



Medical school is an exciting and challenging time and our office is dedicated to supporting learners along the way.

We aim to contribute to an enduring culture of wellness and resilience in medicine within the classroom and the clinical settings.

CONFIDENTIAL - CONSENTING - COLLABORATIVE

These words describe the principles our team takes in the direction, support or advice we provide to guide you on the personal side of becoming a physician.

We work with our learners and other teaching faculty and administrators to help you develop and maintain the personal skills to see you through medical school.

Your confidentiality and active consent is central to our approach. We will support and guide as you develop your full personal potential, through self-knowledge, peer support and a range of flexible personal skills

Common reasons to connect with Student Affairs may include:

- o career considerations and decisions
- o the impact of physical or mental health problems
- o family problems or crises
- o interpersonal challenges and conflicts
- o personal life events and transitions
- o residency application assistance (CARMS)

During this extraordinary time of the COVID-19 pandemic, we are working using virtual technology. We look forward to welcoming you in person at Student Affairs offices again soon. I hold twice weekly office hours Mon, Wed 12-1 and can book meetings at other times as well.

Reach out to us at any time, any way, with any question. Our 'door' is open.

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Or, message me via Team