

September 23, 2026

Dear Colleague,

We are pleased to announce that the next Academic Detailing topic **“Pharmacotherapy for ADHD in Adults”** is ready for detailing. We have collaborated with local specialists in Psychiatry in preparation for this topic.

During academic detailing sessions you’ll have the opportunity to:

- Recognize the role of primary care providers in diagnosing and treating adults with attention deficit hyperactivity disorder (ADHD).
- Identify when pharmacotherapy may be appropriate and select evidence-based options.
- Consider pharmacotherapy management, monitoring and follow-up in adults with ADHD.

These learning objectives are linked to CanMEDS roles of Scholar, Health Advocate and Leader.

This activity is educationally approved by Dalhousie University Continuing Professional Development and Medical Education.

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by Dalhousie University Continuing Professional Development and Medical Education for up to **1.0** Mainpro+® Certified Activity credits.

Academic detailers from across Nova Scotia are available to deliver this program **online or in person** at your home or clinic, on your time schedule, with information tailored to you.

If you are new to the program and would like to learn more or participate, please visit our website <https://medicine.dal.ca/departments/core-units/cpd/programs/academic-detailing-service.html> and/or email kelly.mackinnon@dal.ca.

If your practice location has moved and you wish to continue to participate, please email your updated address information to kelly.mackinnon@dal.ca.

We thank you in advance for your participation in the Dalhousie Academic Detailing Service.



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