**
- 9. “How could you improve your image?”**
e.g. firm transducer pressure to displace bowel gas, side view, longitudinal view
- 10. “Please measure the diameter of the aorta”**
- 11. “What is the maximum diameter of a normal aorta?”**
3cm
- 12. “What are the pitfalls of measuring the aorta?”**
e.g. measuring internal diameter, underestimating diameter due to tangent effect, etc
- 13. “Please save an image or clip”**
- 14. “What are the implications for patient management if you are unable to visualize the entire length of aorta?”**
Demonstrates an understanding of the implication of an indeterminate scan

Competency A - Focused Assessment of the Aorta (AAA)

Name: _____ Assessor: _____ Date: _____

Logged Experience: number of scans (circle) 10 25 50+ Number: _____

Experience certified as evidenced by: _____ (signed by Assessor)

Competency component	Trainer's comments recorded during the assessment	Competent?
1. Preparation for the scan <i>Greet the patient appropriately and identify the patient. Demonstrate appropriate attitude and professional manner</i>		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Knowledge of core indications		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Positions the patient correctly and ensures an appropriate environment		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
2. The scan Sets up the equipment acceptably		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Probe selection, handling and scanning technique		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies Vertebral Body/Shadow	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies Aorta in TS (LS optional)	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies IVC		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Measures AP diameter of aorta accurately	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Thoroughness (subxiphoid to bifurcation)	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Efficiency / Speed of scan		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Saves/prints/documents (<i>As per local policy</i>)		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
3. Post scan Appropriate interpretation of the findings		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Integrates information correctly into clinical scenario (Defines AAA)		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Self Assessment (circle) : A B C		Competency Level
Guide	Level	Assessor (Print and Sign level)
Virtually no prompting required	A. Advanced / Instructor potential	
Some prompting required	B. Competent to scan and interpret findings independently	
Significant prompting required and/or Any KEY STEP requires prompting	C. Requires reassessment. If scanning alone cannot rely on negative findings	

Competency B - FAST (Abdomen/Pelvis/Pericardium) Guidance

Please follow this guidance as closely as possible to ensure consistency between assessors. Ability to enter details, save image/clip and optimize environment only needs to be done once if multiple competencies are being assessed.

- 1. “What are the core indications?”**
e.g. any trauma patient, especially blunt chest or abdomen, suspected ectopic. Any questionable indications should be challenged.
- 2. Demonstrates familiarity with the machine controls and transducer handling.**
- 3. Demonstrates an ability to enter patient details as per EDPoCUS policy.**
- 4. “This patient presents with blunt abdominal injuries following an MVC”**
- 5. “Please show me the FAST views would you use to assess a patient with traumatic injuries”**
- 6. Demonstrates a knowledge of the 4 views and confidence in obtaining them**
RUQ, LUQ, subxiphoid cardiac, pelvis
- 7. “For each view please point out on the structures that you can identify and show me where you are looking for free fluid”**
-RUQ - Must be able to correctly identify kidney, liver, sweep interface, acceptable view of diaphragm
-LUQ - Must be able to correctly identify kidney, spleen, sweep interface, acceptable view of diaphragm
-Subxiph - Must be able to correctly identify liver, RV, LV, septum, pericardium
-Pelvic - Must be able to correctly identify bladder
- 8. If they fail to mention any one of the above structures then ask them to identify it.**
- 9. If unable to visualize the full interface or enough diaphragm they must recognize that the abdo component is indeterminate. If unable to visualize the full heart then the cardiac component is indeterminate.**
- 10. “How could you improve your image?”**
e.g. firm transducer pressure to displace bowel gas, bend knees, patient breathes in to see the heart, gain, etc
- 11. “What are the implications of a negative or indeterminate FAST scan?”**
Does not rule out intra-abdominal injury
- 12. “Please save an image or clip”**
- 13. Some physicians may want to incorporate the e-FAST views into this scan. This is appropriate. See competency F.**

Competency B - FAST (Abdomen/Pelvis/Pericardium)

Name: _____ Assessor: _____ Date: _____

Logged Experience: number of scans (circle) 10 25 50+ Number: _____

Experience certified as evidenced by: _____ (signed by Assessor)

