

97th Annual
Dalhousie Fall Refresher

AGENDA

Thursday, November 16, 2023	
Session 1: 1300-1430	
Room 106	<p>What is Advance Care Planning Dr. Pam Mansfield <i>By the end of this talk you will be able to:</i></p> <ul style="list-style-type: none">• Learn the steps of advance care planning and the pros and cons• Understand the difference between power of attorney and substitute decision maker• Understand advanced directives• Review how to have difficult conversations including the “code” status talk
Room 109	<p>Musculoskeletal Conditions in the Primary Care Office Dr. Jacquelyn Corkum <i>Learning objectives:</i></p> <ul style="list-style-type: none">• Enhance your approach to the assessment of a musculoskeletal (MSK) complaint• Determine which imaging modalities are appropriate in various MSK presentations• Review general treatment principles and specific treatment plans of MSK pathology
Room 102	<p>Choosing Wisely Canada Dr. Valerie Keough <i>Learning objectives:</i></p> <ul style="list-style-type: none">• Discuss responsible use of medical tests/imaging• Discuss which tests are best to order for what issues and why <p>Choosing Wisely in Children Dr. Katie Gardner <i>Learning objectives:</i></p> <ul style="list-style-type: none">• Discuss areas of overuse in children• Discuss common pediatric problems and when testing or treatment may be inappropriate• Review strategies for talking about appropriate testing or treatment with children and their caregivers
Room 103	<p>Lumps And Bumps in the Office Setting Dr. Mark Blanchard <i>At the conclusion of the presentation, attendees will be able to:</i></p> <ul style="list-style-type: none">• Understand the resources and skills required to provide minor procedures in the family medicine setting• Appreciate the variety of minor procedures that can be provided in the family medicine setting• Recognize the limitations of a family medicine setting in provision of minor procedures• Apply their skills and knowledge to implement a new or enhanced service to their patients

Session 2: 1500-1630

Room C2B	Joint and Soft Tissue Injections in Primary Care Drs. Volodko Bakowsky, Elana Murphy and Alex Legge <i>Learning objectives:</i> <ul style="list-style-type: none">• Determine how, why (and why not) to perform corticosteroid injections• Master the landmarks and techniques to perform common musculoskeletal injections.
Room 109	Wound Care: A Case-Based Approach to Dressing Selection Dr. Greg Archibald and Barbie Murray, RN <i>Learning objectives:</i> <ul style="list-style-type: none">• Review current Canadian and Nova Scotia Stats• Identify categories of wound management products• Utilize case studies to explore options in Nova Scotia• Identify when to consider adjunctive wound therapies
Room 106	Frailty Assessment Dr. Alethea Lacas <i>By the end of the presentation, participants will be able to:</i> <ul style="list-style-type: none">• Define frailty and explain the current discussions around it.• Analyze why routine hospital care frequently poses safety risks to older individuals living with frailty.• Discuss the ongoing and planned actions aimed at improving safety and care.
Room 103	Etonogestrol subdermal implant: Contraceptive discussion and insertion technique Dr. Hali Bauld <i>Learning objectives:</i> <ul style="list-style-type: none">• Learn the indications, contraindications and mechanism of action and management of adverse effects of the etonogestrol subdermal implant• Learn counselling points for managing patient's expectations• Learn the proper technique for insertion and removal of the etonogestrol subdermal implant

Speakers have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.

EVALUATION:

To complete the evaluation, please scan the QR code:



Educationally co-sponsored by



ACCREDITATION:

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Professional Development Office of Dalhousie University for up to **3** Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Dalhousie University. You may claim a maximum of **3** hours (credits are automatically calculated).

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.