

# 1     **Structural Behavior of Sandwich Beams with Flax Fiber-Reinforced Polymer**

## 2             **Faces and Cardboard Cores under Monotonic and Impact Loads**

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4     **ABSTRACT:** To meet the ever-increasing demand for more environmentally conscious building  
5     designs, it is important that there are sustainable building material options available. Natural and  
6     recycled materials can be used in sandwich panels to reduce their environmental footprint. In this  
7     study, twelve sandwich beams constructed with flax fiber-reinforced polymer (FFRP) faces and  
8     recycled corrugated cardboard cores were studied experimentally under monotonic and impact  
9     loading. Each sandwich beam was 1200 mm long, 150 mm wide and was constructed of two-layer  
10    FFRP faces and a 75 mm thick corrugated cardboard core. Six specimens were prepared using a plain  
11    cardboard core and six with a waxed cardboard core. Two separate test methods were employed in  
12    this study: a three-point bending test and a drop weight impact test. Three specimens of each type  
13    with a span length of 1120 mm of each type were tested under monotonic load. The load was applied  
14    through a 150 mm wide steel hollow structural section (HSS) and was measured with a 250 kN load  
15    cell. The midspan deflection was measured with a string potentiometer and the strains in the top and

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16 bottom faces at midspan were measured using strain gauges. The monotonic test data was recorded  
17 at a rate of 10 Hz. Three specimens of each type were tested under a drop weight impact load. The  
18 drop weight was applied to the midspan. To match the monotonic tests, the drop weight was affixed  
19 with a 150 mm HSS section loading surface. The midspan displacement was measured with a fast-  
20 action string potentiometer and the midspan face strains were measured using strain gauges. The  
21 impact data was recorded at a rate of 25 kHz. Additionally, a high-speed video (500 frames per  
22 second) was taken of each impact test. The residual monotonic flexural behavior after impact was  
23 also investigated for specimens that survived the impact testing (that is, they were additionally tested  
24 under monotonic three-point bending). The results of the tests were compared with the results of  
25 similar tests on sandwich beams with conventional petroleum-based foam cores and showed that the  
26 cardboard core beams behaved similarly to the foam core beams. It was determined that core  
27 manufacturing and specimen preparation had a significant effect on the overall specimen behavior  
28 and potentially caused premature failure in some of the tests. The residual monotonic tests of  
29 specimens after impact showed that there was no significant reduction in specimen strength or  
30 stiffness after an impact event. Existing models used for predicting the behavior of foam-core FFRP-  
31 sandwich beams were used to predict the behavior of the cardboard specimens tested in this study.

32 **KEYWORDS:** Sandwich Structures, Natural Materials, Flax, Cardboard, Sustainable Infrastructure

### 33 **INTRODUCTION**

34 With climate change being one of the major issues faced by society, it is important that new  
35 infrastructure is designed with environmental consciousness in mind. The use of natural materials,  
36 such as plant fibers in natural fiber-reinforced polymer (FRP) composites, is one method of increasing  
37 the environmental sustainability of building structures (Bensadoun et al. 2016; Christian and

38 Billington 2011; Mak et al. 2015). Flax-FRP (FFRP) composites have gained popularity due to their  
39 comparatively high strength and stiffness (Ramesh et al. 2017) and the commercial availability of flax  
40 fabrics. To further increase the environmental sustainability of FFRPs, they can be fabricated using  
41 thermoset resins with high bio-contents (Betts et al. 2018b; Mak et al. 2015). While flax fibers have  
42 been shown to be weaker than traditional synthetic fibers, such as glass or carbon, they are  
43 biodegradable have a comparable modulus-weight ratio when compared to E-glass fibers (Mallick  
44 2007). They also have a lower embodied energy and can be used in situations where the high strength  
45 of the synthetic FRPs have been shown to be underutilized, such as in sandwich panels where the  
46 strength of the core material often governs. (Betts et al. 2018b; Codyre et al. 2016; Mak et al. 2015).

47 Sandwich structures are used when a relatively high strength and stiffness and light weight  
48 are required, such as building envelopes (Allen 1969; Fam and Sharaf 2010; Nguyen et al. 2005;  
49 Sharaf et al. 2010; Torre and Kenny 2000; Triantafillou and Gibson 1987). Sandwich structures have  
50 also been used in applications such as for floor slabs (Ferdous et al. 2019; Zhu et al. 2018), structural  
51 beams (Ferdous et al. 2018a) and railway sleepers or ties (Ferdous et al. 2018b). Sandwich structures  
52 typically have two main elements: the structural faces and the lightweight core. The core is used to  
53 resist shear forces and to separate the two faces to provide a large moment of inertia to resist flexural  
54 loading. For applications where high insulative properties are required, synthetic materials such as  
55 foam are used for the core; but when insulation is not a requirement, researchers have used natural  
56 core materials, such as cork (Boria et al. 2018; Sadeghian et al. 2018), or recycled materials, such as  
57 corrugated cardboard (Betts et al. 2019; McCracken and Sadeghian 2018; Pflug et al. 2000, 2002).

58 In Canada, nearly 100% of new cardboard is made from recycled materials and it is 100%  
59 biodegradable (McCracken and Sadeghian 2018; Paper & Paperboard Packaging Environmental  
60 Council 2017) making it an environmentally sustainable alternative for the traditional synthetic core

61 materials. Because of its environmental sustainability, corrugated cardboard has been investigated for  
62 use in temperature and sound attenuation applications (Asdrubali et al. 2016; Secchi et al. 2016) as  
63 well as structural applications in small buildings (El Damatty et al. 2000) and concrete slabs (Fraile-  
64 Garcia et al. 2019). One obvious potential limitation for the use of corrugated cardboard as a core  
65 material is its susceptibility to moisture absorption which can lead to reduced capacity and permanent  
66 damage. In situations where cardboard could be exposed to high amounts of moisture, cardboard  
67 manufacturers protect the cardboard by applying a layer of wax after manufacturing. There is the  
68 potential to use this waxed cardboard as cores for sandwich panels where there is increased risk to  
69 moisture exposure. Another limitation is the low fire resistance of these structures. However, even  
70 with this limitation, these structures are potentially suitable for use as non-fire rated wall partitions in  
71 buildings due to their light weight, environmental-friendliness and aesthetic appeal.

72 Another potential application for these sandwich structures is non-load bearing building  
73 enclosures or cladding systems. These enclosure systems are primarily loaded in the lateral direction  
74 due to wind and air pressure and therefore it is important to understand their flexural behaviour. For  
75 this reason, sandwich structures have been examined under flexural loads (Codyre et al. 2016;  
76 Ferdous et al. 2018a; Manalo et al. 2016; Petras and Sutcliffe 1999; Sadeghian et al. 2018; Sharaf and  
77 Fam 2012; Vitale et al. 2017). Additionally, during storm events, building exteriors can be subject to  
78 impact loads from flying debris during storm events. Therefore, it is also important to understand the  
79 impact behavior of the panels and the residual properties after an impact event and as such sandwich  
80 structures have been studied extensively under impact loads (Anderson and Madenci 2000; Atas and  
81 Potoglu 2016; Betts et al. 2018a; Chai and Zhu 2011; Plagianakos and Papadopoulos 2014; Schubel  
82 et al. 2005; Torre and Kenny 2000; Zhu and Chai 2013) and air blast loads (Andrews and Moussa  
83 2009) .

84           The currently available research on sandwich panels with cardboard cores has focused on  
85 small-scale specimens with plain cardboard cores under static loads (McCracken and Sadeghian 2018;  
86 Pflug et al. 2000, 2002). There remains a gap in the research on the performance of large-scale  
87 sandwich beams with FFRP faces and natural or recycled cores under static loads and especially on  
88 their behavior under impact loads. It is important to understand the behavior of large-scale panels as  
89 they more accurately represent the behavior of actual structures. Large scale tests also remove the  
90 potential for size effects to influence the test results, especially under impact loads. In the current  
91 study, large-scale sandwich beams constructed with plain and waxed corrugated cardboard cores and  
92 FFRP faces were fabricated and tested under monotonic, impact and post-impact residual monotonic  
93 loads. The aim of the current study is to show that these panels have the required strength and impact  
94 resistance to act as wall partitions in buildings. Additionally, through the use of the waxed cardboard  
95 cores with higher resistance to moisture absorption, these panels also have potential for use in  
96 applications with more exposure to moisture, such as in building cladding systems. Finally, an  
97 existing model developed for similar large-scale sandwich beams with FFRP faces and foam cores  
98 was used to accurately predict the monotonic behavior of the beams in the current study.