Competency component	Trainer's comments recorded during the assessment	Competent?
1. Preparation for the scan <i>Greet the patient appropriately and identify the patient. Demonstrate appropriate attitude and professional manner</i>		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Knowledge of core indications		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Positions the patient correctly and ensures an appropriate environment		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
2. The scan Sets up the equipment acceptably		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Probe selection, handling and scanning technique		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates satisfactory RUQ views	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates satisfactory LUQ views	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates satisfactory pelvic views	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates satisfactory pericardial views	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Thoroughness (complete interface)	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Efficiency / Speed of scan		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Saves/prints/documents (<i>As per local policy</i>)		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
3. Post scan Appropriate interpretation of the findings		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Result correctly integrated into clinical scenario		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Self Assessment (circle) : A B C	Competency Level	
Guide	Level	Assessor (Print and Sign level)
Virtually no prompting required	A. Advanced / Instructor potential	
Some prompting required	B. Competent to scan and interpret findings independently	
Significant prompting required and/or Any KEY STEP requires prompting	C. Requires reassessment. If scanning alone cannot rely on negative findings	

Competency C - Cardiac (Echo in Life Support) Guidance

Please follow this guidance as closely as possible to ensure consistency between assessors. Ability to enter details, save image/clip and optimize environment only needs to be done once if multiple competencies are being assessed.

1. **“What are the core indications?”**
e.g. cardiac arrest (code), peri-arrest, shock. Any questionable indications should be challenged.
2. Demonstrates familiarity with the machine controls and transducer handling.
3. Demonstrates an ability to enter patient details as per EDPoCUS policy.
4. **“This patient presents with chest pain and hypotension”**
5. **“Please show me the views would you use to assess the heart in a peri-arrest patient”**
6. Demonstrates a knowledge of the subxiphoid view and has confidence in obtaining it
7. **“Please point out the structures that you can identify and show me where you are looking for pericardial fluid”**
Must be able to correctly identify liver, RV, LV, septum, pericardium
8. If they fail to mention any one of the above structures then ask them to identify it.
9. **“Please comment on cardiac form and function”**
-Must be able to categorise global function into hyperdynamic, normal, hypodynamic or absent contractility
-Should be able to compare the left with right ventricle size and explain the significance of a dilated RV
10. **“If you were unable to get a subxiphoid view what other view would you use?”**
11. Demonstrates a knowledge of a transthoracic view (e.g. LAPS or A4C) and can identify the Pericardium, RV, LV, and septum
12. **“How can you improve your image?”**
e.g. use alternate liver window, ask patient to breath in, etc
13. If unable to visualize the entire heart and scan through it, they must recognize that the scan is indeterminate for pericardial fluid
14. **“At what point in a code would you perform this scan?”**
During the pulse check
15. **“Please save an image or clip”**

Competency C - Cardiac (Echo in Life Support)

Name: _____ Assessor: _____ Date: _____

Logged Experience: number of scans (circle) 10 25 50+ Number: _____

Experience certified as evidenced by: _____ (signed by Assessor)

Competency component	Trainer's comments recorded during the assessment	Competent?
1. Preparation for the scan <i>Greet the patient appropriately and identify the patient. Demonstrate appropriate attitude and professional manner</i>		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Knowledge of core indications		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Positions the patient correctly and ensures an appropriate environment		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
2. The scan Sets up the equipment acceptably		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Probe selection, handling and scanning technique		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates subxiphoid view Identifies pericardium and potential FLUID Describes cardiac FUNCTION (good,poor,absent) Describes cardiac FORM (RV size vs LV size). Demonstrates one other view (eg parasternal long or short, or apical four chamber)	KEY STEP KEY STEP KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Thoroughness (scans through heart) Efficiency / Speed of scan	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Saves/prints/documents (<i>As per local policy</i>)		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
3. Post scan Appropriate interpretation of the findings		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Result correctly integrated into clinical scenario		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Self Assessment (circle) : A B C	Competency Level	
Guide	Level	Assessor (Print and Sign level)
Virtually no prompting required	A. Advanced / Instructor potential	
Some prompting required	B. Competent to scan and interpret findings independently	
Significant prompting required and/or Any KEY STEP requires prompting	C. Requires reassessment. If scanning alone cannot rely on negative findings	

Competency D (TA) - Early Pregnancy (IUP) Guidance

Please follow this guidance as closely as possible to ensure consistency between assessors. Ability to enter details, save image/clip and optimize environment only needs to be done once if multiple competencies are being assessed.

