

# 97<sup>th</sup> Annual Dalhousie Fall Refresher



## **Hybrid Conference**

November 17 & 18, 2023

Halifax, NS

Educationally co-sponsored by



**DALHOUSIE  
UNIVERSITY**

**CONTINUING PROFESSIONAL  
DEVELOPMENT &  
MEDICAL EDUCATION**

# Schedule

Friday, November 17

0730-0815 **Registration and Light Breakfast**

0815-0830 **Opening Remarks with Dr. Stephen Miller**

0830-0915 **Overview of the 5 Aspects of 2SLGBTQIA+ Primary Care**

Dr. Sue Zinck

*Learning objectives:*

- Understand the prevalence of 2SLGBTQIA+ identities in Canada and unique health needs
- Review evidence for the 5 aspects of care of gender-diverse persons
- Understand the roles primary care clinicians have in improving health of 2SLGBTQIA+ persons and primary care clinical practice guidelines

0915-0930 **Q&A**

0930-0950 **Pancreatic Cancer: It Is Not Necessarily A Death Sentence**

Dr. Mark Walsh

*Learning objectives:*

- The participant will become familiar with the a workup of a patient with suspected Pancreas cancer
- The participant will become familiar with new therapies in the treatment of Pancreatic Cancer
- The epidemiology of Pancreatic cancer in Canada will be presented to the participants

0950-1000 **Q&A**

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1000-1030 **NUTRITION BREAK**

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1030-1115 **Refugee Health Concerns**

Dr. Tim Holland

In the past decade the global refugee crisis has doubled in scope. Where Canada is a world leader in refugee resettlement, family physicians will be seeing ever increasing numbers of refugee patients. This population faces incredible challenges in terms of equity and access to health care. Family physicians should be aware of the special health needs of this population (e.g. infectious disease, mental health, etc) and available resources across the 3 Maritime provinces. Beyond the focused health needs, family physicians should also be aware of how the social determinants of health and systemic discrimination impact refugees, how they can avoid contributing to discrimination, and how best to work with someone with language barriers and a different ethnic lens.

1115-1130 **Q&A**

1130-1150 **Pulmonary Hypertension: When to Look and How to Find in Primary Care**

Dr. Simon Jackson

Idiopathic pulmonary hypertension (iPAH) is a rare disease with devastating clinical onsequences. Our treatment of iPAH as evolved dramatically over the past 20 years. Those patients with iPAH on treatment require specialized care, with expensive medications that have restricted access. You may never clinically see a patient with iPAH in your practice.

Pulmonary hypertension (PH), the broad category in which PAH is a very small subset, is quite common. In clinical practice most patients with PH have advanced cardiac or lung diseases, or chronic thromboembolism. PH is suspected most often following an echocardiogram.

*The purpose of today's presentation is to:*

- Distinguish between PAH which is treatable, and PH secondary to other disease states which does not require PAH therapy.
- Help identify PH clinically and suggest diagnostic tests that may help determine the cause of the PH, and who may require additional treatment
- Provide a high-level overview of the pathways and drugs used for the treatment for PAH.
- Provide ample time to address your questions

1150-1200 **Q&A**

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**1200-1300 LUNCH**

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1300-1345 **But I'm Not a Psychiatrist!: 10 Things You Should Know About Medications for Mental Health Issues**

Dr. Mark Bosma

*During the session participants will:*

- Review common indications for use of psychiatric medications
- Consider approaches to safe prescribing, switching, and de-prescribing of psychiatric medications
- Apply knowledge of psychiatric medications to commonly encountered clinical scenarios

1345-1400 **Q&A**

1400-1445 **MAiD – Where We Are, Where We're Going and How to Get There**

Erica Maynard

*After participating in the session, attendees should be able to:*

- Differentiate between Bill C14, C7 and the impeding MD-SUMC legislation
- Complete the referral process and have competency to complete a basic MAiD assessment
- Describe intravenous and oral MAiD protocols

1445-1500 **Q&A**

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1500-1530 **NUTRITION BREAK**

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1530-1550 **Diagnosis And Management of Acne Vulgaris**

Dr. Michael MacGillivray

*Learning objectives:*

- Develop an approach to the diagnosis and treatment of acne
- List the indications and contraindications for isotretinoin therapy
- Recognize common side effects of isotretinoin therapy

1550-1600 **Q&A**

1600-1645 **Nova Scotia's Cancer Screening Programs**

Dr. Daria Manos and Eileen Kilfoil

*Learning objectives:*

- Know the guidelines for Nova Scotia's three population-based cancer screening programs (breast, colon, cervical)
- Describe the roles, responsibilities, and limitations of the cancer screening programs and the partnership with Primary Care Providers
- Become familiar with the NSH Lung Screening Program
- Know the eligibility criteria for the high-risk lung screening program
- Understand the rationale for Nova Scotia's eligibility criteria

1645-1700 **Q&A**

**Saturday, November 18, 2023**

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0745-0825 **Registration and Light Breakfast**

