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# CURRICULUM VITAE

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Timothy Holland, MD, MA, CCFP(EM)

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## EDUCATION

- **Master of Arts (Philosophy)** – Dalhousie University, 2022
  - **Doctor of Medicine** – Dalhousie University, 2011
  - **Family Medicine Residency** – Dalhousie University (Halifax Site), 2013
  - **Bachelor of Science (Philosophy & Psychology)** – Acadia University, 2006
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## CURRENT ROLES

- **Head, Department of Bioethics**, Dalhousie University (2022–present)
  - **Medical Lead & Family Physician**, Newcomer Health Clinic, Halifax (2014–present)
  - **Family Physician**, Sipekne'katik Health Centre (2015–present)
  - **Physician Assessor & Provider, MAiD**, Nova Scotia Health Authority (2016–present)
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## SELECTED HONOURS & AWARDS

- *Family Physician of the Year – Nova Scotia*, College of Family Physicians of Canada (2025)
  - *William Grigor Award*, Doctors Nova Scotia (2024)
  - *Young Alumnus Award*, Dalhousie University (2019)
  - *Award of Excellence*, College of Family Physicians of Canada (2017)
  - *ISANS Award for Service to Refugees* (2015)
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## LEADERSHIP IN ETHICS & PROFESSIONALISM

**Chair, Ethics Committee, Canadian Medical Association** (2016–2022)

- Oversaw 2018 major revision of the **CMA Code of Ethics and Professionalism**. The first major revision of the CMA's Code of Ethics since 1996 and the 9<sup>th</sup> Major Revision in the 150-year history of the Code. Expanded to Code of Ethics *and Professionalism*. The first time this has been done by a national medical association.
- Led national physician and patient surveys, international policy scans, and stakeholder consultations shaping ethical and professional standards.
- Guided CMA policy on MAiD, advanced care planning, organ donation, privacy, and equity.

**Chair, Ethics Committee, College of Family Physicians of Canada** (2024–present)

- Strengthening ethical frameworks within family medicine and supporting national professionalism initiatives.

**Chair, Advance Requests Working Group, Canadian Association of MAiD Assessors and Providers** (2023–present)

- Leading national clinical guidance development following the 2023 Special Joint Committee report on MAiD and advance requests.

**Chair, MAiD Working Group, Canadian Medical Association** (2019–2022)

- Directed national environmental scans and policy refinement that informed Parliament and Senate deliberations on Bill C-7.

**Chair, Task Force on Physician Interaction with Industry, CMA (2020–2021)**

- Led cross-college collaboration with CFPC and RCPSC on ethical guidance for relationships with industry.

**Co-Chair, Ethics Sub-Committee, Society of Refugee Health Providers (2023–present)**

- Advancing ethical standards in global refugee health and professional integrity across health systems.

**President, Doctors Nova Scotia (2018–2019)**

- Held office of President during the 2018-2019 Master Agreement and Academic Funding Plan Negotiations – which were critical in addressing the physician shortage in Nova Scotia

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**PUBLICATIONS**

- Holland T, O'Donnell T. "Rethinking Mandated Drug Treatment: Why Expanding Freedom Requires Structural Drug Policy Reform." *Hastings Center Report*. 2026;56(3):28–29.
- Holland, Tim, and Mathieu Moreau. "Determining Intolerable Suffering in the Context of Advance Requests for Medical Assistance in Dying." *Canadian Medical Association Journal* (accepted; publication pending).
- Frolic, Andrea N., and Tim Holland. 2025. "An Ethics Framework for Medical Assistance in Dying: Supporting Ethical Decision-Making in the Practice of MAiD." *Bioethics*.
- Michail, Ramez, Ernest Chan, and Tim Holland. 2025. "Exploring Barriers to Visual Screening for Canadian Immigrants in a General Primary Care Clinic: A Retrospective Chart Review." *Journal of Immigrant and Minority Health* 1–5.
- Holland, Tim, Andrea Frolic, Cécile Bensimon, and Sandy Buchman. 2025. "Correcting Speculation with Facts: A First-Hand Account of the Origins of the Canadian Association of MAiD Assessors and Providers and Its Importance to Canadian Healthcare." *American Journal of Bioethics* 25 (5): 48–50.
- Arya, Akshaya Neil, Ilene Hyman, Tim Holland, Carolyn Beukeboom, Catherine E. Tong, Rachel Talavlikar, and Grace Eagan. 2024. "Medical Interpreting Services for Refugees in Canada: Current State of Practice and Considerations in Promoting This Essential Human Right for All." *International Journal of Environmental Research and Public Health* 21 (5): 588.
- Aultman, J. M., N. Zaaed, C. Payton, B. DiVito, T. Holland, and J. Atem. 2024. "Research with Refugee Populations in North America: Applying the NIH Guiding Principles for Ethical Research." *Ethics & Human Research* 46 (4): 2–16.
- Holland, Tim. 2023. "In a Nutshell: The Special Joint Committee on MAiD and Advance Requests." *Impact Ethics*.
- Holland, Tim. 2023. "On Psychological Continuity and Dementia." *Hastings Center Report* 53: 50–51.
- Arya, Neil, Vanessa J. Redditt, Rachel Talavlikar, Tim Holland, Mahli Brindamour, Vanessa Wright, Ammar Saad, Carolyn Beukeboom, Annalee Coakley, Meb Rashid, and Kevin Pottie. 2021. "Caring for Refugees and Newcomers in the Post-COVID-19 Era: Evidence Review and Guidance for Family Physicians and Health Providers." *Canadian Family Physician* 67 (8): 575–581.

