<u>Dalhousie University Family Medicine Enhanced Skills</u> <u>In Emergency Medicine</u> (Dal ESEM)



Clinical Learning Experience (CLE) IN TRAUMA

GENERAL

The Trauma CLE provides the resident with an opportunity to assess, potentially stabilize and treat ill trauma patients in a controlled environment with the expectation of managing trauma patients without having a Trauma Team as back up.

Medical Expert

- 1. To understand the team based approach to resuscitation in the acutely injured patient.
- To understand the therapeutic interventions (indications, contraindications, adverse outcomes)
 used in resuscitation which include, but are not limited to: airway management (intubation, surgical
 airway), needle and chest tube thoracostomy, circulatory access (central line, intra-osseous),
 emergency thoracotomy, lateral canthotomy, immobilization of unstable fractures, management of
 epistaxis and complex wound repair.
- 3. To understand the diagnostic procedures and imaging protocols (indications, contraindications and limitations) used in trauma, including: FAST and EFAST, DPL and DPA, plain urethrogram, CT Scan, CT Cystogram, and MRI.
- 4. The resident will be assigned to the Trauma Service and will have the opportunity to participate in/lead all trauma activations that occur during their clinical service.
- 5. The Resident will develop skills pertaining to the triage and stabilization of Mass Casualty Incidents.
- 6. The Resident will develop knowledge of the Pre-Hospital System as it pertains to Trauma patient management.
- 7. To possess the basic scientific and clinical knowledge necessary to prioritize, assess and manage patients with major/multiple traumatic injuries.
- 8. To perform well-prioritized and accurate trauma assessments.
- 9. To use sound clinical reasoning and judgement to guide diagnosis and management, prioritizes therapies, interventions, investigations and provides time sensitive care.
- 10. To select and perform medical procedures in an appropriate, safe and skillful manner with due attention to minimizing patient risk and discomfort.

Communicator and Collaborator

- 1. To understand the roles and responsibilities of the TTL within the trauma team (TT) and hospital.
- 2. To understand the importance of team work and collaboration with the TT and other consultants involved in trauma care.
- 3. To learn various approaches to leadership in critical events and in conflict resolution.
- 4. To understand the role of the TTL within the regional trauma system as well as communication with sending hospitals, air ambulance and *Criticall*.
- 5. To understand how to communicate with the family of acutely and critically injured patients.

Manager

- 1. To understand the appropriate management of time and resources in the trauma setting and how expedient diagnosis and treatment relates to better outcomes.
- 2. To be aware of the availability, cost and limitations of hospital resources (equipment, personnel, bed availability) and understand how to manage these resources.

Health Advocate

- 1. To understand and apply patient-centered care in the acutely injured patient.
- 2. To understand the role of ethics in treatment decisions in the critically injured patient.
- 3. To understand the importance and role of support services in the trauma patient including social work, clergy, physiotherapy, occupational therapy.
- 4. To understand the importance of cultural awareness and sensitivity in care of the trauma patient.

Scholar

- 1. To understand how to apply best practices in the management of the trauma patient by means of critical appraisal of the literature.
- 2. To participate and present in group learning events (trauma rounds, QI rounds).

Professional

- 1. To be punctual, reliable, and consistent in the management of trauma patients.
- 2. To be empathetic and patient-centered in the care of the acutely injured patient.
- 3. To be respectful and professional in all interactions with the patient, family, trauma team, consultants and support staff within the hospital and within the trauma system.
- 4. To recognize the importance of behaving in an ethical and professional manner at all times.

APPENDIX I

i) Cognitive and Clinical Objectives

The Multiple Trauma Patient

- 1. To describe the general biomechanics of injury resulting from blunt trauma.
- 2. To describe the general biomechanics of injury resulting from penetrating trauma including stab, gunshot and missile wounds.
- 3. To describe the body's general physiologic/systemic responses to traumatic injury.
- ii) Preliminary Assessment and Management
 - 1. To organize an appropriate team response to individual/multiple trauma patients based upon preliminary information from the field.

- 2. To anticipate and investigate for specific injuries/patterns of injury based on a knowledge of relevant anatomy, injury mechanisms and biomechanics.
- 3. To lead/conduct the concurrent preliminary assessment, resuscitation and investigation of the major trauma patient.