## 99 **RESEARCH SIGNIFICANCE**

100 As the effects of climate change become increasingly evident, it is important that engineers and  
101 designers consider the environmental impact of new infrastructure designs. This research provides  
102 new information to the field of sustainable infrastructure design through the testing and analysis of  
103 building materials comprised of natural and recyclable materials. The use of natural materials, such  
104 as flax fibers, for the construction of sandwich structures with foam cores has been studied in the  
105 recent past (Betts et al. 2018b; Codyre et al. 2016; Mak et al. 2015; Mak and Fam 2019; Sadeghian  
106 et al. 2018). To further increase the sustainability of these structures, the current study is examining a

107 more sustainable alternative for the core material in the form of corrugated cardboard, which is both  
108 recyclable and biodegradable. While the potential limitations of using cardboard as a core material  
109 are recognized, there are applications for sandwich structures with these cores, especially as non-fire-  
110 rated wall partitions. The aim of this study is to provide test data and analysis methods for the use of  
111 biodegradable sandwich panels for use in environmentally sustainable structural and architectural  
112 design of buildings. These panels could especially be used as part of new environmentally sustainable  
113 structures and innovative construction projects. This paper presents the test data of these sandwich  
114 panels under monotonic loads and impact loads and shows that they can be accurately analysed using  
115 a simplified procedure which makes structural and architectural design using these structures feasible.

## 116 **EXPERIMENTAL PROGRAM**

117 In this section, the experimental program is discussed. First, the test matrix is presented, and the  
118 naming convention is explained. The materials used are described and the specimen fabrication  
119 procedure is discussed at length. Finally, the test set-ups and procedures are presented.

### 120 **Test Matrix**

121 Twelve sandwich beams with cardboard cores and FFRP faces were tested: six specimens with plain  
122 cardboard cores and six with waxed cardboard cores. Each specimen was 1200 mm long, 150 mm  
123 wide and approximately 80 mm thick. The specimens were constructed of two-layer FFRP faces and  
124 75 mm thick corrugated cardboard cores. Three specimens of each type were tested under monotonic  
125 three-point bending and three of each type were tested under a drop weight impact at midspan. The  
126 monotonic tests were performed first, and the first drop height of the impact tests was based on the  
127 results of the static tests. The naming convention for the specimens was as follows: [P/W]C-[S/D]-X,  
128 where P is plain, W is waxed, S is static, D is dynamic, and X is a sequential number used to  
129 distinguish identical specimens. The test matrix is presented in Table 1.

130 **Materials**

131 The FFRP faces were fabricated using a bio-based epoxy resin and a balanced bidirectional flax fabric.  
132 The resin matrix was bisphenol A epoxy with a reported tensile strength and modulus of 53.2 MPa  
133 and 2.65 GPa, respectively and a compressive strength of 77.9 MPa (Entropy Resins 2013a, 2015).  
134 This resin was used for the fabrication of the FFRPs as well as the connection between the faces and  
135 core. It should be noted that the reported strength and modulus are based on using the epoxy matrix  
136 with a fast-setting hardener (Entropy Resins 2013a). For the current project, a longer pot life was  
137 required and therefore a slow-setting cycloaliphatic polyamine hardener was used (Entropy Resins  
138 2013b). Therefore, to understand of the constitutive behavior of the FFRP matrix material the epoxy-  
139 hardener combination used in this study was tested under uniaxial tension. The tensile strength and  
140 modulus of the epoxy mixed with the slow-setting hardener were tested and measured to be 57.9 MPa  
141 and 3.20 GPa, respectively (Betts et al. 2018b). The flax fabric used was a balanced bidirectional 2x2  
142 twill fabric with a reported areal mass of 400 g/m<sup>2</sup>, which was measured to be 410 g/m<sup>2</sup>.

143 The properties of the FFRPs used in this study were investigated previously by Betts et al  
144 (Betts et al. 2018b). The tensile strength, modulus and elongation of the FFRP faces were found to be  
145 45.4 MPa, 7.51 GPa and 0.0083 mm/mm, respectively. Betts et al (2018b) used a novel test method  
146 to determine the properties of the FFRPs in compression. The compressive modulus was found to be  
147 6.73 GPa and ultimate strength and corresponding strain were found to be 86.4 MPa and 0.0327  
148 mm/mm, respectively.

149 Two types of cardboard were supplied by a local manufacturer for this study: plain corrugated  
150 cardboard and waxed corrugated cardboard. For each type of cardboard, ten random samples were  
151 selected, and their properties measured. The plain cardboard strips used had an average thickness of

152 4.1 mm and an average density of 127 kg/m<sup>3</sup>. The waxed cardboard strips used had an average  
153 thickness of 4.1 mm and an average density of 166 kg/m<sup>3</sup>.

#### 154 **Specimen Fabrication**

155 To construct the sandwich beams, the first step was the manufacturing of the core. Each plain  
156 cardboard core was created by adhering multiple strips of cardboard together, as shown in Figure 1,  
157 to achieve the required specimen width. The strips were provided by the cardboard manufacturer and  
158 adhered using the same glue used in the manufacturing of the cardboard. As shown in Figure 1a, two  
159 rails were fastened to a worktable at right angles. The first strip of plain cardboard was placed firmly  
160 against each rail by hand. For each subsequent strip, a small amount of glue was applied before  
161 placement next to the previous strip as show in Figure 1b. The fabrication of the waxed cores was  
162 altered slightly because the glue did not cure as quickly, which allowed it to migrate downwards  
163 before curing. Therefore, the waxed strips were stacked vertically as opposed to horizontally. That is,  
164 that the first strip of waxed cardboard was placed flat on the table surface and glue was applied to the  
165 top face. Each subsequent strip was then placed on top of the previous strip.

166 After all cardboard strips were placed (i.e. such that the overall width was 150 mm), weights  
167 were placed against the core and glue while allowed to cure. This is shown in Figure 1c. Once the  
168 glue had cured, the top and bottom surfaces of the cardboard cores were sanded to create a flat surface  
169 for applying the FFRP faces as shown in Figure 1d. As will be discussed further in the results section  
170 of this paper, this part of the fabrication procedure is vital to ensure a secure bond between the core  
171 and faces. The densities of the plain cardboard cores and waxed cardboard cores were 136 kg/m<sup>3</sup> and  
172 174 kg/m<sup>3</sup> respectively.

173 The faces were made using a wet lay-up procedure. First, a layer of parchment paper was  
174 placed on a flat work surface. Once the work surface was prepared, the bio-based epoxy was mixed



175 with slow-set hardener. A layer of the mixed epoxy was applied to the parchment paper to cover the  
176 area of the flax fabric, which was 600 mm wide and 1200 mm long, and a layer of flax fabric was  
177 placed on the wetted section of parchment paper. A plastic scraper was then used to push out any air  
178 from under the placed section of flax fabric. This was done by pushing the plastic scraper  
179 longitudinally along fabric in one direction, which also worked to soak the fabric in resin layer below.  
180 Then, a second layer of epoxy was applied to the surface of the flax fabric and another layer of flax  
181 fabric was placed and smoothed with a plastic scraper as described above. The surface of the fabric  
182 was then wetted with another layer of epoxy and three cardboard cores were placed on the wetted  
183 surface as shown in Figure 1e. The face was allowed to cure at room temperature for seven days at  
184 which point the entire procedure was completed again for the second face. It should be noted that the  
185 curing took place in a ventilated air-conditioned room. Once the second face was cured, the specimens  
186 were cut out using a band saw and all cut edges were sanded smooth.

### 187 **Test Setup and Instrumentation**

188 As a part of this study, two types of tests were performed: static tests and impact tests. For both tests,  
189 the load/impact was applied at the midspan through a 150 mm wide loading surface made from a steel  
190 hollow structural section (HSS) to mitigate the local failure mechanisms, such as indentation. The  
191 specimens were instrumented with strain gauges on the top and bottom faces at midspan as well as a  
192 connection point for a string potentiometer on the bottom face at midspan. For both tests, the same  
193 fast-action string potentiometer was used.

### 194 ***Monotonic Tests***

195 The procedure for ASTM D790 (ASTM 2017) was adopted for these tests, with some changes, such  
196 as the width and shape of the loading surface. All details for the tests are shown in the three-point  
197 bending test set-up presented in Figure 2. Both supports were roller type supports. The test frame used

198 was bolted to a concrete strong floor. An actuator with a load cell attached applied load to the  
199 specimen through a 150 mm wide HSS. All data was sampled at a rate of 10 Hz.

