

Hearing Handicap Inventory

Instructions: The purpose of this questionnaire is to identify the problems your hearing loss may be causing you. Answer "YES", "SOMETIMES" or "NO" for each question. Do not skip any questions. To obtain a total score, add up the YES (4 points), SOMETIMES (2 points), and NO (0 point). If your total score is greater than 10, we recommend that you make an appointment with an audiologist for a hearing test. Hearing tests can be arranged at the [Dalhousie Audiology Clinic](#) or at the [Nova Scotia Hearing and Speech Centres](#).

	YES (4 points)	SOMETIMES (2 points)	NO (0 point)
Does a hearing problem cause you to feel embarrassed when meeting new people?			
Does a hearing problem cause you to feel frustrated when talking to members of your family?			
Do you have difficulty hearing when someone speaks in a whisper?			
Do you feel handicapped by a hearing problem?			
Does a hearing problem cause you difficulty when visiting friends, relatives, or neighbours?			
Does a hearing problem cause you to attend religious services less often than you would like?			
Does a hearing problem cause you to have arguments with family members?			
Does a hearing problem cause you difficulty when listening to the TV or radio?			
Do you feel that any difficulty with your hearing limits or hampers your personal or social life?			
Does a hearing problem cause you difficulty with in a restaurant with relatives or friends?			

SCORE: _____ (add the points for each question)

If your score is **greater than 10**, contact an audiologist to make an appointment for a hearing test.