
CURRICULUM VITAE

Timothy Holland, MD, CCFP(EM)

EDUCATION

Bachelor of Science, Class of 2006

Double major in Philosophy and Psychology
Acadia University

Doctor of Medicine, Class of 2011

Faculty of Medicine, Dalhousie University

Family Medicine Residency, Class of 2013

Halifax Site, Dalhousie University

Master of Arts in Philosophy, Current

Dalhousie University

Anticipated Completion December 2022

CURRENT WORK EXPERIENCE

Head, Department of Bioethics

Faculty of Medicine, Dalhousie University
2022 – Current

Medical Director & Family Physician

Newcomer Health Clinic, Halifax, Nova Scotia
2014 - Current

Family Physician

Sipekne'katik Health Centre, Indian Brook, Nova Scotia
2015– Current

Physician Assessor & Provider, Medical Assistance in Dying (MAID)

Nova Scotia Health Authority
2016 - Current

AWARDS

Young Alumnus Award

Dalhousie Alumni Association
2019

Award of Excellence

College of Family Physicians of Canada
2017

Immigrant Services Association of Nova Scotia Award

Presented to Drs Tim Holland, Mandi Irwin, Leisha Hawker and Tim Bood
2015

ADMINISTRATION & LEADERSHIP

Chair, Ethics Committee, Canadian Medical Association (CMA), 2016 – 2022

- Oversaw and advised the development & revision on many key policies and guidelines for the CMA on topics ranging from MAID, Organ transplant, Advanced Care Planning, Direct-to-Consumer Genetics, Privacy & Equity, Diversity and Inclusivity

President, Doctors Nova Scotia, 2018 – 2019

- Held office of President during the 2018-2019 Master Agreement and Academic Funding Plan Negotiations – which were critical in addressing the physician shortage in Nova Scotia

Co-Founder & Medical Director, Newcomer Health Clinic, 2014 – Current

- The clinic has since won many awards including: 3M National Quality Team within an Organization Award (2020), Outstanding Contribution Award for the NSH Making Waves Awards (2020), NSHA Health Care Quality Team Award (2020)
- NSH award video feature can be viewed at <https://f.io/j2csxFxd>
- N4 video feature of Newcomer Health Clinic can be viewed at https://www.youtube.com/watch?v=oo1gHnegJLQ&feature=youtu.be&ab_channel=N4Network

Co-Founder, Section of Physicians for Indigenous Health, Doctors Nova Scotia, 2020 – Current

- Brings together family physicians and nurse practitioners who work at health centres in Indigenous Communities throughout Nova Scotia as well as specialists with a focus in Indigenous Health.

Co-Chair, Doctors for Decriminalization, 2019 - current

- Coalition of Canadian clinicians that recognizes the harms associated with the criminalization of substance use, which disproportionately impacts our society's most marginalized populations, and advocates for responsible and evidence-informed drug and substance policy

Steering Committee, Canadian Refugee Health Network, 2019 – current

- Brings together leaders in refugee health from across the country who can then share best practices and coordinate new research and advocacy projects

Chair, Policy and Health Issues Committee, Doctors Nova Scotia, 2014 – 2019

- Oversaw development of multiple key organization policies including issues such as Cannabis Legalization, Primary Care & Physician Engagement

Medical Assistance in Dying Steering Committee, Nova Scotia Health Authority, 2018 - Current

Medical Assistance in Dying Working Group, Doctors Nova Scotia, 2015 - 2016

Committee on Health Policy and Economics, Canadian Medical Association, 2014–2015

Chief Resident, Dalhousie Family Medicine Residency Program, 2012 - 2013

EDUCATION INITIATIVES & CURRICULUM DEVELOPMENT

National MAID Curriculum Steering Committee

CMA Representative

2021 – Current

Priority Populations Working Group, Dalhousie Medical School

Curriculum Refresh

2020 – 2021

- Indigenous Health sub-working group
- Newcomer Health sub-working group

Royal College Physicians & Surgeons of Canada, MAID Workshop Group

CFPC Representative

2017

Canadian Medical Association MAID Module

Committee on Ethics

2016

Code of Ethics and Professionalism, Canadian Medical Association

- As Chair of the Committee on Ethics, oversaw the 2018 Major Revision of the Code
- The first major revision of the CMA's Code of Ethics since 1996 and the 9th Major Revision in the 150-year history of the Code
- Expanded to Code of Ethics *and Professionalism*. The first time this has been done by a national medical association.
- This involved major environmental scan involving large scale national survey to physicians and patients, key informant interviews, international scan of relevant Codes of Ethics, historical analysis of CMA Codes of Ethics and multiple iterations of broad stakeholder consultation with associated qualitative and quantitative data analysis

Medical Assistance in Dying, Canadian Medical Association

- Chair, Medical Assistance in Dying Working Group, CMA from 2019 to current
- The Working Group oversaw broad environmental scans of the Canadian physician opinions on MAID. This involved large national surveys of physicians as well as multiple provincial roundtables with key physician leaders
- The Working Group refined CMA's position on MAID and supported engagement with Members of Parliament and the Senate to help shape the final version of Bill C-7