### 200 *Impact Tests*

201 The impact test set-up is presented in Figure 3. In order to directly compare the impact tests with the  
202 monotonic tests and to observe the one-way bending during impact of the panels, almost the same test  
203 set-up was used as in the monotonic tests. For the design of the drop weight frame and test, ASTM  
204 D7136 (ASTM 2005) was adopted where applicable. A 10.4 kg weight was used to impact the  
205 specimens at midspan in a self reaction test frame. The first drop height was determined based on the  
206 average energy that caused failure in monotonic tests of all specimens. Then, based on the  
207 performance of the first drop test, the subsequent drop heights were selected. This will be discussed  
208 in detail in the results section of this paper. As shown in Figure 3, each sandwich beam was simply  
209 supported by one pin-type support and one roller support. At both supports, an upper fixture was used  
210 to stop specimens from lifting off supports after impact. An accelerometer was attached to the drop  
211 weight. All data was sampled at a rate of 25 kHz. A 25 mm diameter hole was cut into the center of  
212 HSS impact surface to ensure that the top face strain gauge was not damaged during the impact.

## 213 **RESULTS AND DISCUSSIONS**

214 In this section the experimental and analytical results are discussed. The behavior of the specimens  
215 under monotonic three-point bending are presented and the effect of waxing the core is examined.  
216 Then, the use of design-oriented model developed by Betts et al. (2018b) for sandwich panels with  
217 foam cores is used to examine its applicability to predict the behavior of cardboard core FFRP-  
218 sandwich beams. The behavior of the specimens under a single impact event is presented and  
219 discussed. After the impact event the specimens were tested to determine their post-impact residual

220 strength. The results of these tests are presented and compared to the results of the monotonic test  
221 results of the intact specimens.

### 222 **Monotonic Behavior**

223 The results of the monotonic three-point bending tests are presented in Table 2 and a photo of the  
224 failed specimens is presented in Figure 4. As shown in Table 2 there is a high variance in the  
225 maximum loads sustained by identical sandwich beam specimens. The maximum load results of the  
226 plain core specimens and waxed core specimens had coefficient of variation (CV) of 22% and 47%,  
227 respectively. The load capacity was greatly affected by the strength of the connection between the  
228 faces and core, specifically on the compression face. This was evidenced by the failure modes  
229 observed during the tests.

### 230 ***Failure Modes***

231 Figure 4 shows each specimen after testing and the failure of each specimen. All statically tested  
232 specimens failed by compression face wrinkling save 2FL-WC-S-3 which failed due to core shear.  
233 As shown in Table 2, this specimen exhibited the highest peak load. This indicates that if the  
234 connection between the face and core could be improved, the failure load could be increased for  
235 specimens that failed in compression wrinkling. The compression wrinkling could be considered as a  
236 premature failure of these specimens and highlights the importance of the connection between the  
237 face and core. The authors believe that the separation between the compression face and the core was  
238 due to an increase of tensile stresses between the two layers as the compression face buckles away  
239 from the core. To resist this compression face wrinkling there needs to be enough surface area between  
240 the face and core to withstand the tensile stresses developed at the interface. Therefore, in future  
241 studies, additional measures should be implemented to improve the interface between the core and

242 faces, such as: the use of a plane to flatten the surface of the cardboard cores and the use of a veil to  
243 provide more area for the adhesive between the face and the core.

#### 244 ***Load-Deflection Behavior***

245 Figure 5a shows the load-deflection results of the static tests. From the plot, it can be seen that the  
246 specimens exhibited a nonlinear load-deflection behavior before ultimate failure. Table 2 shows the  
247 results of the tests. Note that the specific strength of the beams was calculated by dividing the ultimate  
248 load by the specimen mass within the span length. The stiffnesses shown in Table 2 were calculated  
249 by applying a linear fit of the data between a load of 0 kN and 1.5 kN, which is within the first linear  
250 portion of all tested specimens, as seen in Figure 5a. Table 2 shows that the average stiffness of the  
251 WC specimens is  $361.2 \pm 25.8$  N/mm, which is 41% higher than the PC specimens which have an  
252 average stiffness of  $256.9 \pm 18.2$  N/mm. However, due to the high variability of the data, there was  
253 no significant difference in the peak loads or specific strengths sustained by specimens with different  
254 core types.

#### 255 ***Moment-Curvature Behavior***

256 Figure 5b shows the moment-curvature behavior of the static tests. All specimens exhibited a  
257 nonlinear moment-curvature relationship. By examining the plot and the results presented in Table 2,  
258 it can be seen that the flexural rigidities of the sandwich beams are not significantly affected by the  
259 core type. The average flexural rigidity of the WC specimens was  $12.74 \pm 1.06$  kN-m<sup>2</sup> and the average  
260 flexural rigidity of the PC type specimens was  $11.96 \pm 2.00$  kN-m<sup>2</sup>. The flexural rigidities were  
261 determined by fitting a line to the first linear portion of the plots between a moment of 0 kN-m and  
262 0.3 kN-m. As the moment was calculated based on the load, there is also no significant difference in  
263 the moment capacity of the beams, as discussed above.

264 **Modelling**

265 The load-deflection and moment-curvature plots for all specimens were nonlinear. In a previous  
266 study, Betts et al. (2018b) attributed this nonlinear behavior to the intrinsic nonlinear behavior of the  
267 FFRP faces. They presented a design-oriented model to predict the load-deflection and moment-  
268 curvature behavior of sandwich beams with nonlinear FFRP faces and foam cores under three-point  
269 and four-point bending. Numerous authors have noted the approximately bilinear behavior of FFRPs  
270 and other natural fiber FRPs (Bensadoun et al. 2016; Betts et al. 2018b; Christian and Billington 2011;  
271 Hristozov et al. 2016; Mak et al. 2015; Sadeghian et al. 2018). Through preliminary testing of flax  
272 fibers and their composites, Betts et al. (2017, 2018c) have shown that the nonlinearity of FFRPs is  
273 likely due to the behavior of the flax fibers. Therefore, the model by Betts et al. (2018b) assumes that  
274 the faces act in a bilinear fashion which in turn causes a bilinear behavior of the sandwich panels. The  
275 same face material used in the study by Betts et al. (2018b) was used in the current study and therefore  
276 the same bilinear model was adopted for the faces. The model allows the user to find the stiffness and  
277 strength of the sandwich beams. Some authors in this field have performed tests on sandwich beams  
278 with multiple spans and were able to determine the shear modulus (Ferdous et al. 2017; McCracken  
279 and Sadeghian 2018). However, with only one span length in these tests, this was not possible for  
280 these tests.

281 The model assumes that the FFRP faces in a perfectly bilinear fashion and that the neutral  
282 axis is located approximately at the midplane (Betts et al. 2018b). The primary and secondary moduli  
283 are determined using Eq. 1 and Eq. 2.

$$E_{f_1} = \frac{1}{2}(E_{f_t} + E_{f_c}) \quad (1)$$

$$E_{f_2} = \frac{1}{2}\left(\frac{2}{3}E_{f_t} + \frac{2}{5}E_{f_c}\right) = \frac{1}{3}E_{f_t} + \frac{1}{5}E_{f_c} \quad (2)$$

284 where  $E_{f1}$  is the initial modulus,  $E_{f2}$  is the secondary modulus,  $E_{ft}$  is the initial tensile modulus and  $E_{fc}$   
 285 is the initial compression modulus.

286 The load-deflection behavior based on two points: a “point-of-transition” where the FFRP  
 287 changes from its initial modulus to its secondary modulus and the ultimate point, where the ultimate  
 288 strain of the FFRP is reached. The point-of-transition load and deflection can be calculated using Eq.  
 289 3 and Eq. 4, respectively, and the ultimate load and deflection can be determined using Eqs. 5-7 (Betts  
 290 et al. 2018b, 2020).

$$P_0 = \frac{4tbdE_{f1}\epsilon_{f0}}{L} \quad (3)$$

$$\Delta_0 = \frac{L^2}{6d}\epsilon_{f0} + \frac{P_0L}{4G_c\left(\frac{bd^2}{c}\right)} \quad (4)$$

$$P_u = \frac{4tbd[E_{f1}\epsilon_{f0} + E_{f2}(\epsilon_{fu} - \epsilon_{f0})]}{L} \quad (5)$$

$$\Delta_u = \frac{L^2}{12d}\left[(1 + \lambda)\epsilon_{f0} + (2 - \lambda - \lambda^2)\epsilon_{fu}\right] + \frac{P_uL}{4G_c\left(\frac{bd^2}{c}\right)} \quad (6)$$

291 where  $t$  is the thickness of the FFRP faces,  $b$  is the beam width,  $d$  is the distance between the face  
 292 centroids,  $\epsilon_{f0}$  is the strain at the point-of-transition determined by Betts et al. (2018b) to be 0.0018  
 293 mm/mm,  $\epsilon_{fu}$  is the ultimate tensile strain of the FFRPs,  $L$  is the span length,  $G_c$  is the shear modulus  
 294 of the core and  $\lambda$  is a parameter found using Eq. 7.

$$\lambda = \frac{1}{2 + 2\frac{E_{f2}}{E_{f1}}\left(\frac{\epsilon_{fu}}{\epsilon_{f0}} - 1\right)} \quad (7)$$

295 The corresponding moments can be found by simply converting the loads to moments using  
 296 the relation for three-point bending,  $M_i = P_iL/4$ . The corresponding curvatures can be found simply  
 297 by  $\psi_i = 2\epsilon_i/d$ . After the general model has been developed the failure loads are found by using the  
 298 procedure presented by Triantafillou and Gibson (1987) and subsequently used by Betts et al. (2018b).

