



New Brunswick Travel Update

September 22, 2021

Dear Medical Learners and Faculty,

This note provides an update on the New Brunswick (NB) travel registration program. Given the recent increase in the number of COVID-19 cases confirmed in the Maritime Provinces, the government in New Brunswick has introduced new travel restrictions.

Medical learners entering New Brunswick after midnight on September 22, 2021 must follow the guidelines below:

Fully Vaccinated Learners

1. Must register prior to travel at GNB.CA/TRAVELREGISTRATION
2. Proof of vaccination must be presented at the NB border
3. Learners travelling from Nova Scotia, PEI or Newfoundland & Labrador (Atlantic Bubble) into NB do not need to isolate.
4. Learners travelling from provinces in the Atlantic Bubble into NB do not require COVID-19 testing.
5. Learners travelling into NB from outside of the Atlantic Bubble do not need to isolate.
6. Learners travelling into NB from outside of the Atlantic Bubble must arrange a COVID-19 swab on day 10. Please contact Dawn Lynch at dawn.lynch@horizonnb.ca at least one week prior to arrival.

Unvaccinated or Partially Vaccinated Learners

1. Must register prior to travel at GNB.CA/TRAVELREGISTRATION
2. Proof of vaccination must be presented at the NB border
3. Medical learners who have **received only one dose** of the COVID-19 vaccine must complete a 14-day modified work isolation period. They must complete COVID-19 swabs three times per week after entering the province.
4. Unvaccinated medical learners must self-isolate for 14 days prior to starting their rotation.
5. Upon starting the rotation, unvaccinated medical learners must undergo three times per week COVID-19 testing as per HHN policy.
6. Please contact dawn.lynch@horizonnb.ca regarding scheduling of COVID-19 testing.

Vacation Travel

1. Medical learners who plan travel outside of the Atlantic Bubble prior to or during their rotation in New Brunswick are asked to contact the HHN Medical Education office at dawn.lynch@horizonnb.ca. This is required to discuss travel destination, possible isolation requirements and/or COVID-19 testing.
2. Please see the attached chart that summarizes HHN travel guidelines.

As the 4th wave of the COVID-19 pandemic spreads across the country we must continue to remain vigilant in following these public health guidelines. Medical learners must continue to wear medical-grade masks while working in Horizon facilities. Thank for your continued work to keep patients, families and employees safe.

Sincerely,
Erica Holloway, MD, FRCSC
Regional Director, Medical Education Horizon Health
Dr.ericaholloway@horizonnb.ca

Travel Guidelines for Health Care Workers

Travel Destination	Fully vaccinated	1 st dose of vaccine or less than 2 weeks since 2 nd dose	No vaccines or refuses testing
Atlantic Provinces	<ul style="list-style-type: none"> Self monitor. 	<ul style="list-style-type: none"> Self monitor. 	<ul style="list-style-type: none"> Self monitor.
Quebec	<ul style="list-style-type: none"> Self monitor 	<ul style="list-style-type: none"> Remain out of workplace for 10 days with negative testing prior to return. Follow Work Isolation Guidelines Day 11-14. 	<ul style="list-style-type: none"> Remain out of the workplace for 14 days.
Western Canada Starting in Ontario	<ul style="list-style-type: none"> Sentinel swab Day 10 Continue to work Self monitor. 	<ul style="list-style-type: none"> Remain out of workplace for 10 days with negative testing prior to return. Follow Work Isolation Guidelines Day 11-14. 	<ul style="list-style-type: none"> Remain out of the workplace for 14 days.
Outside of Canada	<ul style="list-style-type: none"> Day 1 testing done as per federal requirements followed by sentinel testing Day 5 and 10 as applicable. <i>If not immediate return to the workplace, testing done 24 hours prior to first return date to workplace and subsequent testing as required by Horizon protocol.</i> 	<ul style="list-style-type: none"> Day 1 testing done as per Federal requirements. Remain out of the workplace for 10 days with negative testing prior to return. Follow Work Isolation Guidelines. 	<ul style="list-style-type: none"> Remain out of the workplace for 14 days.

Employee Health: 1-833-978-2580

- Atlantic Provinces – no restrictions
- Quebec – no restrictions for fully vaccinated HCW's, others follow restrictions of the rest of Canada
- Western Canada beginning in Ontario:
 - Must provide Employee Health with documentation of vaccine status
 - Agree to testing upon return to the workplace with notification to Employee Health regarding tests
 - Health care workers are responsible to book their own swab – [COVID-19 Testing and Tracing \(gnc.ca\)](https://gnc.ca/covid-19-testing-and-tracing)
- Outside of Canada:
 - Health care worker must have approval from manager
 - Must have applied for ArriveCan travel registration
 - Must provide Employee Health with documentation of vaccine status
 - Agree to testing upon return to the workplace with notification to Employee Health regarding tests
 - Health care workers are responsible to book their own swabs – [COVID-19 Testing and Tracing \(gnc.ca\)](https://gnc.ca/covid-19-testing-and-tracing)