

I am a General Internist and Assistant Professor in the Division of General Internal Medicine within the Department of Medicine at Dalhousie University.

I completed medical school training at the University of Alberta in 2011 and residency training in core Internal Medicine and General Internal Medicine at Dalhousie University. After residency, I joined the Department of Medicine at the Saint John Regional Hospital (Saint John, NB) in 2016 and subsequently relocated back to Halifax in 2021 to join the Division of General Internal Medicine at Dalhousie University. I have an interest in undergraduate and postgraduate medical education and have been active in teaching, administrative, and leadership roles at both the Halifax and Saint John (DMNB) campuses.

Throughout my own medical training I had considered various career paths and specialties keeping in mind what I wanted to get from and give back to medicine. I now have young children and am very aware of maintaining a healthy work/life balance. In my role as a Career Advisor, I hope to be able to offer advice tailored to your priorities and ambitions that may assist you in developing your own career path.