299           The cardboard core material used in this study does not have data available. However, the  
300 same C-type flute cardboard was used by McCracken and Sadeghian (2018) and through their tests,  
301 they determined an approximate shear modulus ( $G_c$ ) of 121.9 MPa. However, the compressive  
302 modulus and shear strength are unknown. To allow for modelling, these values were assumed based  
303 on the shear modulus by examining the relationship between the same properties of the foam cores  
304 used in the study by Betts et al. (2018b). It was found that the compressive modulus of the foams was  
305 typically 2.5 times that of the shear modulus and that the shear strength of the foams was typically  
306 0.075 times that of the shear modulus of the foams. Therefore, in this study, the compressive modulus  
307 of the cardboard was assumed to be  $E_c = 2.5G_c$  and the shear strength was assumed to be  $\tau_{cu} = 0.075G_c$ .

308           The results of the model are presented in Figure 5 and Table 3. The model is able to predict  
309 the load-deflection behavior of the sandwich beams well as presented in Figure 5a. The stiffness  
310 predicted by the model was 262.3 N/mm compared to the average stiffness of the PC specimens of  
311 256.9 N/mm, a difference of less than 2.5%. However, the model overpredicts the ultimate load  
312 capacity and ultimate deflection with PC test-to-model ratios of 0.82 and 0.88, respectively. The  
313 moment-curvature model shown in Figure 5b captures the behavior of the beams well, however, it  
314 slightly underpredicts the initial flexural rigidity ( $EI$ , initial slope of the plot). As shown in Table 3,  
315 the PC test-to-model ratio of the flexural rigidity is 1.49.

### 316   **Impact Behavior**

317           The results of the impact tests are presented in Table 4 and the tested specimens are shown in Figure  
318 4. The impact data was sampled at a rate of 25 kHz and included the strain in the top and bottom face  
319 at midspan and the specimen displacement at midspan. These specimen displacement measurements  
320 were used to calculate the specimen damping ratio,  $\zeta$ , and specimen stiffness,  $K$ .

321 To determine the damping ratio, the damped period of each specimen was needed. This was  
322 found by measuring the average time between the local maxima and minima displacements during  
323 free vibration. The damped angular frequency was then calculated using Eq. 8.

$$\omega_d = \frac{2\pi}{T_d} \quad (8)$$

324 where  $\omega_d$  is the damped angular frequency and  $T_d$  is the damped period of the structure. To find both  
325 the natural angular frequency and damping ratio, the exponential equation, Eq. 9, was used.

$$f(t) = Ae^{Bt} = Ae^{\xi\omega_n t} \quad (9)$$

326 where  $\omega_n$  is the natural angular frequency and  $A$  and  $B$  are constants solved by fitting the exponential  
327 equation to both the maxima or minima displacement measurements during free vibration, as shown  
328 in Figure 6. Using the value of  $B$  determined this way, the natural angular frequency and damping  
329 ratio were solved by iterating Eq. 10 and Eq. 11 until the natural angular frequency converged to  
330 within 1%. To begin the iteration  $\omega_n$  was assumed to be  $\omega_d$ .

$$\xi = \frac{B}{\omega_n} \quad (10)$$

$$\omega_n = \frac{\omega_d}{\sqrt{1 - \xi^2}} \quad (11)$$

331 In this study, the procedure was completed twice: once fitting the equation to the maxima  
332 displacements and once fitting the equation to the minima displacements. Then, the damping ratio  
333 and natural angular frequency were taken as the average of the two results. The specimen stiffness  
334 was then calculated as follows:

$$K = \frac{\omega_n^2 mL}{2} \quad (12)$$

335 where  $m$  is the specimen mass per unit length and  $L$  is the span length.



336 ***Impact Energy***

337 For both the PC and WC type specimens, the first impact was based on the average energy to cause  
338 failure in all the monotonic tests, which was found to be approximately 62.7 J. Both PC and WC type  
339 specimens were able to resist the impact of 62.72 J (i.e. a drop height of 614 mm with a drop weight  
340 mass of 10.413 kg). The next impact test for both PC and WC type specimens was then performed at  
341 an energy of 109.81 J, a 75% increase from the first impact. The PC type specimen failed at this  
342 impact level and therefore the remaining specimen was tested at 86.32 J, the average of the first two  
343 impact test energy levels. The WC type specimen resisted the impact energy of 109.81 J and the  
344 remaining specimen was tested at an energy level of 154.96 J, an increase of approximately 150%  
345 from the initial impact of 62.72 J. The WC specimen failed at this impact level.

346 Because the types of structures are often used where reduced weight is a design requirement,  
347 an important property is the specific absorbed energy (SAE). The SAE of each specimen is presented  
348 in Table 4. Due to the lack of test data available, the ultimate SAEs of these beams are still unknown,  
349 but it can be concluded from these tests that the SAE of the WC and PC specimens is at a minimum  
350 33.07 J/kg and 31.39 J/kg, respectively.

351 ***Strain and Displacement***

352 Both strain and displacement at midspan were measured throughout the impact event. Sample test  
353 results of specimen 2FL-PC-D-1 are presented in Figure 7. This figure shows that after the impact  
354 event, there is a period of free vibration and that the drop weight was allowed to rebound during the  
355 tests. During the impact tests causing failure, there was no significant displacement data to report as  
356 the specimen failure caused the string potentiometer to disconnect. However, the energies resisted by  
357 both specimens caused deflections greater than those experienced during monotonic testing. The PC  
358 specimen impacted by 86.32 J deflected 23.3 mm compared to an average of 20.9 mm during the

359 monotonic tests and the WC specimen impacted by 109.81 J deflected 25.6 mm compared to an  
360 average of 23.5 mm during the monotonic tests. These high levels of deflection indicate that the  
361 specimens were potentially close to their ultimate capacity during these impact tests. This is also  
362 supported by the fact that the maximum strains at these impacts in the bottom face exceeded the  
363 average ultimate FFRP tensile strain of 0.0083 mm/mm.

#### 364 **Residual Behavior After Impact**

365 Specimens that did not fail during impact testing were tested under monotonic loading to determine  
366 post-impact residual properties. The results of these tests are presented in Figure 8 and Table 5. The  
367 tested specimens are presented in Figure 4.

#### 368 *Failure Mode (comparison with monotonic)*

369 All residually tested specimens failed due to compression face crushing (CC), which is a face material  
370 failure mechanism. This contrasts the behavior exhibited by the monotonic tests of the intact  
371 specimens, five of which failed due to an interface stability failure between the core and face. All the  
372 residually tested specimens also resisted a larger ultimate load than their intact counterparts. These  
373 two facts indicate that either the intact specimens failed prematurely or that there is some phenomenon  
374 causing an increase in strength after an impact event. In previous tests of sandwich panels with FFRP  
375 faces and polyisocyanurate foam cores performed by the authors, a similar increase was observed  
376 during residual testing which suggests that there is an unknown condition causing this increase in  
377 strength and stiffness. Currently, it is suspected that this increase in strength and stiffness after impact  
378 is caused by a densification of the core material under the impact. However, this phenomenon is not  
379 yet fully understood and requires further detailed investigation. Future work to investigate this  
380 behavior will include removing sections of the core material from under the impact area of tested  
381 sandwich specimens and comparing the results with the behavior of intact core materials.

382 Additionally, the hysteretic behavior of the FFRP faces will be examined through further tension and  
383 compression testing. This will show the behavior of the FFRPs after prior loading and unloading, such  
384 as after an impact event.