0825-0830 **Opening Remarks with Dr. Michael Fleming**

0830-0915 **Well Baby/ Newborn Care Especially in The First Month of Life**

Dr. Drew Yamada

*Learning objectives:*

- To review the importance of growth measurements and patterns in neonates
- To review neonatal jaundice
- To discuss some common neonatal rashes

0915-0930 **Q&A**

- 0930-0950 **Interpretation of Breathing Tests: Global Lung Function Initiative**  
Dr. Sanja Stanojevic  
*Participants will learn:*
- About interpretation of Breathing Tests using the Global Lung Initiative Function initiative
  - An approach to guide diagnosis of COPD, asthma and overlap syndrome
- 0950-1000 **Q&A**
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- 1000-1030 **NUTRITION BREAK**
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- 1030-1100 **Capacity Assessments**  
Dr. Kathleen Singh and Dr. Ian MacKay  
*At the conclusion of this activity, participants will be able to:*
- Describe the 4 main components of any capacity assessment and know the right questions to ask
  - Choose appropriate tools and resources to assist in a capacity assessment
  - Demonstrate what to do once capacity limitations have been identified
- 1100-1115 **Q&A**
- 1115-1145 **Pediatric Dermatology: Clinical Pearls and Treatment Tips**  
Dr. Peter Green  
*Learning objectives:*
- Participants will learn cutaneous morphologic clues that facilitate diagnosis
  - Participants will learn to identify clinical features that warrant emergent management
  - Participants will review current and updated treatments for common skin issues in pediatric dermatology
- 1145-1200 **Q&A**
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- 1200-1300 **LUNCH**
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- 1300-1320 **A Family Physician's Guide to Managing Uncomplicated Pediatric ADHD**  
Dr. Chelcie Soroka  
*Learning objectives:*
- Review standard approaches for diagnosing ADHD in children and adolescents
  - Discuss treatment options, pharmacological and other, for treating ADHD
  - Explore indications for referring pediatric patients with ADHD to other services
- 1320-1330 **Q&A**
- 1330-1400 **Chronic Wet Cough and Lung Health in Children - A First Nations Perspective**  
Dr. Dustin Mills  
*Learning objectives:*
- Define chronic cough in children and appreciate the importance of appropriate assessment and management
  - Understand the importance of lung health in children in terms of long-term outcomes
  - Appreciate the challenges and opportunities in providing respiratory specialist services to first nations communities
- 1400-1415 **Q&A**
- 1415-1445 **Diagnosing Celiac Disease in 2023: Is a Positive TTG Enough?**  
Dr. Michelle Wiepjes  
*By the end of this talk the participant should:*
- Be able to recognize the variable clinical presentations that should prompt screening for celiac disease
  - Outline the current pathways used to diagnosis celiac disease in 2023 as well as the limitations of each
  - Be able to advise patients about the next steps following receipt of a positive TTG result
- 1445-1500 **Q&A**

1500-1520 **NS Primary Care Transformation**

Dr. Maria Alexiadis

*Learning objectives:*

- To understand work being done by the Primary Care Network
- Patient Medical Home/Neighborhood
- Business cases related to CDM
- Practice Support Program
- To understand opportunities for feedback and engagement

1520-1530 **Q&A**

1530 **Closing Remarks**

## Planning Committee

### **Emmanuel Ajuwon, MD, CCFP**

Family Physician  
Eastern Zone

### **Lisa Bonang, MD, FCFP**

Family Physician  
Director, Community Hospital Programs and  
Clinical Webinar Series  
Continuing Professional Development and Medical Education  
Dalhousie University

### **Michael J. Fleming (Chair), BSc, MD, CCFP, FCFP**

Director, Family Physician Programs  
Continuing Professional Development  
Dalhousie University

### **Kendra Gilmore, MD, CCFP**

Assistant Professor  
Department of Family Medicine  
Dalhousie University

### **Heather Hayman, RN, NP**

Vice President  
Family Practice Nurses Association of Nova Scotia

### **Lara Hazelton, MD, MEd, FRCPC**

Professor & Director of CPD, Department of Psychiatry  
Co-Director of Faculty Development, CPDME  
Dalhousie Faculty of Medicine

### **Kristian Lobban, MD, CCFP, MBA, BSc**

Family Physician  
Halifax, NS

### **Israel Opeyemi-Ajayi, MD**

Family Physician  
Tatamagouche, NS

### **Gillian Reid**

Manager, CPD Programs  
Continuing Professional Development  
Dalhousie University

### **Lisa Searle, MD, CCFP(PC), FCFP, FRCPC**

Family & Palliative Medicine, The Moncton Hospital  
Faculty Development Coordinator, Moncton Medical Education  
Director of Faculty Development,  
Dalhousie Medicine New Brunswick

### **Laura Schep, BAS, MD, CCFP**

Family Physician, Western Zone

### **Kelly Silver, BScN, RN**

Clinical Educator  
Interprofessional Practice and Learning  
Primary Health Care, Northern Zone  
President, Family Practice Nurses Association of Nova Scotia

### **Adrienne Watson, MD, CCFP, FCFP**

Family Physician  
Halifax, NS

## Speakers

Speakers have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.

