

Local Resources for Pain Management

- **Nova Scotia Prescription Monitoring Program (NSPMP)**
 - Physicians and pharmacists can access detailed information about patients' use of monitored drugs and the pharmacies at which they have filled their prescriptions.
 - Upon request the NSPMP will monitor **patient management agreements** and alert the physician should the patient breach the agreement by filling a prescription from another physician or at a pharmacy outside of the agreement. Phone **1-877-476 7767** or **496-7123** to set up this service.
 - The NSPMP will provide physicians with their own prescribing profile and how it compares to peers in their DHA and provincially. Simply call the NSPMP and request your **Prescriber Peer Comparison Report**.
- The NSPMP's **medical consultant, Dr Peter MacDougall**, an anesthetist and pain management specialist, is available to physicians and pharmacists for advice on pain management cases. Phone **478-0546** or pcmacdou@gmail.com
- Dr MacDougall also directs the **Nova Scotia Chronic Pain Collaborative Care Network**. This network has physician-mentors around the province with expertise in pain management. Other primary care professionals can connect with a mentor to obtain ongoing advice on managing patients in chronic pain.
 - Mentors are in the following locations
 - Amherst/Antigonish
 - New Waterford
 - Halifax
 - Windsor
 - Yarmouth
 - For information on becoming or accessing a mentor, contact
 - Michele Chappell RN 473-7941 michele.chappell@cdha.nshealth.ca
- **Pain clinics** associated with local Health Districts are in the following locations
 - Halifax 473-4130/4131
 - Berwick 538-7103
 - Hants 792-2271
 - Cape Breton 567-8183
 - Yarmouth 742-3542 ext 692
 - Truro, Amherst, Antigonish, New Glasgow 1-800-270-4776 ext 3312
- The **Regional District Drug Information Centre** operating out of Capital District Health Authority provides advice on issues such as drug interactions, adverse effects, and dosage adjustments. Phone **473-4234**