- Benjamen, Joseph, Vincent Girard, Shabana Jamani, Olivia Magwood, Tim Holland, Nazia Sharfuddin, and Kevin Pottie. 2021. "Access to Refugee and Migrant Mental Health Care Services During the First Six Months of the COVID-19 Pandemic: A Canadian Refugee Clinician Survey." *International Journal of Environmental Research and Public Health* 18 (10): 5266.
- Holland, Tim, dir. *First, Do No Harm*. 2008–2011. Qualitative research documentary. Filmed in Rwanda, Tanzania, and Uganda. Featured at the Consortium of Universities for Global Health, the Global Health Education Consortium, and the Canadian Society for International Health Conference, 2011. <https://vimeo.com/22008886>.
- Kohler, Graeme, Timothy Holland, Ashley Sharpe, Mandi Irwin, Tara Sampalli, Kolten MacDonell, Natalie Kidd, Lynn Edwards, Rick Gibson, Amy Legate, and Ruth Ampu Kanakam. 2018. "The Newcomer Health Clinic in Nova Scotia: A Beacon to Support the Health Needs of the Refugee Population." *International Journal of Health Policy and Management* 12 (7): 1085–1089.
- Holland, Alyson, and Timothy Holland. 2015. "Response to the Case of Short-Term International Development Work: Comment on 'Global Health Case: Questioning Our Contributions.'" *Journal of Bioethical Inquiry* 12 (1): 155–156.

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#### ADDITIONAL LEADERSHIP & SERVICE

- **Co-Founder & Medical Director**, *Newcomer Health Clinic* (Halifax, 2014–present) – recognized nationally for ethical, culturally safe care.
- **Co-Chair**, *Doctors for Decriminalization* (2019–present) – national advocacy coalition advancing compassionate, evidence-based drug policy.
- **Co-Founder**, *Section of Physicians for Indigenous Health*, Doctors NS (2019–2021).
- **Co-Founder & Steering Committee**, *Canadian Refugee Health Network* (2019–present).
- **Chair, Policy and Health Issues Committee**, *Doctors Nova Scotia*, 2014 – 2019
- **Co-Chair, National Newcomer Navigation Network**, Community of Practice, 2021- 2025
- **Conference Co-Chair**, International Refugee & Migrant Health Conference, Halifax, 2025
- **Waiver of Final Consent Working Group**, *Canadian Association of MAiD Assessors and Providers*, 2024
- **Medical Assistance in Dying Expert Reference Network**, *Health Canada*, Nov 2023 - Current
- **CFPC Representative for Expert Review of MAiD Practice Standards**, *Health Canada*, Dec 2022 – Jan 2023
- **Witness for Standing Senate Committee for Bill C-7: *An Act to amend the Criminal Code (medical assistance in dying)***, Feb 2, 2021
- **Medical Assistance in Dying Steering Committee**, *Nova Scotia Health Authority*, 2018 - 2025
- **Medical Assistance in Dying Working Group**, *Doctors Nova Scotia*, 2015 - 2016
- **Committee on Health Policy and Economics**, *Canadian Medical Association*, 2014–2015