

Agenda: • Introduction • Epidemiology • Clinical Presentation • Pathological Features and Imaging • Diagnosis • Prognosis • Treatment







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Epidemiology

- 1-2% of all cancers
- 2nd most common hematological malignancy
- Higher incidence in Males
 1,4:1
- Median 65-74 years at diagnosis (only 2% are < 40 y/o)

		20	16	
	Common Types of Cancer	Estimated New Cases	Estimated Deaths	
1	Breast Cancer	246,660	40,450	
2	Lung and Bronchus	224,390	158,080	
3	Prostate Cancer	180,890	26,120	
4	Colon and Rectum Cancer	134,490	49,190	
5	Bladder Cancer	76,960	16,390	
6	Melanoma of the Skin	76,380	10,130	
7	Non-Hodgkin Lymphoma	72,580	20,150	
8	Thyroid Cancer	64,300	1,980	
9	Kidney/Renal Pelvis Cancer	62,700	14,240	of all new cancer
10	Leukemia	60,140	24,400	cases in the US
14	Mveloma	30.330	12.650	

CA Cancer J Clin. 2024;74(1):12. Epub 2024 Jan 17. Mayo Clin Proc. 2003;78(1):21. Leuk Lymphoma. 1998;30(5-6):493.





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Symptoms

A retrospective analysis of 1027 sequential patients diagnosed with MM at a single institution found the following symptoms and signs at presentation :

•Anemia – 73 percent

- Bone pain 58 percent
 Elevated creatinine 48 percent
- •Fatigue/generalized weakness 32 percent
- •Hypercalcemia 28 percent
- •Weight loss 24 percent, one-half of whom had lost ≥9 kg

paresthesia (5 percent), hepatomegaly (4 percent), splenomegaly (1 percent), lymphadenopathy (1 percent), and fever (0.7 percent).

Mayo Clin Proc. 2003;78(1):21.





Infections

- Patients with MM are at increased risk for infection due to a combination of immune dysfunction and physical factors.
- Immune dysfunction results from impaired lymphocyte function, suppression of normal plasma cell function, and hypogammaglobulinemia.
- Physical factors include hypoventilation secondary to pathologic fractures and pain involving the rib cage and spine



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Zweegman, haematologica 2014; 99(7)

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Initial Investigations

- CBC (anemia)
- Extended Lytes (calcium)
- Creatinine
- Total protein, Albumin, LDH
- Uranalysis (proteinuria)
- Skeletal Survey (lytic lesions)

If possible:

• SPEP, immunofixation, Free light chains, immunoglobulins

Investigations for diagnosis

- SPEP, immunofixation
- Free light chains
- Bone Marrow Biopsy (with FISH testing)
- Advance imaging (PET or MRI)
- 24 h urine w/UPEP
- Beta 2 macroglobulin/ LDH/Albumin































Myeloma Diagnostic Criteria



Myeloma Defining Biomarkers:

•MRI bone lesions, 2 or more (at least 5mm):

•Of the 23/149 patients with >1 MRI lytic lesion, 70% progressed at 2 years with TTP 13 months

Hillengass et al. JCO 2010. 28:1606-1610

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gression fro	m MGUS t of 1% per year	o MM
Risk factors for progression o MM	No. of Factors	20-year risk of progressio
Serum M-protein >1.5 g/dl	. 0	5%
n-IgM MGUS	1	21%
normal SFLC ratio	2	37%
26 or > 1.65	3	58%



1348 THE NEW ENGLAND JOURN	NAL OF MEDICINE				J	une 12	, 1980
SMOLDERING MULTIPLE MYELOMA	Table 1. Characteristics of Six Patients with Smoldering Multiple Myeloma.*					lering	
ROBERT A. KYLE, M.D.,	CHARACTERISTIC		PATIENT NUMBER				
AND PHILIP R. GREIPP, M.D.		1	2	3	4	5	6
	Age at diagnosis (yr)	70	73	61 M	57 E	63 F	61 E
MULTIPLE myeloma is characterized by an in-	Hemoglobin (g/dl)	м	M	M	r	r	r
crease of abnormal plasma cells in the bone	Initial Last	13.1 12.8	13.5	15.5	11.7	12.2	12.8
with esteplytic hope lesions. Its course is progressive:	Serum M protein						
with osteolytic bolie lesions. Its course is progressive.	Mobility e/dl	β-γ 34	β 3.0	36	β 3.1	30	3.6
anemia, weakness, fatigue, fractures, bone pain,	Class/subclass	G ₂ ×	G ₁ λ	GIK	G ₂ K	G ₂ K	Aλ
hypercalcemia, renal insufficiency, recurrent infec-	Urinary M protein						
tions, bleeding, and deterioration lead to death. How-	g/24 hr	0.30	λ 0.50	0.06	0.39	Nega-	A 0.06
ever, we have seen six patients with illnesses that met						tive	
the criteria for the diagnosis of multiple myeloma ¹ but	Immunoglobulins						
have not had a progressive course. Although no	(mg/ml) lgG	65	25	65	27	23	5
chemotherapy was given, their condition has re-	lgA	0.32	0.35	0.9	1.7	0.75	26.6
mained stable for five or more years. We designate	IgM	0.00	0.23	0.4	0.5	0.67	0.29
these cases as "smoldering multiple myeloma," We	(per cent)	16	17	17		15	10
wish to call attention to this group because smolder-	Labeling index (per cent)	0.0	0.0	0.0	0.0	0.0	0.0
ing multiple myeloma should be recognized, and treatment withheld.	Asynchrony Myeloma 0.47±0.33 † MGUS ± 0.05±0.10 †	0.4	0.0	0.0	0.1	0.1	0.7
	Nucleolar size (μm) Myeloma 1.6±0.76 † MGUS ± 0.47±0.44 ±	1.4	1.2	0.5	0.7	0.8	1.1
	Follow-up (vr)	16	5	5	6	5	5

