

## Clinical Humanities Elective

### Off the Charts: Narrative and Book Arts for Clinical Communication

Online | 6:30–8:00 pm | November 12, 19, 26 & December 3

#### Overview

*Off the Charts* is a four-week online interactive elective designed for healthcare learners and professionals across disciplines. Through poetic and theatrical prompts combined with material arts, this workshop explores narrative medicine and embodied bookmaking practices to enhance reflective capacity and deepen patient-provider communication beyond the medical chart.

Participants will engage with patient experiences that often remain unspoken in clinical encounters—yet profoundly impact outcomes, adherence, and well-being. The fusion of text and sculptural book-objects offers creative, inter-subjective modes of expression that go far beyond standard history-taking.

#### Facilitators

Darian Goldin Stahl, PhD MFA

Interdisciplinary printmaker, bookmaker, and health humanities scholar. Founder of Embodied Books, a bookmaking enterprise empowering healthcare workers and patients to create handmade books based on lived medical experiences.

Paula Holmes-Rodman, PhD

Interpretive anthropologist and narrative medicine practitioner specializing in oncology and palliative care. Her work emphasizes relationality, co-authorship, and the transformative power of story—especially where disability, neurodiversity, and life-limiting illness intersect.

#### Details & Registration

- Maximum 16 participants
- Spots are filling quickly
- To confirm your place, contact Ana Bela Sardinha [AnaBela.Sardinha@dal.ca](mailto:AnaBela.Sardinha@dal.ca)