



# Get to know Doctors Nova Scotia *for residents*

## How we support doctors

### Negotiate, implement and support physician contracts

- Audits and appeals
- Fee changes
- Alternative payment plans
- Deliverables
- Non-insured services guidelines
- Longitudinal Family Medicine payment model

### Foster physician leadership

- Physician Leadership Institute courses
- Physician Leadership Development Program (when finished residency)

### Physician Advisory Team

- Recruitment and onboarding (letters of offer, return-of-service agreements, remuneration consultations)
- Contract negotiation and on-the-ground support (deliverables, memorandums of agreement)
- Medical billing support and education
- Setting up practice, choosing and using EMRs

### Member discounts

- Life, disability, home and auto insurance
- Smart phones, mobility plans and more

### Physician wellness

- Extended health and dental plan (when finished residency)
- Parental leave program (when finished residency)
- Professional Support Program
  - Confidential peer support for members
  - Physician counsellors offer advice, assessment and support
  - No affiliation with licensing and regulatory bodies or training programs
- Family Plus Counselling
  - Free short-term counselling for physicians and their dependent family members (spouse/partner, children under age 25)

### Advocacy

- Collective voice of physicians in N.S.
- Regular meetings with Minister and Deputy Minister of Health and Wellness
- Health policy and advocacy work
- Medical staff association support

### KEY CONTACTS

#### Dr. Kristin Ko

Board of Directors  
resident representative  
krk@dal.ca

#### Dr. Amanda MacDonald Green

President  
president@doctorsns.com

#### Katelyn Junus

Physician Wellness Navigator  
dnspathways@doctorsns.com

#### Catherine Gervais

Member Benefits Advisor  
catherine.gervais@doctorsns.com

#### Jennifer Girard

Physician Advisor,  
Central Zone  
jennifer.girard@doctorsns.com

#### Liz Fraser

Physician Advisor,  
Eastern Zone  
liz.fraser@doctorsns.com

#### Noelle Moulaison

Physician Advisor,  
Western Zone  
noelle.moulaison@doctorsns.com

#### Lindsey Mattinson

Physician Advisor,  
Northern Zone  
lindsey.mattinson@doctorsns.com

#### Brent Andrews

E-health Advisor  
brent.andrews@doctorsns.com

#### DNS Pathways

Hub for leadership, mentorship, Professional Support Program, Family Plus Counselling  
dnspathways.com

### MORE INFO

[www.doctorsNS.com](http://www.doctorsNS.com)  
[www.yourdoctors.ca](http://www.yourdoctors.ca)  
[www.dnspathways.com](http://www.dnspathways.com)

### FOLLOW US

FB and LinkedIn:  
DoctorsNovaScotia

## Get involved

- Attend our Annual General Meeting
- Write for *doctorsNS*
- Join committees
- Read *doctorsNS*
- Subscribe to “Latest News” newsletter