



**Global Health International Travel Risk Assessment and Safety Plan**

An International Travel Risk Assessment and Safety Plan identifies possible risks and details actions to minimize those risks when travelling outside of Canada.

This form is designed for learners who are completing an international health elective.

Completing the form is a **requirement** for Dalhousie medical students and residents who are completing an international medical elective or observership.

In some cases, resident electives completed through an established departmental global health program are exempt from this requirement. Contact the Manager of Global and Planetary Health to discuss whether this exemption applies to you.

Where directed by a program coordinator, the form may also be used by students in other health programs.

If you have questions, please contact the Office of Community Partnerships and Global Health:

Elise Sammons, Manager of Global and Planetary Health  
[elise.sammons@dal.ca](mailto:elise.sammons@dal.ca)

**Resources for Risk Identification and Mitigation**

International SOS is Dalhousie’s partner for international travel risk management. Their website includes extensive country reports with information about travel risks:

<https://www.internationalsos.com/MasterPortal/default.aspx?membnum=27ASCA824913>

International Association for Medical Assistance to Travelers. <https://www.iamat.org/general-resources>

Global Affairs Canada Travel Advice and Advisories. <https://travel.gc.ca/travelling/advisories>

Please note that undergraduate medical students are never approved to travel to countries with Government of Canada risk level designations of *Avoid non-essential travel* or *Avoid all travel*.

To complete this form, research your intended destination and where possible, discuss potential risks and risk mitigation with your local contacts.

**Participant Details**

Participant	
Name	
Email	
Program	



Year of Study	
Campus (NB or NS)	

**Activity and Travel Details**

Activity	
City & Country	
Host Organization or Institution	
Does this organization or institution have an existing relationship with Dalhousie? (If yes, include details; otherwise indicate no or unsure).	
Describe the program or activity that you will be involved in (include program and/or partner website where applicable). For medical students and residents, include the specialty focus of the elective here as well as any other relevant details.	
Local preceptor name and contact information (if known)	
Anticipated Activity Dates (Start and End)	
Estimated Travel Dates (Departure and Return)	
Are you travelling with others from Dalhousie? If yes, who?	
Are there any language requirements for this program? If yes, explain how you meet them.	



What is your connection to this program or preceptor (if any)?	
Any other details we should know about the program:	

### **Risk Assessment and Planning**

#### **Safety and Security Risks**

This section refers to your personal safety while in a particular location. Are there risks specific to the destination? Think about what choices you will make to minimize your risk. Accommodation and transportation play a major role in personal safety and security. You may not have accommodation or transportation arranged when you complete this form, but this is a chance to research and plan for managing risk in these areas.

What is the <a href="#">Global Affairs Canada</a> risk level?	
What risks are there in travelling to this country? How might they affect you? How will you mitigate these risks?	
<b>Accommodations: Where will you be staying?</b> <i>Consider proximity to activity site, neighbourhood, accommodation type, shared vs. private</i>	



<p><b>Transportation: How will you get around?</b> <i>Consider who provides/arranges, whether it is possible to arrange in advance, public vs. private</i></p>	
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**Health Risks**

This section refers to how your health may be affected by your travel. Note that as part of your predeparture preparations, you are required to visit a doctor or travel health clinic. They can advise you on immunizations and other precautions you should take prior to or during travel.

Food and water precautions:	
Insect/animal precautions:	
Precautions related to working in a health care setting:  Consider any additional risks as compared to the clinical environment here. Consider additional precautions you might need to take such as taking PPE.	
Other Precautions:	



**Law and Culture Risks**

This section refers to how the laws and culture of your destination may need to be taken into account. Consider the laws and cultural norms of the country might be different and assess whether there might be risks to you and how you will mitigate them. For example, different cultural norms or laws around gender roles and identities, different laws around alcohol consumption, laws about driving or liability for accidents.

What is the risk?	How could it affect you?	How will you mitigate the risk?

**Environmental/Climate Risks**

This section refers to how issues such as heat, cold and pollution may affect your wellbeing, as well as the potential for natural disaster.

What is the risk?	How could it affect you?	How will you mitigate the risk?

Submit this completed form to the Office of Community Partnerships and Global Health via [elise.sammons@dal.ca](mailto:elise.sammons@dal.ca).