- 1. “What are the core indications?”**
e.g. positive pregnancy test with PV bleed and/or pain. Any questionable indications should be challenged.
- 2. Demonstrates familiarity with the machine controls and transducer handling.**
- 3. Demonstrates an ability to enter patient details as per EDPoCUS policy.**
- 4. Demonstrates knowledge of the requirement, where possible, for a full bladder.**
- 5. “This patient presents with positive urine HCG (8 weeks) and PV spotting”**
- 6. “Please demonstrate the TA ultrasound assessment of a patient who presents with a positive pregnancy test and PV spotting”**
- 7. Demonstrates the transverse and longitudinal views of the pelvis.**
- 8. For each view “Please point out the structures that you can identify and show me where you are looking for an intrauterine pregnancy”**
Must be able to correctly identify bladder, uterus, and endometrial stripe
- 9. If they fail to mention any one of the above structures then ask them to identify it.**
- 10. If unable to visualize the juxtaposition of bladder and uterus they must recognize that this is an indeterminate scan.**
- 11. “Please describe the ultrasound appearance consistent with an IUP”**
Juxtaposition bladder and uterus, gestational sac, yolk sac, fetal pole, etc
- 12. “How can you improve your image?”**
e.g. firm transducer pressure to displace bowel gas, full bladder, gain, etc
- 13. “What is the implication of a negative or indeterminate scan for IUP in a pregnant patient?”**
Can’t rule out ectopic
- 14. “Please save an image or clip”**

Competency D (TA) - Early Pregnancy (IUP)

Name: _____ Assessor: _____ Date: _____

Logged Experience: number of scans (circle) 10 25 50+ Number: _____

Experience certified as evidenced by: _____ (signed by Assessor)

Competency component	Trainer's comments recorded during the assessment	Competent?
1. Preparation for the scan <i>Greet the patient appropriately and identify the patient. Demonstrate appropriate attitude and professional manner</i>		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Knowledge of core indications		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Positions the patient correctly and ensures an appropriate environment		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
2. The scan Sets up the equipment acceptably		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Probe selection, handling and scanning technique		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates pelvic organs in LS and TS	KEY STEP KEY STEP KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies bladder		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies uterine fundus and endometrial stripe		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies Pouch of Douglas		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Comments appropriately on proximity of uterus to bladder, uterine contents, and free fluid	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Thoroughness (scans through uterus)	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Efficiency / Speed of scan		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Saves/prints/documents (<i>As per local policy</i>)		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
3. Post scan Appropriate interpretation of the findings		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Result correctly integrated into clinical scenario		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Self Assessment (circle) : A B C		Competency Level
Guide	Level	Assessor (Print and Sign level)
Virtually no prompting required	A. Advanced / Instructor potential	
Some prompting required	B. Competent to scan and interpret findings independently	
Significant prompting required and/or Any KEY STEP requires prompting	C. Requires reassessment. If scanning alone cannot rely on negative findings	

Competency D (TV) - Early Pregnancy (IUP) Guidance

Please follow this guidance as closely as possible to ensure consistency between assessors. Ability to enter details, save image/clip and optimize environment only needs to be done once if multiple competencies are being assessed.

