## World Café on Women, Food Insecurity and Obesity in Atlantic Canada

Date:	Thursday, 15 November 2012
Time:	9:30am – 3:30pm
Location:	Nova Scotia Archives. 6016 University Avenue, Halifax, NS B3H 1W4

## The aims of the event are threefold:

- To share findings from the Full Plate Project;
- To bring together partners, researchers, and community members working on food insecurity and obesity issues to share your knowledge and experiences; and,
- To collectively identify priorities for future work.

## **Agenda**

9:00-9:30am	Coffee, tea, muffins and fruit
9:30-9:45am	Welcome and orientation
9:45-10:30am	Introductions and Check-ins. Who is in the Room BINGO?
10:30am-12:00pm	<ul> <li>Panel presentations and Discussion</li> <li>Andrea Papan, Researcher, ACEWH, Presentation on the finding of Full Plate Project report, <i>The Food Insecurity-Obesity Paradox as a</i> <i>Vicious Cycle for Women: A Qualitative Study</i></li> <li>Rita MacAulay Public Health Nutritionist, Mount Saint Vincent Food ARC, Presentation called: <i>Working together towards food security</i></li> </ul>
12:00-1:00pm	Lunch
1:00-2:05pm	World Café Table Rounds
	1. Thinking about the vicious cycle figure shown earlier "Food Insecurity- Obesity Paradox as a Vicious Cycle for Women", which element most resonates with your work?
	2. What strategies are you using to address issue related to food insecurity, obesity and chronic disease? What's working? What's challenging?

## 2:05-2:20pm Break

3. From your experiences and what has been shared, what are the priorities for action on obesity, food insecurity and chronic disease? Discuss both immediate actions and more long-term, structural change.

3:05-3:30pm Reflections, Feedback and Closing