



MEET OUR MENTORS



Tara Pride (she/her) tarapride@dal.ca 902-789-3277

I'm of Mi'kmaw/settler ancestry and a graduate of Dal's OT program in 2019. I'm currently a 4th year PhD candidate exploring the experiences of Indigenous Occupational Therapists in Canada while also working as an Occupational Therapist with The Classic Therapy Group. I've worked in Indigenous mentorship for 4 years as the Coordinator of the Atlantic Indigenous Mentorship Network and am excited to bring these skills into the School of Occupational Therapy!



Stephanie Bizzeth (she/her) stephanie.bizzeth@dal.ca 902-802-6914

I graduated from Dalhousie's School of Occupational Therapy in 2017. I am currently working in the community as a Clinical Therapist with Nova Scotia Health. I am a lover of yoga, reading, travel, and carbohydrates. My hope as a mentor is to provide a space to talk situations through and help empower you to make the best decisions in your education and future occupational therapy pursuits.



Chris McWilliam (he/him) cmcwilliam@dal.ca 902-809-6894

I grew up in Colliers, Nfld, the youngest of 6 children. I completed my Bachelor of Kinesiology degree at Acadia University and my OT degree at Dal. I live in Halifax with my husband of 19 years, Mark and our 2 rescued cats, Jimmy and Bobby. I am an advocate for mental health and addictions support and, the importance of integrating family-centred-care into clinical practice. As a mentor, I hope to offer a safe, welcoming, and supportive space for 2SLGBTQ+ students as they complete the rigorous Occupational Therapy program.



Jaime Blenus (she/her) jblenus@dal.ca 902-277-1378

I have been a Clinical Occupational Therapist and Recreation Therapist with Cerebral Palsy and a non-verbal learning disability, working as a clinician for over 16 years. Currently, I am a 1st year, PhD Health student and work at the IWK as a Clinical Occupational Therapist with CMHA. As a clinician and student with a disability, I have seen and experienced the challenges people with disabilities face day to day. This provides me with a unique outlook as a mentor to help students navigate academic, institutional, and societal barriers - some of the same challenges I face. I have learned hope and possibility are very powerful tools, critical in navigating the challenges in post-secondary education and professional employment. As a mentor, I hope to enable students to have a voice to advocate for their needs/ accommodations while feeling safe and heard doing so.