

Dr. Rachel Shaw, DMNS Career Advisor

My name is Rachel Shaw and I am a Family Doctor with a special interest in obstetrics and pediatrics. I have the fortune of working in a wonderful collaborative practice in Spryfield with my friends from medical school.

Originally from White Rock BC I moved to Ontario for University and later moved to St. Andrews NB to work in the fisheries. After working as a food inspector for a few years I decided it was time to apply to medical school.

Since early childhood I thought I was going to be a pediatrician. It wasn't until I had my first child, just after 3rd year med school, when I finally realized I was actually more appropriately suited for family medicine. I explored both fields in my electives and confirmed that FM with an OB focus would allow me to have a practice focused on women's and children's health. I now have a very diverse schedule which involves community clinic, deliveries, medical school teaching, career counselling and on call shifts at the IWK. For me, the flexibility, continuity and diversity of FM is what I love.

When I'm not working I enjoy spending time with my 3 sons and husband, sewing, baking and exercising. Each of my children were born during a different stage in my medical career (medical school, residency and most recently as a staff). For those of you interested in discussing what it's like to have a family during medicine I would be happy to include that in our discussion.