385 ***Load-Deflection Behavior (comparison with monotonic)***

386 The load-deflection and moment-curvature behavior of the residual tests are compared to the intact  
387 monotonic tests in Figure 8. The results of the residual tests are presented in Table 5. As discussed  
388 previously, the residual PC specimens and residual WC specimens resisted higher ultimate loads than  
389 their intact counterparts. The average ultimate load resisted by residual PC specimens was 6.25 kN  
390 which is an increase of 60.7% from the 3.89 kN resisted by intact PC specimens. Likewise, the  
391 residual WC specimens resisted an average ultimate load of 6.72kN, a 69.7% from the 3.96 kN  
392 resisted by the intact WC specimens. By examining Figure 8a and Figure 8c, the stiffnesses of both  
393 WC and PC type specimens were not affected by the impact event. The average stiffness of the  
394 residual PC specimens was 276.6 N/mm, which is within 7.7% of the average stiffness of the intact  
395 PC specimens. Likewise, the stiffness of the residual WC specimens was within 4.5% of the WC  
396 intact specimens.

397 ***Moment-Curvature Behavior (comparison with monotonic)***

398 By examining Figure 8b and 8d, it can be seen that the moment-curvature behavior of the beams was  
399 affected by the respective impact events. The average flexural rigidity exhibited by the residual PC  
400 type specimens was 9.89 kN-m<sup>2</sup> which is a reduction by 17.3% compared to the intact PC specimens.  
401 The rigidity of the residual WC type specimens also showed a reduction in rigidity of 13.4% when  
402 compared to the intact WC type specimens.

## 403 **Comparison with Foam-Core Sandwich Beams**

404 Figure 9 shows the comparison the cardboard core sandwich beams with similar sandwich beams  
405 with PIR foam cores tested by Betts et al. (2018b). The figure shows that the sandwich beams perform  
406 well compared to beams using more traditional core materials. Both the PC and WC specimens  
407 exhibited higher stiffness than all PIR foam core specimens tested in the previous study. However,  
408 the PC and WC cores have an average measured density of  $136 \text{ kg/m}^3$  and  $174 \text{ kg/m}^3$  which is higher  
409 than even the most dense foam tested in the study by Betts et al. (2018b) at  $96 \text{ kg/m}^3$ . Generally, the  
410 PC and WC core specimens exhibited a higher ultimate strength than the similar sandwiches with PIR  
411 foam core densities of  $32 \text{ kg/m}^3$  and  $64 \text{ kg/m}^3$ , but a lower ultimate strength than the  $96 \text{ kg/m}^3$  PIR  
412 foam core specimens. Therefore, further research should be performed to examine the shear strength  
413 of the face-core interface to have a better understanding of the ultimate load capacity of these  
414 structures. Additionally, further research should be performed to understand the freeze-thaw behavior  
415 and effect of fire on these structures.

## 416 **CONCLUSIONS**

417 Twelve sandwich beams with two-layer flax fiber-reinforced polymer faces and corrugated cardboard  
418 cores were fabricated and tested under monotonic and impact loads. The main test parameter was the  
419 effect of using plain or waxed cardboard for a core material on the flexural behavior of these beams.  
420 Additionally, the residual behavior of these sandwich beams after an impact event was investigated.  
421 During the tests, the top and bottom face strains and specimen displacement were measured at  
422 midspan. Based on the results of the tests, the following conclusions can be drawn:

- 423 • Cardboard cores were shown to be comparable with traditional polyisocyanurate (PIR) foam  
424 cores. Sandwich beams made with both plain and waxed cardboard cores exhibited a higher  
425 stiffness than sandwich beams made with  $32 \text{ kg/m}^3$ ,  $64 \text{ kg/m}^3$  and  $96 \text{ kg/m}^3$  density PIR cores

426 and a higher ultimate strength than sandwich beams made with the 32 kg/m<sup>3</sup> and 64 kg/m<sup>3</sup>  
427 PIR cores.

428 • There was no significant difference between the load capacity or flexural rigidity of sandwich  
429 beams constructed with plain cardboard cores (PC) and waxed cardboard cores (WC).  
430 However, the stiffness of the WC specimens was 40.6% higher than the PC specimens.

431 • An existing design-oriented model was able to predict the static load-deflection behavior of  
432 the PC core beams well. The moment-curvature behavior was also predicted well, however  
433 the model behavior was softer than the test results.

434 • Specimens with WC cores and PC cores resisted impact energies of 75% and 37.5% higher  
435 than the average static energy to cause failure, respectively.

436 • Beam strength and stiffness were not adversely affected after being subjected to an impact  
437 load. However, the flexural rigidity of both PC and WC type specimens were reduced after  
438 being subjected to an impact event. Interestingly, the beam residual strength was higher than  
439 the strength of the intact specimens. The current hypothesis is that this increase in strength  
440 after an impact event is caused by the densification of the core material during the impact  
441 event.

442 • The interface between the cardboard cores and FFRP faces has a major effect on the overall  
443 strength of the panels. Therefore, this is a major design problem for these types of panels and  
444 shows that the resin curing temperature, humidity and core surface quality are important  
445 parameters. In future studies, to improve the connection between the core and the faces, the  
446 core surface should be planed, and a veil should be included in the design.

- 447       • Future work on these structures should include interlaminar shear testing of the face-core  
448       interface, testing of the effect freeze-thaw on these structures and examining the behavior of  
449       these structures when exposed to fire.

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## 455   **DATA AVAILABILITY STATEMENT**

456   Some or all data, models, or code that support the findings of this study are available from the  
457   corresponding author upon reasonable request.

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593

**Table 1.** Test Matrix

<b>Specimen Group</b>	<b>Quantity</b>	<b>Core Type</b>	<b>Test Type</b>
2FL-PC-S	3	Plain Cardboard	Static
2FL-PC-D	3	Plain Cardboard	Dynamic (Impact)
2FL-WC-S	3	Waxed Cardboard	Static
2FL-WC-D	3	Waxed Cardboard	Dynamic (Impact)

**Table 2.** Monotonic Test Results

<b>Specimen</b>	<b>Mass, kg</b>	<b>Ultimate Load, kN</b>	<b>Max Deflection, mm</b>	<b>Specific Strength, kN/kg</b>	<b>Stiffness, N/mm</b>	<b>Ultimate Moment, kN-m</b>	<b>Max Curvature, 1/km</b>	<b>Flexural Rigidity, kN-m<sup>2</sup></b>	<b>Failure Mode</b>
2FL-PC-S-1	2.844	2.91	15.4	1.02	271.0	0.81	115	10.39	CW
2FL-PC-S-2	2.823	4.26	22.6	1.51	263.2	1.19	169	11.27	CW
2FL-PC-S-3	2.769	4.51	24.8	1.63	236.3	1.26	132	14.21	CW
AVE	2.812	3.89	20.9	1.4	256.9	1.09	139	11.96	
SD	0.038	0.86	4.9	0.3	18.2	0.24	27	2.00	
2FL-WC-S-1	3.267	3.96	17.9	1.21	348.6	1.10	129	11.86	CW
2FL-WC-S-2	3.258	2.10	14.3	0.64	344.1	0.59	53	12.46	CW
2FL-WC-S-3	3.456	5.84	38.2	1.69	390.9	1.63	254	13.92	CS
AVE	3.327	3.96	23.5	1.2	361.2	1.11	145	12.74	
SD	0.112	1.87	12.9	0.5	25.8	0.52	101	1.06	

\* CW = Compression Face Wrinkling; CS = Core Shear, AVE = Average, SD = Standard Deviation

**Table 3.** Results of Monotonic Design Oriented Model

<b>Specimen Group</b>	<b>Ultimate Load, kN</b>	<b>Max Deflection, mm</b>	<b>Stiffness, N/mm</b>	<b>Ultimate Moment, kN-m</b>	<b>Max Curvature, 1/km</b>	<b>Rigidity, kN-m<sup>2</sup></b>	<b>Failure Mode</b>
Model	4.72	23.9	262.3	1.32	218	8.02	TR/CC
PC Tests	3.89	20.9	256.9	1.09	139	11.96	CW
PC-Model Ratio	0.82	0.88	0.98	0.82	0.63	1.49	N/A

**Table 4.** Impact Test Results

Specimen	Mass, kg	Drop Height, mm	Absorbed Energy, J	Specific Absorbed Energy, J/kg	Maximum Deflection, mm	Maximum Bottom Face Strain, mm/mm	Minimum Top Face Strain, mm/mm	Calculated Stiffness, N/mm	Damping Ratio, %
2FL-PC-D-1	2.81	614	62.72	22.30	18.5	0.0073	-0.0077	277	8.9
2FL-PC-D-2 †	2.78	1075	Break	Break	N/A	N/A	N/A	N/A	N/A
2FL-PC-D-3 *	2.75	845	86.32	31.39	23.3	0.0096	-0.0087	N/A	N/A
2FL-WC-D-1	3.36	614	62.72	18.69	18.6	0.0071	-0.0055	256	11.4
2FL-WC-D-2 †	3.32	1517	Break	Break	N/A	N/A	N/A	N/A	N/A
2FL-WC-D-3	3.32	1075	109.81	33.07	25.6	0.0086	-0.0060	284	8.7