Progr	ession fror	n Smolde	ering Myeloma		
	Risk of Smoldering M 10% per year for t 3% per year for th then 1-2% per year	lyeloma progressing he first 5 years, e next 5 years, ar	to MM with end organ damage is:		
	Kyle et al NEJM 2007 356:2582				
No. of risk factors	Patients, n (%)	Progression at 5 years	*N = $273^{53.54}$. Risk factors: (1) BMPCs >10%; (2) M-protein >3 g/L; and (3) FLC ratio <0.125 or >8.		
Mayo Clinic criteria*			$N = 89^{-7}$. Hisk factors: (1) $\geq 95\%$ abnormal plasma cells, including decreased CD38 expression, expression of CD56, and absence of CD19 and/or CD45; and (2)		
1	76 (28)	25%	immunoparesis.		
	115 (42)	51%			
2		76%			
2 3	82 (30)				
2 3 PETHEMA criteria**	82 (30)				
2 3 PETHEMA criteria** 0	82 (30) 28 (31)	4%	Ghobrial and Landgren Blood 2014		
2 3 PETHEMA criteria** 0 1	82 (30) 28 (31) 22 (25)	4% 46%	Ghobrial and Landgren Blood 2014		

Staging

ISS staging

- I B2M <3.5 , albumin > 35
- Il neither I or III
- III B2M > 5.5

R-ISS staging

- I B2M <3.5, albumin > 35 and standard risk cytogenetics and normal LDH
- Il neither I or III
- III B2M > 5.5 and high-risk ISS, high LDH







Treatment options Proteosome inhibitors (PI): Bortezomib, Ixazomib, Carfilzomib Immunomodulators (IMIDs): Lenalidomide, Pomalidomide CD38 Antibodies: Daratumumab, Isatuximab Bispecific: Elranatamab, Teclistamab * CAR-T cells : Cilta-cel, Ida-cel ** Other: Cyclophosphamide, Dexamethasone, Selinexor *Access thru compassionate supply ** No Access but HC approved





Eur J Haematol. 2019 Sep;103(3):247-254









2 nd Line options										
PI Based Regimens										
	DVd- CASTOR ₍₁₎	KCd- MCR003 ₍₂₎	KdD- Candor ₍₃₎	IsKd- IKEMA ₍₄₎	Kd-Endeavor ₍₅₎					
Study phase	3	2	3	3	3					
Median prior lines	2	1-2	2	2	2					
ORR in Len-Ref (%)	81	83.6 (<i>exposed</i>)	77	87*	Not reported (NR)					
Median PFS, mo.	16.7	17.0	28.6	Not reached (NYR)	18.7					
Len-Ref	9.3	Not reported (NR)	28.1	Not reached (NYR)	8.6					

1.- Haematologica. 2018;103(12): 2079-2087.

2.- Am J Hematol. 2021;96:552–560.

3.- Lancet Oncol 2022; 23: 65–76 4.- Lancet 2021; 397: 2361–71

4.- Lancet 2021; 397: 2361–71 5.- Leukemia. 2017;31(1):115-122.

	PCd ₍₁₎	PVd- OPTIMISMM ₍₂₎	DPd- APOLLO ₍₃₎	IPd- ICARIA MM ₍₄₎
Study phase	2	3	3	3
Median prior lines	3	2	2	3
ORR in Len-Ref (%)	Not reported	Not reported	76.2	Not reported
Median PFS, mo. Len-Ref	7.3 Not reported	11.0 9.5 (17.8*)	12.4 9.9	11.5± Not reported
*Refractory to lenalidomide in f ± 94% of patients where refract	irst line therapy ory to lenalidomide			

DITA1

3rd Line options



DITA1 De la Torre, Alfredo, 2022-02-18

		. ~.op	CCII	ic antibody studies
Product	n	ORR	CR	Comment
CC-93269	30	43%	17%	89%/44% at 10mg dose (n=9) dual BCMA binding sites Weekly IV x 12, q 2wks x 6, then q 4 weeks
Teclistamab	149	n/a	n/a	68%/24% at 720-1500mcg/kg SC doses (n=37) Weekly SC dosing
AMG701	85	26%	10%	83%/17% at 18 mg doses (n=6) Weekly IV
REGN5458	49	39%	16%	63/0% at 96mh dose (n=8)/ Weekly IV x 16 then q2wks
TNB-383B	58	47%	14%	80/13% at 40-60mg doses (n=15) dual BCMA binding sites. IV q3wks dosing
Elranatamab	30	53%	20%	80/30% at 215-1000mcg/kg doses (n=20) weekly SC dosing
	ProductCC-93269TeclistamabAMG701REGN5458TNB-383BElranatamab	Product n CC-93269 30 Teclistamab 149 AMG701 85 REGN5458 49 TNB-383B 58 Elranatamab 30	Product n ORR CC-93269 30 43% Teclistamab 149 n/a AMG701 85 26% REGN5458 49 39% TNB-383B 58 47% Elranatamab 30 53%	Product n ORR CR CC-93269 30 43% 17% Teclistamab 149 n/a n/a AMG701 85 26% 10% REGN5458 49 39% 16% TNB-383B 58 47% 14% Elranatamab 30 53% 20%

Usmani. ASCO 2020. Abstr 100. Sebag M, ASH 2021. Abstract 895







