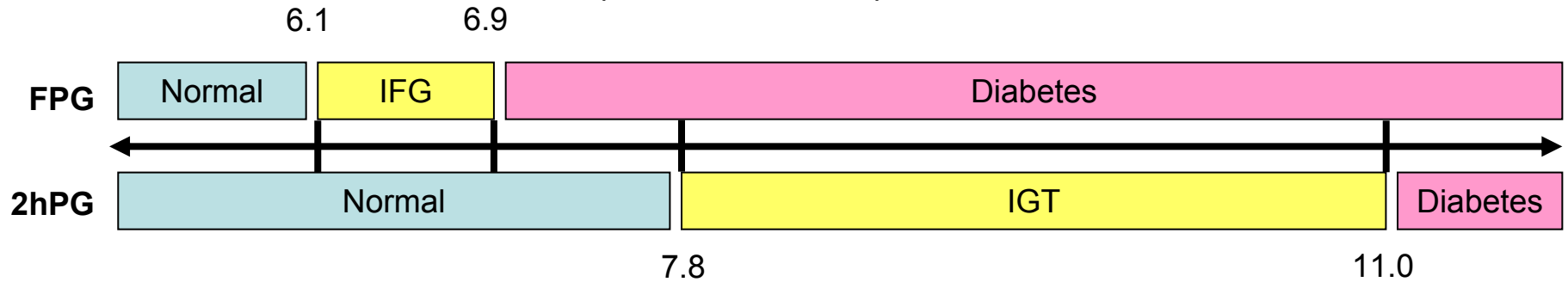


## Categories of glycemia in mmol/L (drawn to scale)



	FPG (mmol/L)		2hPG (mmol/L)
Normoglycemia	< 6.1	and	< 7.8
IFG	6.1 to 6.9	and	not measured
<i>IFG (isolated)*</i>	<i>6.1 to 6.9</i>	<i>and</i>	<i>&lt; 7.8 (normal)</i>
<i>IGT (isolated)*</i>	<i>&lt; 6.1 (normal)</i>	<i>and</i>	<i>7.8 to 11.0</i>
<i>IFG and IGT*</i>	<i>6.1 to 6.9</i>	<i>and</i>	<i>7.8 to 11.0</i>
Diabetes	≥ 7.0	or	≥ 11.1

\* Can be diagnosed only with an oral glucose tolerance test

FPG = fasting plasma glucose

2hPG = plasma glucose after 2 hours on 75 g oral glucose tolerance test