\* *String potentiometer failed after maximum deflection*

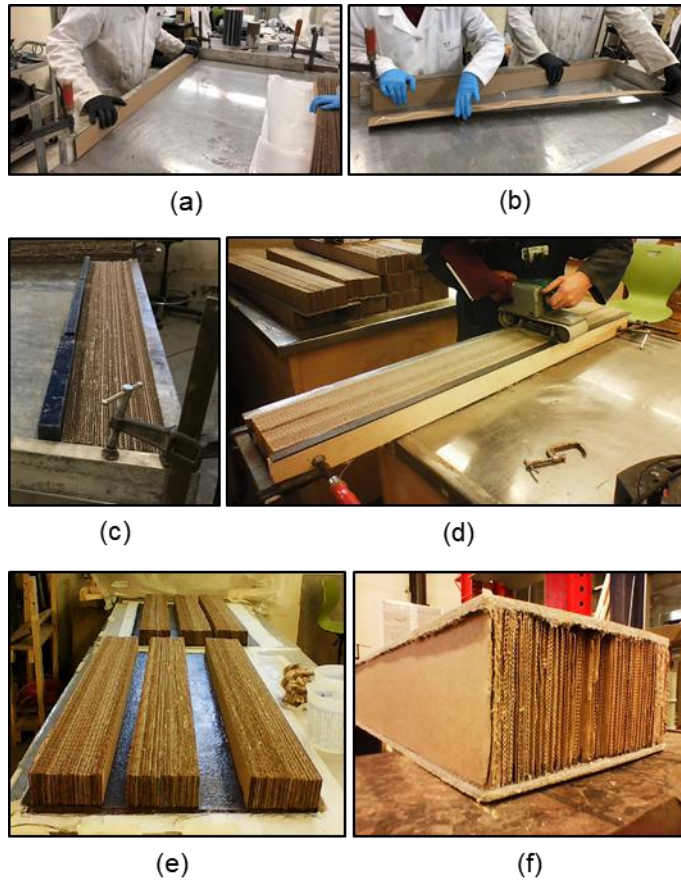
† *Specimen experienced ultimate failure*



**Table 5.** Residual Monotonic Test Results

Specimen	Mass, kg	Ultimate Load, kN	Max Deflection, mm	Specific Strength, kN/kg	Stiffness, N/mm	Ultimate Moment, kN-m	Max Curvature, 1/km	Flexural Rigidity, kN-m <sup>2</sup>	Failure Mode
2FL-PC-D-1-R	2.799	5.67	32.3	2.02	285.2	1.58	275	9.80	CC
2FL-PC-D-3-R	2.743	6.84	49.7	2.49	268.2	1.91	357	9.99	CC
AVE	2.771	6.25	41.0	2.26	276.7	1.75	316	9.89	
SD	0.039	0.83	12.3	0.33	12.0	0.23	58	0.13	
2FL-WC-D-1-R	3.359	6.81	41.2	2.03	353.3	1.90	350	10.40	CC
2FL-WC-D-3-R	3.315	6.63	40.8	2.00	336.7	1.85	309	11.67	CC
AVE	3.337	6.72	41.0	2.01	345.0	1.88	329	11.03	
SD	0.031	0.12	0.2	0.02	11.8	0.03	29	0.90	

\* CC = Compression Face Crushing, AVE = Average, SD = Standard Deviation



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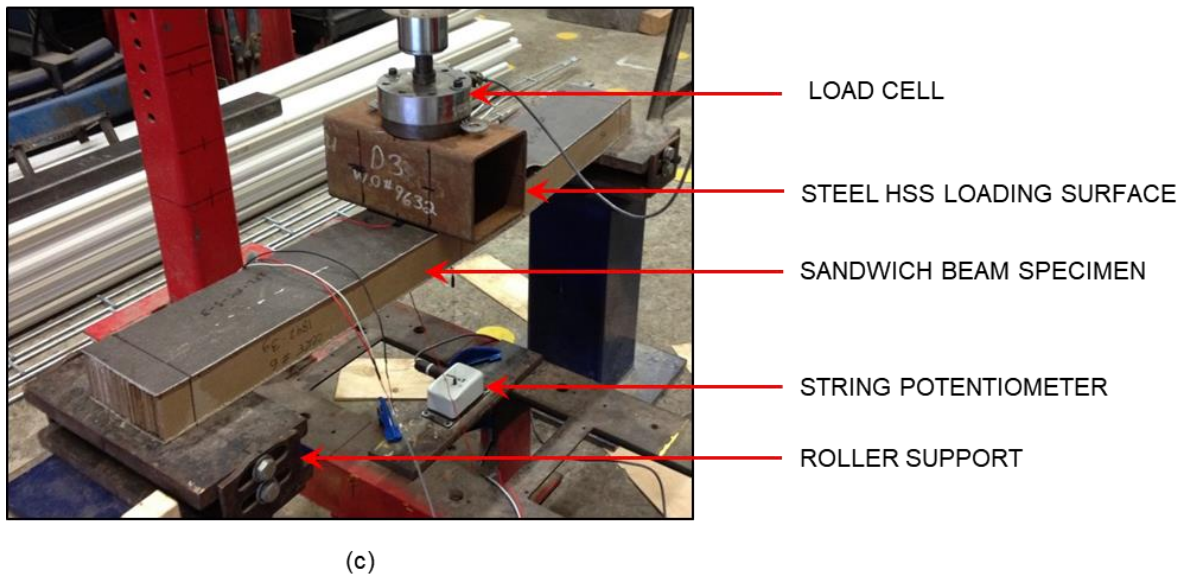
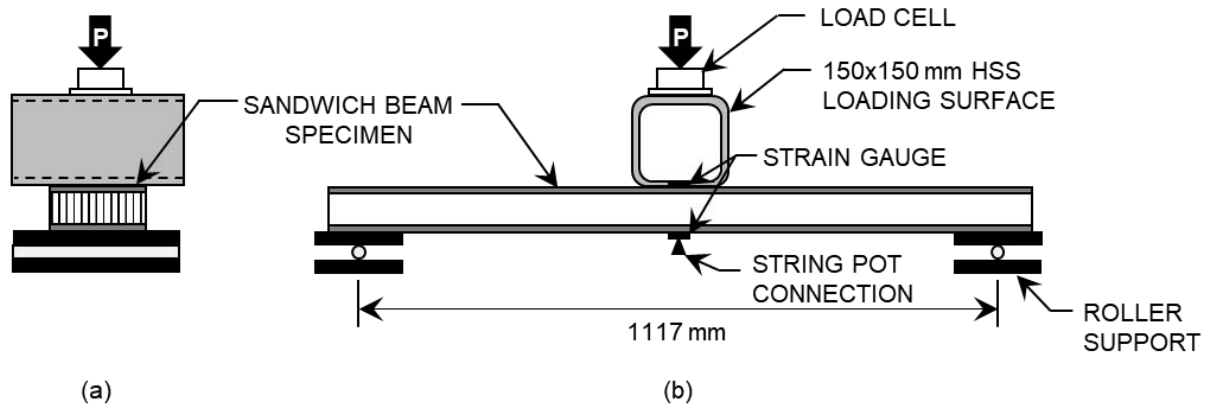
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**Figure 1.** Specimen Fabrication: (a) Placement of First Cardboard Strip; (b) Gluing and Placement of Subsequent Cardboard Strips; (c) Glue Drying on Plain Cardboard Core; (d) Sanding Top of Cardboard Core (e) Cardboard Cores Placed on FFRP Face and; (f) Finished Specimen. [Photos courtesy of Yuchen Fu and Dillon Betts]

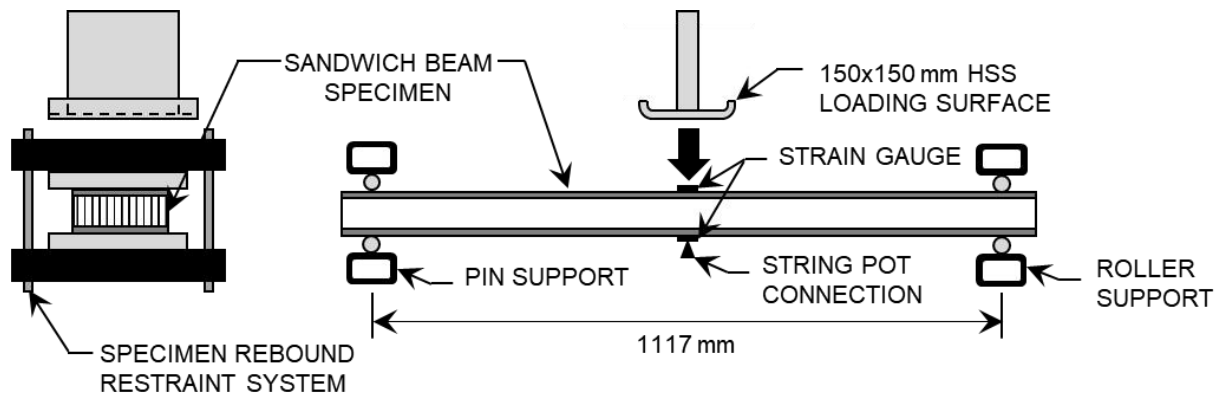


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611 **Figure 2.** Monotonic Test Set-up (a) End View Schematic; (b) Side View Schematic and; (c) Photo.

