

Dr. Sue Zinck, Assistant Dean, DMNS

CONFIDENTIAL - CONSENTING - COLLABORATIVE - These words describe the principles our team takes in the direction, support, or advice we provide to guide you on the journey to becoming a healthy medical doctor. Our team works with students and advocates with other teaching faculty and administrators to create personal solutions and system change to help you develop and maintain the personal skills that will see you through medical school. Your confidentiality and active consent are central to our approach. We have resources to help you develop career goals and plans, financial strategies, and the organizational and emotional skills to develop strong performance, resilience and well-being.

We will help you excel and to cope with the stresses of medical training, as you achieve your full personal potential, through greater self-knowledge and range of flexible personal skills, peer support, and specific guidance. Common reasons to reach out to Student Affairs may include:

- adjustment to pre-clerkship and transitions to clerkship
- elective and career considerations and decisions
- the impact of any health condition
- navigation to health assessment or care services
- family problems or crises
- interpersonal challenges and conflicts
- personal life events and transitions
- residency application assistance (CARMS)
- assistance with preparing for residency

We look forward to welcoming you in person at our Student Affairs offices this 2023-24 academic year.