1. **“What are the core indications?”**
e.g. positive pregnancy test with PV bleed and/or pain. Any questionable indications should be challenged.
2. Demonstrates familiarity with the machine controls and transducer handling.
3. Demonstrates an ability to enter patient details as per EDPoCUS policy.
4. It is reasonable to utilise the TV phantom to perform this competency assessment. But should still comment on patient comfort.
5. Demonstrates knowledge of the requirement, where possible, for an empty bladder.
6. **“This patient presents with positive urine HCG (8 weeks) and PV spotting”**
7. **“Please demonstrate the TV ultrasound assessment of a patient who present with a positive pregnancy test and PV spotting”**
8. Demonstrates the coronal and longitudinal views of the uterus.
9. Demonstrates proficiency with transducer handling and orientation.
-In CS - **“On the screen show me the patient’s left”**
-In LS - **“On the screen show me anterior and posterior”**
10. For each view **“Please point out the structures that you can identify and show me where you are looking for free fluid”**
Must be able to correctly identify bladder, uterus and endometrial stripe
11. If they fail to mention any one of the above structures then ask them to identify it.
12. If unable to visualize the juxtaposition of bladder and uterus they must recognize that this is an indeterminate scan.
13. **“Please describe the ultrasound appearance consistent with an IUP”**
Juxtaposition bladder and uterus, gestational sac, yolk sac, fetal pole, etc
14. **“What is the implication of a negative or indeterminate scan for IUP in a pregnant patient?”**
Can’t rule out ectopic
15. **“Please save an image or clip”**

Competency D (TV) - Early Pregnancy (IUP)

Name: _____ Assessor: _____ Date: _____

Logged Experience: number of scans (circle) 10 25 50+ Number: _____

Experience certified as evidenced by: _____ (signed by Assessor)

Competency component	Trainer's comments recorded during the assessment	Competent?
<u>1. Preparation for the scan</u> <i>Greet the patient appropriately and identify the patient. Demonstrate appropriate attitude and professional manner</i>		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Knowledge of core indications		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Positions the patient correctly and ensures an appropriate environment		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
<u>2. The scan</u> Sets up the equipment acceptably		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Probe selection, handling and scanning technique		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates pelvic organs in LS and CS	KEY STEP KEY STEP KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies bladder		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies uterine fundus and endometrial stripe		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Ensures patient comfort		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Comments appropriately on proximity of uterus to bladder, uterine contents, and free fluid	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Thoroughness (scans through uterus)	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Efficiency / Speed of scan		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Saves/prints/documents (<i>As per local policy</i>)		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
<u>3. Post scan</u> Appropriate interpretation of the findings		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Result correctly integrated into clinical scenario		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Self Assessment (circle) : A B C		Competency Level
Guide	Level	Assessor (Print and Sign level)
Virtually no prompting required	A. Advanced / Instructor potential	
Some prompting required	B. Competent to scan and interpret findings independently	
Significant prompting required and/or Any KEY STEP requires prompting	C. Requires reassessment. If scanning alone cannot rely on negative findings	

Competency E - Shock/Resuscitation (IVC) Guidance

Please follow this guidance as closely as possible to ensure consistency between assessors. Ability to enter details, save image/clip and optimize environment only needs to be done once if multiple competencies are being assessed.

1. **“What are the core indications?”**
e.g. any hypotensive patient, any patient requiring iv fluid resuscitation. Any questionable indications should be challenged.
2. Demonstrates familiarity with the machine controls and transducer handling.
3. Demonstrates an ability to enter patient details as per EDPoCUS policy.
4. **“This patient present with unexplained hypotension”**
5. **“Please show me the views would you use to assess the IVC in a hypotensive patient”**
6. Demonstrates knowledge of the IVC views and confidence in obtaining them. Subxiphoid longitudinal or transverse. Optional - right coronal (through liver)
7. For each view **“Please point out the structures that you can identify”**
Must be able to correctly identify the sub-hepatic IVC, liver and right atrium
8. If they fail to mention any one of the above structures then ask them to identify it.
9. **“Please describe the size and collapsibility of the IVC”**
10. **“In a hypotensive patient what IVC diameter would you consider to be large and what diameter would you consider to be small?”**
Small < than 1cm or Big > than 2cm (Note: this is just a ballpark guide)
11. **“What are potential causes a Small and Collapsing IVC in a hypotensive patient”**
Hypovolemic shock, Sepsis, etc
12. **“What are potential causes a Large and Non-Collapsing IVC in a hypotensive patient”**
P.E., Cardiac tamponade, Cardiogenic shock, etc
13. **“Please save an image or clip”**

Competency E - Shock/Resuscitation (IVC)