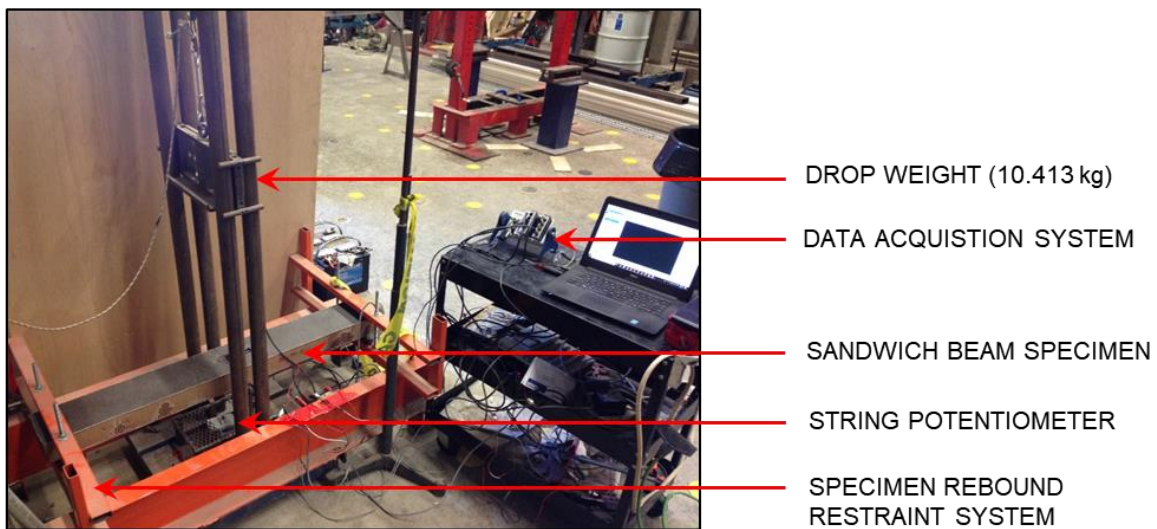
612

[Photo courtesy of Dillon Betts]



(a)

(b)



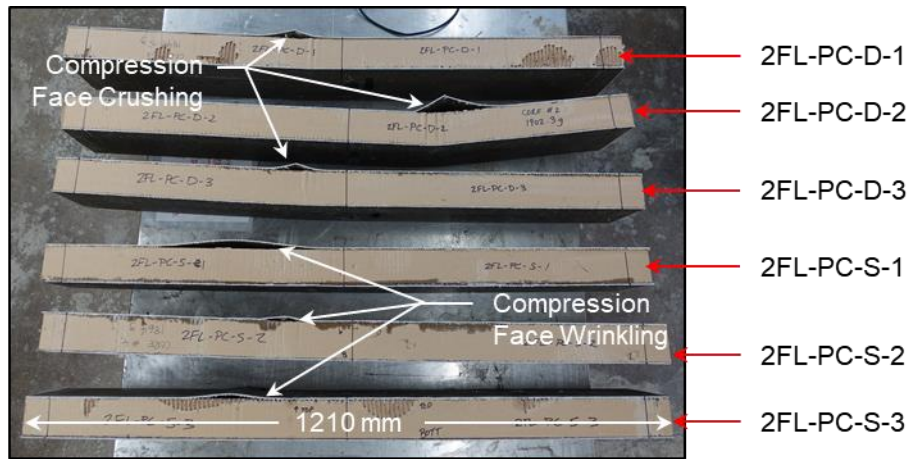
(c)

613

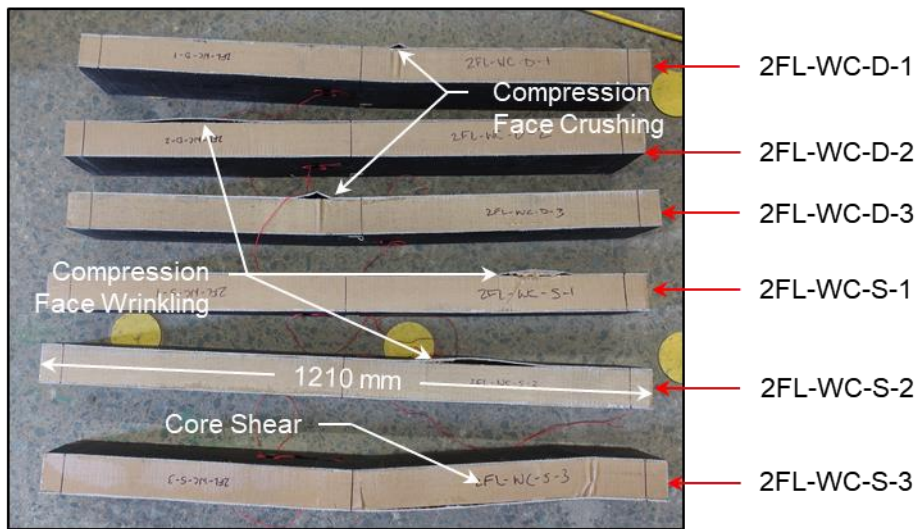
614 **Figure 3.** Impact Test Set-up (a) End View Schematic; (b) Side View Schematic and; (c) Photo.

615

[Photo courtesy of Dillon Betts]



(a)



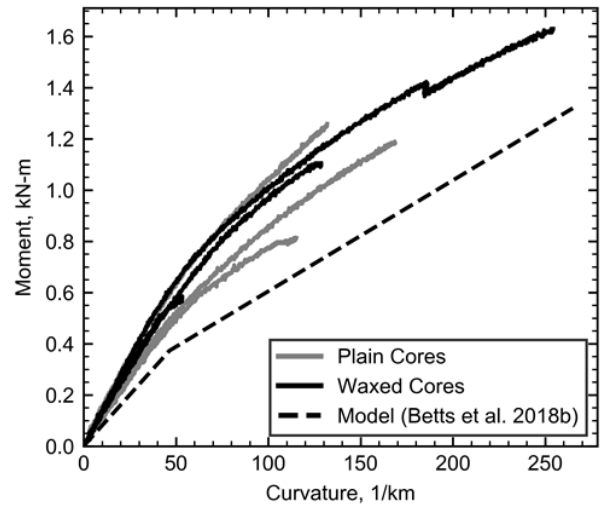
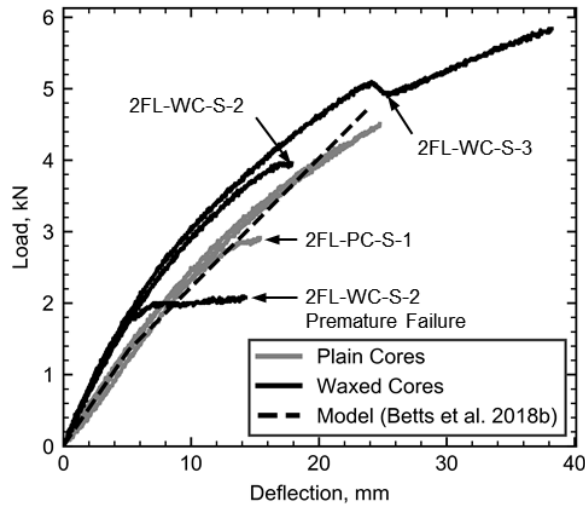
(b)

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617 **Figure 4.** Failed Specimens (a) Plain Core Specimens and; (b) Waxed Core Specimens (Note that

618 specimens 2FL-WC-D-2 and 2FL-PC-D-2 failed under impact and were not tested for residual

619 properties). [Photos courtesy of Dillon Betts]



620

(a)

