

Promoting Leadership in health for African Nova Scotians (PLANS) at Dalhousie University is happy to be accepting applications for the **PLANS PREP INSTITUTE (PPI)**. African Nova Scotian students from across Nova Scotia who are interested in going to university or college to study in a health or science field are invited to apply for this opportunity.

PPI is a post-secondary preparation program for Grade 10, 11 & 12 learners with a focus on skills development to prepare for success at university or college and ease the transition from high school. The institute will explore courses and programs available and associated careers, skills in leadership, time management, note taking, goal setting, and with a short research project and presentation. It will also include personal development, cultural and recreational activities.

Accommodations, meals and snacks are provided. Accepted students will arrive on the first day of the camp (July 2<sup>nd</sup>, 2019) and remain until the final day (July 5<sup>th</sup>, 2019). Participants will be responsible for their transportation to and from home.

#### **APPLICATION PROCESS**

Submit the following by **Friday, May 3rd, 2019**:

- Completed application form with signatures from student **and** parent/guardian
- Personal letter of interest (maximum 2 pages; typed or hand written) describing the following:
  - **where you live and your community,**
  - **what you like to do outside of school (extracurricular activities),**
  - **what excites you or worries you about university or college and**
  - **why you would like to attend PPI.**
- Proof of enrollment in science classes must also be included (i.e. transcript, letter from teacher, PowerSchool print out)
- Completed Student Reference Form from a one of the following: principal, vice-principal, teacher, guidance counsellor, Student Support Worker, or Regional Educator.

Accepted students will receive notification by May 29, 2019 and will be required to pay \$40 fee - payment is NOT required with application; procedure for payment will be included with acceptance letter.

For further information, please feel free to contact us at 902-494-1965 or by email at [plans@dal.ca](mailto:plans@dal.ca).

Thank you,

Stephanie Bizzeth  
Program Manager (Acting),  
Promoting Leadership in Health for African Nova Scotians

Dalhousie University  
Halifax, Nova Scotia  
<http://dal.ca/health/plans>



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## APPLICATION FORM

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PLEASE PRINT CLEARLY

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Birthdate: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_ Gender: \_\_\_\_\_

T-Shirt Size: S M L XL

Mailing Address: Street/PO Box \_\_\_\_\_

Town/City \_\_\_\_\_

Postal Code \_\_\_\_\_

Main Telephone #: \_\_\_\_\_ Student Email: \_\_\_\_\_

Parent Email: \_\_\_\_\_

How did you hear about PPI? \_\_\_\_\_

Have you been to a summer camp before?  No  Yes. When and where? \_\_\_\_\_

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**Current School:** \_\_\_\_\_

Grade to be completed in June 2019:

Grade 10

Grade 11

Grade 12

\*Must provide proof of enrollment in science classes.

I will be going to university or college in September 2019

No  Yes; where and in what program? \_\_\_\_\_

### Student Reference Form

To be sent directly to Dalhousie University (mail/email) by teacher/counselor or enclosed in a sealed envelope.

I have included my personal letter of interest.

**Student signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/guardian name (Print):** \_\_\_\_\_

**Parent/guardian signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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**Application Due 4:30pm, Friday, May 3, 2019**

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Send to: **PLANS PREP INSTITUTE**  
Dalhousie University, Global Health Office  
5849 University Avenue, C-241  
PO Box 15000, Halifax, NS  
B3H 4R2

OR

Scan and send by email to: [plans@dal.ca](mailto:plans@dal.ca)

# PLANS Prep Institute 2019

## STUDENT REFERENCE FORM

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To: Stephanie Bizzeth, Program Manager (Acting)  
Email: plans@dal.ca

**Due 4:30pm May 3, 2019**

\_\_\_\_\_ is applying to participate in the **2019 PLANS Prep Institute** at Dalhousie University, Halifax, NS.

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**PLANS (Promoting Leadership in health for African Nova Scotians)**, organizing this camp and seeks your assistance in selecting students with the best fit for this program and appreciates your completion and return of this reference form.

**Please share your impression and knowledge of the student by using specific examples where possible.**

**1. How long and in what capacity have you known the applicant?**

**2. How would you describe the applicant's interaction when working with other students?**

**3. Please circle (or highlight if completing electronically) how you would evaluate the applicant's qualities/skills using this scale:**

**E = Excellent      G = Good      F = Fair      P = Poor      NK = Not Known**

Interest in health/science	E	G	F	P	NK
Verbal Communication	E	G	F	P	NK
Respect for others	E	G	F	P	NK
Teamwork	E	G	F	P	NK
Willingness to learn	E	G	F	P	NK

Expression of ideas	E	G	F	P	NK
Motivation	E	G	F	P	NK
Attitude	E	G	F	P	NK
Enthusiasm	E	G	F	P	NK
Initiative	E	G	F	P	NK
Self-confidence	E	G	F	P	NK

**4. What additional skills, abilities or attributes does that applicant have that would be helpful for us to know in making our selection?**

**5. Any additional comments you would like to share about the applicant?**

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**THANK YOU FOR TAKING THE TIME TO COMPLETE THIS REFERENCE FORM  
– IT IS TRULY APPRECIATED!**

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**Referee's Name:** \_\_\_\_\_

**Referee's email or phone:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Send to: **PLANS Prep Institute**  
 Dalhousie University, Global Health Office  
 5849 University Avenue, C-241  
 PO Box 15000, Halifax, NS  
 B3H 4R2



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