Name: _____ Assessor: _____ Date: _____

Logged Experience: number of scans (circle) 10 25 50+ Number: _____

Experience certified as evidenced by: _____ (signed by Assessor)

Competency component	Trainer's comments recorded during the assessment	Competent?
1. Preparation for the scan <i>Greet the patient appropriately and identify the patient. Demonstrate appropriate attitude and professional manner</i>		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Knowledge of core indications		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Positions the patient correctly and ensures an appropriate environment		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
2. The scan Sets up the equipment acceptably		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Probe selection, handling and scanning technique		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies IVC in LS and/or TS	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Assesses intrahepatic IVC diameter and respiratory phase collapsibility		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Thoroughness (complete interface)	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Efficiency / Speed of scan		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Saves/prints/documents (<i>As per local policy</i>)		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
3. Post scan Appropriate interpretation of the findings		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Result correctly integrated into clinical scenario		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Self Assessment (circle) : A B C	Competency Level	
Guide	Level	Assessor (Print and Sign level)
Virtually no prompting required	A. Advanced / Instructor potential	
Some prompting required	B. Competent to scan and interpret findings independently	
Significant prompting required and/or Any KEY STEP requires prompting	C. Requires reassessment. If scanning alone cannot rely on negative findings	

Competency F - Thoracic (eFAST) Guidance

Please follow this guidance as closely as possible to ensure consistency between assessors. Ability to enter details, save image/clip and optimize environment only needs to be done once if multiple competencies are being assessed.

1. **“What are the core indications?”**
e.g. any trauma patient, especially blunt chest or abdomen. Any questionable indications should be challenged.
2. Demonstrates familiarity with the machine controls and transducer handling.
3. Demonstrates an ability to enter patient details as per EDPoCUS policy.
4. **“This patient presents with blunt chest trauma and dyspnoea”**
5. **“Please show me the views would you use to look for hemothorax and then show me the views you would use to look for pneumothorax”**
6. Demonstrates a knowledge of the thoracic views and confidence in obtaining them -Right and left lateral chest coronal diaphragm and lung base, right and left longitudinal anterior chest
7. For each view **“Please point out the structures that you can identify and show me where you are looking for hemothorax and then show me the signs are consistent with a pneumothorax ”**
-Lateral Chest Coronal Views - Must be able to correctly identify diaphragm, potential sites of fluid collection within pleural space. Should describe the significance of the Vertebral Line. May describe the Quad Sign.
-Anterior Chest - Must be able to correctly identify ribs, intercostal muscle, pleural line, pleural sliding. Should identify comet-tails. May demonstrate M-Mode signs.
8. If they fail to mention any one of the above structures then ask them to identify it.
9. **“What are the potential pitfalls in PoCUS assessment for pneumothorax?”**
Small pneumothoraces can be missed especially if the probe is positioned too medially on the anterior chest wall. False positives can also occur.
10. **“What are the implications of a negative or indeterminate eFAST scan?”**
Does not rule out thoracic injury
11. **“Please save an image or clip”**

Competency F - Thoracic (eFAST)

Name: _____ Assessor: _____ Date: _____

Logged Experience: number of scans (circle) 10 25 50+ Number: _____

Experience certified as evidenced by: _____ (signed by Assessor)

Competency component	Trainer's comments recorded during the assessment	Competent?
1. Preparation for the scan <i>Greet the patient appropriately and identify the patient. Demonstrate appropriate attitude and professional manner</i>		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Knowledge of core indications		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Positions the patient correctly and ensures an appropriate environment		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
2. The scan Sets up the equipment acceptably		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Probe selection, handling and scanning technique		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates the diaphragm and pleural space	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates the vertebral line	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies / describes appearance of pleural fluid	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates pleural line and pleural sliding	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Assesses all antero-lateral rib spaces	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates comet tails / B-lines	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Demonstrates M-mode signs	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Identifies / describes appearance of pneumothorax	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Thoroughness (sweeps diaphragm, >2 rib spaces)	KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Efficiency / Speed of scan		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Saves/prints/documents (<i>As per local policy</i>)		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
3. Post scan Appropriate interpretation of the findings		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Result correctly integrated into clinical scenario		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Self Assessment (circle) : A B C	Competency Level	
Guide	Level	Assessor (Print and Sign level)
Virtually no prompting required	A. Advanced / Instructor potential	
Some prompting required	B. Competent to scan and interpret findings independently	
Significant prompting required and/or Any KEY STEP requires prompting	C. Requires reassessment. If scanning alone cannot rely on negative findings	