### **Maria Alexiadis, MD**

Senior Medical Director Corporate and Network Services  
Primary Care and Chronic Disease Management  
Head, Department of Family Practice, Nova Scotia Health

### **Mark Bosma, MD, FRCPC**

Section Head, Geriatric Psychiatry  
Assistant Professor  
Department of Psychiatry  
Dalhousie University

### **Peter Green, MD, FRCPC**

Professor  
Division of Clinical Dermatology & Cutaneous Science  
Department of Medicine  
Department of Pathology  
Dalhousie University

### **Tim Holland, MD, CFPC**

Department Head  
Department of Bioethics, Faculty of Medicine  
Assistant Professor, Department of Family Medicine  
Dalhousie University

### **Simon Jackson, MD, FRCPC (C), MMedEd**

Professor  
Division of Cardiology  
Department of Medicine  
Dalhousie University

### **Eileen Kilfoil**

Manager  
Cancer Screening Programs  
Nova Scotia Health  
Cancer Care Program

### **Michael MacGillivray, MSc, MD, FRCPC**

Division of Clinical Dermatology & Cutaneous Science  
Department of Medicine  
Dalhousie University

### **Ian MacKay, MD, FRCPC**

Geriatric Psychiatrist  
Assistant Professor  
Department of Psychiatry  
Dalhousie University

### **Daria Manos, MD, FRCPC**

Medical Director for the Lung Screening Program  
Professor  
Education Associate Head  
Thoracic Imaging Head  
Department of Diagnostic Radiology  
Dalhousie University

### **Erica Maynard, RN, BN, MN:ANP(f)**

Nurse Practitioner, MAiD Access and Resource Team  
Adjunct Faculty, Dalhousie University

### **Dustin Mills, MD, FRACP**

Pediatric Respiratory and Sleep Physician  
Children's Health Queensland, Australia  
PhD Candidate "Pediatric Bronchiectasis" the University of Queensland, Australia  
Respirology Fellow IWK Hospital Halifax NS under Dalhousie University Scholarship July 2023 - June 2024

### **Kathleen Singh, MD,**

Assistant Professor  
Department of Psychiatry  
Dalhousie University

### **Chelcie Soroka, MD, FRCPC**

Child & Adolescent Psychiatrist  
Assistant Professor  
Department of Psychiatry  
Dalhousie University

### **Sanja Stanojevic, PhD**

Associate Professor  
Department of Community Health and Epidemiology  
Dalhousie University

### **Mark Walsh, MD, FRCSC, FACS**

Assistant Professor, Deputy Head  
Department of Surgery, Dalhousie University  
Surgical Lead, Donation and Liver Transplantation Program  
President, Canadian General Surgery Foundation

### **Michelle Wiepjes, MD, FRCPC**

Division of Gastroenterology and Nutrition  
Department of Pediatrics  
Dalhousie University

### **Drew Yamada, MD, FRCPC**

Pediatrician  
Halifax, NS

### **Sue Zinck, MD, FRCPC**

Assistant Dean, Student Affairs (DMNS)  
Associate Professor  
Department of Psychiatry  
Dalhousie University

## Study Credits

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Professional Development Office of Dalhousie University for up to **12** Mainpro+ credits (Friday = 6.5 hours, Saturday = 5.5 hours).

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Dalhousie University. You may claim a maximum of 12 hours (credits are automatically calculated).

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at [www.ama-assn.org/go/internationalcme](http://www.ama-assn.org/go/internationalcme).

## Conference Resources

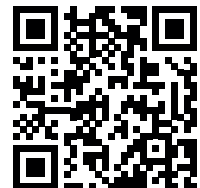
Subject to speaker permission, presentations have been posted in PDF format on the Dalhousie CPDME website for a period of six months following the conference. Attendees have received a link to these presentations via email.

## Online Evaluation

The conference evaluation will be conducted online at: <https://surveys.dal.ca/opinio/s?s=74821>

### How to complete the evaluation

- Step 1:** Visit the site above, or scan the QR code, on your mobile device.
- Step 2:** Keep the survey open as you complete the evaluations for each session you attend. Click **NEXT** on the bottom of the screen to go to the next session.
- Step 3:** At the end of each day, click **SAVE** at the bottom of the screen to save your work. **ENTER YOUR EMAIL** to get a return ticket.
- Step 4:** The next day or when you are ready to begin again, **CHECK YOUR EMAIL** for the return ticket. The email will be from Continuing Professional Development (cpd@dal.ca). **CLICK ON THE LINK** to return where you left.
- Step 5:** The last evaluation is for the overall conference. When you are completely done, click **FINISH** at the bottom of the screen.



## SAVE THE DATE

### 48th Annual Dalhousie Spring Refresher - April 19 & 20, 2024

Hybrid Event at the Halifax Convention Centre. Stay tuned for more details!