



On behalf of the Dalhousie Medicine New Brunswick Student and Resident Affairs team, welcome! We are excited to get to know you and for you to get to know our DMNB Student and Resident Affairs team.

Medical school and residency are exciting, challenging, and formative experiences. They are not simply about acquiring knowledge and clinical skills; they are also about becoming part of the profession of medicine, developing your identity as a physician, and learning how to care for others while also caring for yourself. Our role in Student and Resident Affairs is to walk alongside you during that journey.

We provide confidential individual appointments and encourage you to connect with us early — not only when challenges arise, but also when you are exploring questions about wellness, academic progress, career planning, financial concerns, professionalism, or simply how to navigate the next step. Reaching out for support is a sign of insight and professionalism, not weakness.

Learners connect with us for many reasons: managing stress, responding to academic difficulty, navigating personal or professional challenges, considering career options, or seeking help with financial or practical concerns. Whatever brings you to us, our goal is to provide a respectful, supportive, and learner-centred space where we can work together to identify resources, options, and next steps.

At DMNB, we are committed to building a community where learners feel included, supported, and able to thrive. Over the course of your training, we will offer individual support, small-group sessions, class-based programming, and opportunities for reflection and connection. We also welcome your feedback as we continue to shape Student and Resident Affairs to meet the needs of our learners.

Please feel free to drop by our office on campus, explore the resources on this website, or reach out to us directly. Reach out early, reach out often — we are here to work alongside you.

Keith W Wilson, MD, PhD, CCFP, FCFP (he/him)

ASSISTANT DEAN, STUDENT & RESIDENT AFFAIRS

FACULTY OF MEDICINE | Dalhousie Medicine New Brunswick

410 Campus Ring Road | Saint John, NB E2L 4L5 Canada

428.201.0389 | kwwilson@dal.ca