

Guiding Principles for Student Standard of Dress

The following guidelines were adapted from the NSHA/Horizon NB Dress Standards. Professional behaviours, including dress will be captured in the weekly assessment of student performance. We ask that you provide the students with feedback about this if they are not complying with the standards below. Unprofessional dress can diminish the educational benefit of the interaction. It is also important for students to abide by these guidelines in preparation for their own professional practice.

Employee, Physician, Student & Patient Safety

Employee, physician, students and patient safety is paramount and cannot be compromised by inappropriate or unsafe attire, accessories, footwear, facial hair, unsecured hair, personal product scents and odours.

Image

Patients have indicated via research/patient surveys that the appearance and identification of the care provider impacts the patients' sense of confidence in the care. We want to reflect an image of professionalism and to inspire confidence in patients, visitors and others. It is essential that personal grooming (such as hair, nails and odours) and appearance (clothing and tattoos, body piercings) are appropriate or inconspicuous.

Hair

- Style in such a way that it does not come into contact with the patient nor obscure vision.
- If involved in direct patient care or performing medical tests, neatly tie back long hair. Keep beards and/or moustaches clean, well-trimmed and neat.

Jewelry & Body Art

- Restrict the wearing of jewelry in patient care areas to small pieces (i.e. wedding bands, rings with no protruding edges, earrings and watches).
- Do not wear dangling necklaces, earrings, bracelets or any other jewelry that may impede patient care or safety of the employee.
- Keep all body piercing objects tight to the body and ensure that such objects do not present any source of entanglements with moving objects.
- Ensure that all piercings are clean.
- Cover any infection so that it is not visible or transferable and ensure precautions are taken to prevent transmission. {The prevention of transmission of infection is a concern with any broken skin (either from patient /environment to staff and vice versa)}.
- Cover tattoos that could reasonably be considered offensive such as depicting violence, pornography, gang or racial messages.

Fingernails

- Keep fingernails clean and trimmed.
- Do not wear artificial fingernails or nail enhancers if providing care or where there may be risk of infection or contamination

Scents

- Refrain from wearing personal products containing scents as they may cause headaches, nausea or respiratory distress for individuals who are compromised, ill or sensitive to the stimulus of scents or chemicals.

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Appropriate for Regular and for Casual Wear	Inappropriate Wear
<p>PANTS</p> <ul style="list-style-type: none"> • Business casual pants/slacks (e.g. khaki) • Dress pants • Casual dresses/skirts • Dress walking shorts/skortis • Dark wash jeans in good repair for casual days (no patient interaction) 	<p>PANTS</p> <ul style="list-style-type: none"> • Sweat pants (both fleece and knit) • Overalls • Shorts, skirts or dresses shorter than mid-thigh • Cut-off shorts • Spandex • Jeans or pants ripped/torn
<p>TOPS</p> <ul style="list-style-type: none"> • Blouses • Sweaters • Turtlenecks • Shirts with collars (e.g. golf) • Button shirts • Dress shirts • Shirts without collar (T-shirts not included) • Sweatshirts for casual days 	<p>TOPS</p> <ul style="list-style-type: none"> • Sport tank tops • Transparent blouses and dresses • Low cut necklines • Strapless or halter tops without a covering (i.e. jacket or sweater worn at all times) • Spandex • Any top that does not cover to pant, short or skirt top while providing care (i.e. reveals bare midriff) • Muscle shirts, and/or shirts with monogrammed message (i.e. political, suggestive; offensive language, logos or images which promote alcohol, drugs, cigarettes, or violence)
<p>FOOTWEAR</p> <ul style="list-style-type: none"> • Dependent on work area, this includes a variety of types of shoes; dress sandals may only be worn if there are no safety concerns-contact your tutor or C3LR/LRC staff as to whether these are appropriate in your area • Loafers or deck shoes • Dress shoes • Walking shoes • High heels no higher than 2 1/4 inch • Flats 	<p>FOOTWEAR</p> <ul style="list-style-type: none"> • Flip flops • Slippers • Any footwear that may present a danger to health or safety (i.e. Crocs with a perforated covering)
	<p>MISCELLANEOUS</p> <p>Baseball hats</p>