

Mentee Best practice

- Think of your mentor as a “learning facilitator” rather than the person with all the answers.
- Be open to using a variety of resources and discuss your findings with your mentor.
- Seek discussion and input rather than advice.
- Look to your mentor to help you think more broadly and deeply.
- Apply the knowledge shared with you and discuss its application.
- Be open to your mentor’s efforts to help you see alternative interpretations as well as approaches to decisions and actions.
- Remember that you are responsible for your growth. If your mentor’s style leans toward managing the relationship and directing your development, speak up diplomatically and maintain control.
- Be receptive to receiving constructive feedback.
- Ask your mentor to share with you successful strategies and resources he or she, has used in the past that could apply to the challenges you face.
- Enjoy the mentoring experience. Know that the energy you invest will likely significantly impact your development. Your mentor will also grow from the experience.