SUPPORT AND RESOURCES
AFTER EXPERIENCING
SEXUALIZED VIOLENCE

IMMEDIATELY AFTER THE ASSAULT –
GO TO A SAFE PLACE
For safety planning, and immediate
and ongoing safety needs
HALIFAX
Dalhousie Security Services 24/7
902.494.4109
TRURO
Dalhousie Security Services 24/7
902.893.4190
Emergency Services 911
(police, fire, ambulance)

MEDICAL ATTENTION
Within 7 days of the assault, you can
preserve physical evidence, treat any
physical injuries and test for sexually
transmitted infections (STIs) or
pregnancy. A support person is welcome
to accompany you.
HALIFAX
Avalon Sexual Assault Nurse Examiner
(SANE) 24/7
902.425.0122
TRURO
Colchester East Hants Health Centre
902.893.5554

ONGOING SUPPORT
HALIFAX
Student Health and Wellness
(including counselling services)
902.494.2081
Avalon Sexual Assault Centre
902.422.4240
TRURO
Student Health Services
902.893.6300
Colchester Sexual Assault Centre
902.897.4366

UNIVERSITY REPORTING OPTION
You can initiate
a report through
the University’s
Sexualized Violence
Policy (can be
initiated whether or
not a criminal report
is made).
Sexualized Violence
Advisor
Human Rights &
Equity Services
902.494.6672

CRIMINAL REPORTING OPTION
You can initiate a report
through the Criminal Code
(can be initiated whether
or not a university report
is made).
Emergency 911
HALIFAX
Regional Police Dept
902.490.5020
TRURO
Regional Police Dept
902.895.5351
RCMP
1.800.803.7267 or
902.893.6820

Support and
Explore Options
Sexualized Violence Advisor
902.494.6672
Human Rights & Equity Services
offers trauma-informed &
confidential support, advising
about options, liaison, requesting
accommodations, arranging for
safety planning, case management,
referral. (You can discuss and
explore options without initiating
a report.)