Guidelines for Physician Interaction with Industry, Canadian Medical Association

- Chair of the CMA Task Force for Guidelines for Physician Interaction with Industry (GPPII)
- This Task Force oversaw the revision of the CMA's GPPII from 2020 – 2021
- The Task Force also involved representation from the Royal College of Physicians & Surgeons of Canada and the College of Family Physicians of Canada
- This involved a major environmental scan involving large national scale survey to physicians with associated qualitative and quantitative data analysis as well as multiple iterations of broad stakeholder consultation

“First, Do No Harm” – A Qualitative Research Documentary

- Directed and Co-Produced this Research Documentary during 2008 - 2011
- Features interviews from Global Health Leaders from Europe, Africa, North and South America as well as on-site filming in Rwanda, Tanzania and Uganda
- Featured at the Consortium of Universities for Global Health, Global Health Education Consortium and Canadian Society for International Health Conference 2011
- Full documentary can be viewed at <https://vimeo.com/22008886>

Caring for refugees and newcomers in the post-COVID-19 era: Evidence review and guidance

for FPs and health providers. Neil Arya, Vanessa J. Redditt, Rachel Talavlikar, Tim Holland, Mahli Brindamour, Vanessa Wright, Ammar Saad, Carolyn Beukeboom, Annalee Coakley, Meb Rashid and Kevin Pottie, August 2021, *Canadian Family Physician*, 67 (8): 575-581

Access to Refugee and Migrant Mental Health Care Services During the First Six Months of the COVID-19 Pandemic: A Canadian Refugee Clinician Survey. JoesphBenjamen, Vincent Girard, Shabana Jamani, Olivia Magwood, Tim Holland, Nazia Sharfuddin, Kevin Pottie, 2021, *International Journal of Environmental Research and Public Health*, 18(10), 5266

The Newcomer Health Clinic in Nova Scotia: A Beacon to Support the Health Needs of the Refugee Population. by Graeme Kohler, Timothy Holland, Ashley Sharpe, Mandi Irwin, Tara Sampalli, KoltenMacDonell, Natalie Kidd, Lynn Edwards, Rick Gibson, Amy Legate, Ruth Ampikanakam, 2018, *International Journal of Health Policy Management*, 12(7): 1085-1089

Response to the Case of Short-Term International Development Work: Comment on "Global Health Case: Questioning Our Contributions" by Kelly Anderson.by Alyson Holland and Timothy Holland, 2015, *Journal of Bioethical Inquiry*, 12(1):155-156.

TEACHING & PRESENTATIONS

Presentation to the Nova Scotia Family Medicine Conference

Medical Assistance in Dying Update

Oct 22, 2021

Presentation to the Canadian Academy of Health Sciences,

Forum on Promoting Health for Refugees in an Era of Forced Migration. Panel Discussion on Health Service Delivery Models, Ottawa, Canada

Sept 19, 2019

Presentation to the Canadian Society of Addictions Medicine Annual Conference

Should CSAM Support Decriminalization of All Drugs

Oct 26, 2019, Halifax, Canada

Presentation to Doctors Nova Scotia Annual General Meeting

"Axe-the-Fax"

June 8, 2019, Halifax, Canada

Presentation to the CMA General Council

Code of Ethics 2018 Revision, Winnipeg, Canada

Aug 22, 2018

Presentation to the CMA General Council

Code of Ethics Engagement, Quebec City, Canada

Aug 20, 2017

Presentation to Canadian Bar Association-NS Annual Conference

Consent to Die: An update on medical assistance in dying, Halifax Nova Scotia

Dec 1, 2017

Teaching Sessions for North Nova Family Medicine Residency Program, Dalhousie University

Topics include: Ethics, Indigenous Health, Newcomer Health

Various sessions from 2019 to current

Research Supervisor, North Nova Family Medicine Residency Program, Dalhousie University

Supervisor for Resident Project on E.D. Initiation of Opioid Replacement Therapy

2021 to current

Panelist & Lecturer for Professional Competencies, Undergraduate Medical Education, Dalhousie University

Topics include: Newcomer Health & Medical Assistance in Dying

Various sessions from 2016 to current

Medical Assistance in Dying Mentoring & Training Sessions

Provided teaching at training sessions for the Nova Scotia Health Authority 2016 -2017

Provided one-on-one mentoring for new MAID providers from 2016 to 2018

Clinical Preceptor, Core Rotations and Elective Rotations, Dalhousie Medical School

Clinical Preceptor for Medical Students & Residents on rotation at Newcomer Health Clinic, Sipekne'katik Health Centre and Colchester Emergency Department

2014 to current

Preceptor for Research in Medicine & Service Learning Program Projects, Undergraduate Medical Education, Dalhousie University

Preceptor for medical students with projects largely focused on Newcomer Health

Various Projects 2014 to current

Please note, in the interest of brevity, I have listed selected activities to highlight those of most relevance to the Bioethics department. A full list of activities and further details on the listed activities are available upon request.