Competency G - Ultrasound Guided Vascular Access Guidance

Please follow this guidance as closely as possible to ensure consistency between assessors. Ability to enter details, save image/clip and optimize environment only needs to be done once if multiple competencies are being assessed.

1. **“What are the core indications?”**
e.g. any patient requiring central vascular access. Any questionable indications should be challenged.
2. Demonstrates familiarity with the machine controls and transducer handling.
3. Demonstrates an ability to enter patient details as per EDPoCUS policy.
4. **“This patient requires central venous access”**
5. On a patient or volunteer model: **“Please show me the views would you use for the internal jugular vein, common femoral vein and a peripheral vein in the arm”**
6. For each view **“Please point out the structures that you can identify and show me where you would insert the needle”**
 - Must be able to identify the internal jugular vein, common carotid artery, common femoral vein, femoral artery and at least one peripheral vein
 - Must have a recognized method for distinguishing vein from artery e.g. compressibility, etc
 - Must choose an appropriate safe needle entry site
7. If they fail to mention any one of the above structures then ask them to identify it.
8. **“Please talk me through the equipment that you will need, the preparation required and position the machine and patient appropriately”**
 - Describes the equipment required for central venous access, including the seldinger kit, local anesthetic, suture material, etc
 - Demonstrates or talks through the process of asepsis, including the use of sterile probe cover and sterile gel
 - Positions the machine appropriately to allow visualisation during the procedure
9. On the vascular access mannequin: **“Please demonstrate the ultrasound guided vascular access technique”**
 - Must demonstrate clear visualization of the needle on ultrasound
 - Must be able to identify the needle tip at all times
 - Should not mistake needle shaft for needle tip while advancing
 - Must successfully advance needle tip into vein and aspirate ‘blood’
 - Must be able to describe the Seldinger technique

Competency G - Ultrasound Guided Vascular Access

Name: _____ Assessor: _____ Date: _____

Logged Experience: number of scans (circle) 10 25 50+ Number: _____

Experience certified as evidenced by: _____ (signed by Assessor)

Competency component	Trainer's comments	Competent?
1. Preparation for the scan <i>Greet the patient appropriately and identify the patient.</i> <i>Demonstrate appropriate attitude and professional manner</i>		
Knowledge of core indications		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Positions the patient correctly etc		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
2. The scan Sets up the equipment acceptably Describes/demonstrates aseptic technique		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Probe selection, handling and scanning technique (Centres Vein accurately under probe)		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
<u>Patient/Volunteer:</u> Demonstrates the Internal Jugular Vein, Common Carotid Artery Identifies safe position for catheter insertion Demonstrates a peripheral veins in the arm Identifies safe position for catheter insertion Demonstrates the Common Femoral Vein and Femoral Artery Identifies safe position for catheter insertion	KEY STEP KEY STEP KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
<u>Venous Access Mannequin:</u> Demonstrates guidance of needle in TS (+/- LS) Ensures needle tip is visualized at all times Successfully cannulates vessel	KEY STEP KEY STEP	Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Efficiency / Speed of scan and cannulation		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Saves/prints/documents (<i>As per local policy</i>)		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
3. Post scan Appropriate interpretation of the findings		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Result correctly integrated into clinical scenario		Yes <input type="checkbox"/> Prompted <input type="checkbox"/> No <input type="checkbox"/>
Self Assessment (circle) : A B C		Competency Level
Guide	Level	Assessor (Print and Sign level)
Virtually no prompting required	A. Advanced / Instructor potential	
Some prompting required	B. Competent to scan and interpret findings independently	
Significant prompting required and/or Any KEY STEP requires prompting	C. Requires reassessment. If scanning alone cannot rely on negative findings	