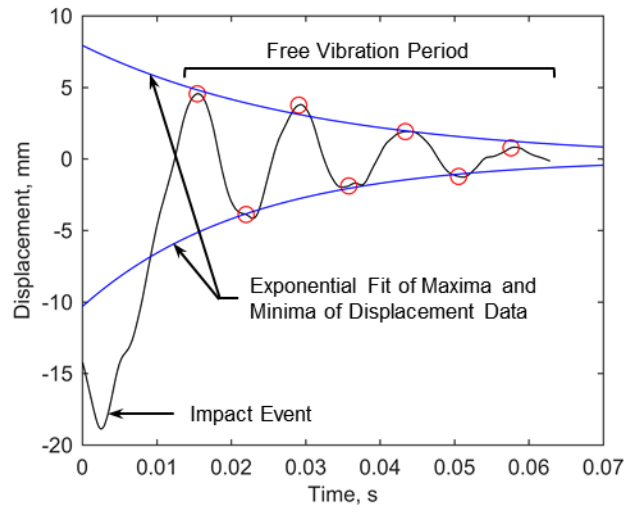
(b)

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**Figure 5.** Test Results of Monotonic Three-Point Bending Tests (a) Load-Deflection and; (b)

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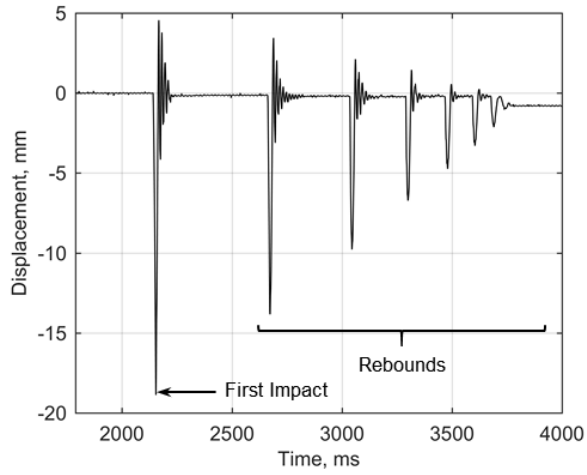
Moment-Curvature.



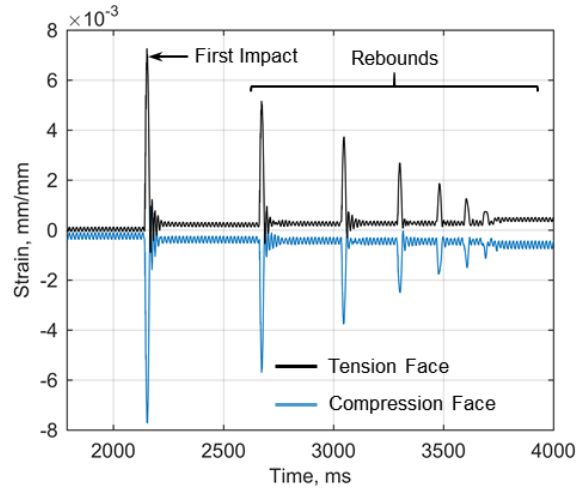
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**Figure 6.** Specimen 2FL-PC-D-1 – Damping Ratio Calculation.



(a)



(b)

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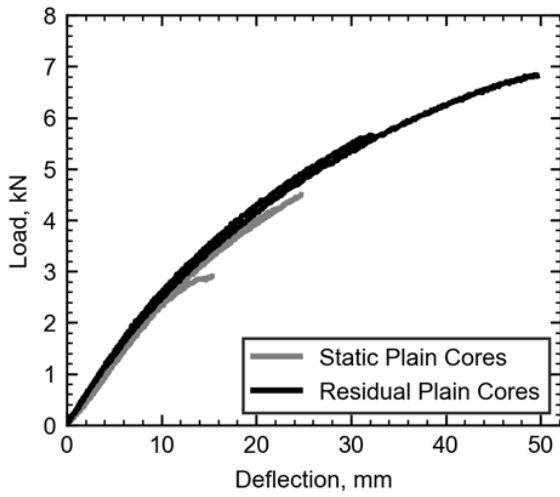
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**Figure 7.** Specimen 2FL-PC-D-1 Impact Test Data (a) Midspan Displacement vs. Time and; (b)

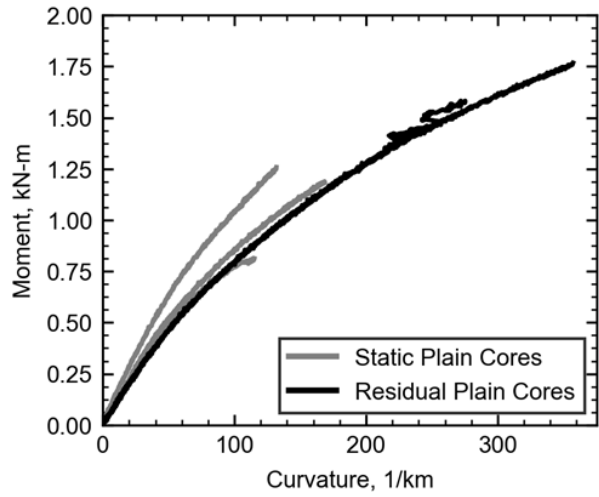
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Face Strain at Midspan vs. Time.

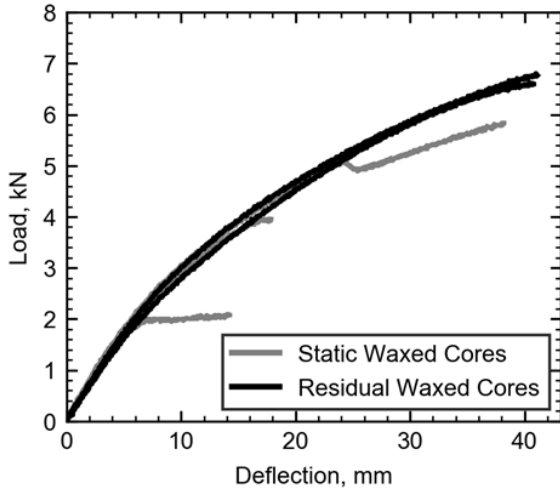




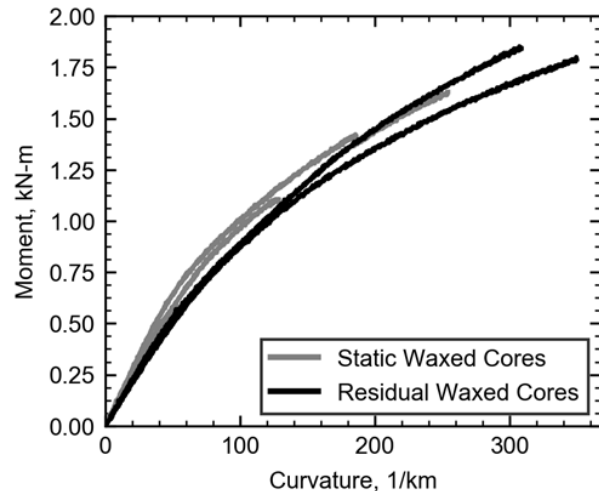
(a)



(b)



(c)



(d)

628

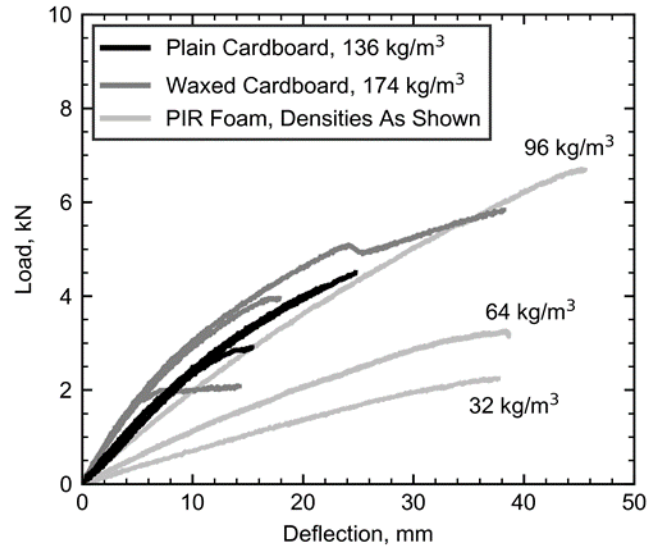
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**Figure 8.** Comparison of the Residual Properties of Cardboard Core Sandwich Beams and Intact Static Properties (a) Load-Deflection of Plain Core Specimens; (b) Moment-Curvature of Plain Core Specimens; (c) Load-Deflection of Waxed Core Specimens and; (d) Moment-Curvature of Waxed Core Specimens.



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634

**Figure 9.** Load-Deflection Comparison of Plain and Waxed Cardboard Core FFRP-Sandwich

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Beams with Foam Core FFRP-Sandwich Beams – PIR Foam Core Data from Betts et al. (2018b)