



MIRACLE SURVIVOR

THEDA NEW BREAST, M.P.H.
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"liven the life
our ancestors
wanted us to live"

4 Generation Solution

**TRADITIONALIST:
BORN BEFORE 1940**



**BI-CULTURAL BOOMERS:
BORN BETWEEN 1940-1960**



**TRANSITIONAL:
BORN BETWEEN 1960-1980**



**MILLENNIAL
BORN BETWEEN 1980-2009**



TRADITIONALIST

No TV

Stayed Married

Language

3 W's

Rite of Passage

**Medicine
Spirit**

WWII

**Substance
Living**

Miracles

Cradleboards

Shame Began

Ceremony

Prayer

BI-CULTURAL BOOMERS

Cultural Bridge

8 Tracks

Drunken Indian

Comod Bod

Rite of Passage

Kept

**Media
&
TV**

Indian Pony

Divorce

**Cultural
Renaissance**

Vietnam

Stretch Pants

Identity Crisis

Cassettes

TRANSITIONAL

Water in a Bottle

No Language

Drunken Indian

Pride

"Wannabee's"

Rite of Passage

Tribal College

**Federal Indian
Law**

Dinks

Sobriety

"Go to TX"

Wellbriety

Cell Phones

Wellness

MILLENNIAL

Fast Food

Won't Breast Feed

Drunken Indian

**Meth
Oxycontin**

Microwaves

**Universal
Gender Roles**

**More
Electronic Time**

**Education
Before Family**

**7th
Generation**

Casino

JOB'sss

Iraq

**No
Outhouse**



- SKILLS
- RESOURCES
- ATTITUDE

Succession of Leaders



SCARFACE



SCABBY ROBE



HE HELPS OTHER TRIBES



SITTING UP AT NIGHT



BACK FAT



VISIONS

DREAMS

SACRED STONES

Interspecies

RELATIONS

**SACRED
PLACES**

**SPIRITUAL
UNIVERSE**

LAND

**Medicine Men
Miracles**

COSMOS











BEST OF BOTH WORLDS



LOVE

KINDNESS

HUMILITY

SOBRIETY

SPIRITUALITY

RESPECT

COMPASSION

FORGIVENESS

Native Wellness Institute



www.nativewellness.com