

SUPPORT AND RESOURCES AFTER EXPERIENCING SEXUALIZED VIOLENCE

IMMEDIATELY AFTER THE ASSAULT – GO TO A SAFE PLACE

For safety planning, and immediate and ongoing safety needs

HALIFAX

Dalhousie Security Services 24/7
902.494.4109

TRURO

Dalhousie Security Services 24/7
902.893.4190

Emergency Services 911
(police, fire, ambulance)

MEDICAL ATTENTION

Within 7 days of the assault, you can preserve physical evidence, treat any physical injuries and test for sexually transmitted infections (STIs) or pregnancy. A support person is welcome to accompany you.

HALIFAX

Avalon Sexual Assault Nurse Examiner (SANE) 24/7
902.425.0122

TRURO

Colchester East Hants Health Centre
902.893.5554

ONGOING SUPPORT

HALIFAX

Student Health and Wellness
(including counselling services)
902.494.2081

Avalon Sexual Assault Centre
902.422.4240

TRURO

Student Health Services
902.893.6300

Colchester Sexual Assault Centre
902.897.4366

UNIVERSITY REPORTING OPTION

You can initiate a report through the University's Sexualized Violence Policy (can be initiated whether or not a criminal report is made).

Sexualized Violence Advisor

Human Rights & Equity Services
902.494.6672

Support and Explore Options

Sexualized Violence Advisor
902.494.6672

Human Rights & Equity Services offers trauma-informed & confidential support, advising about options, liaison, requesting accommodations, arranging for safety planning, case management, referral. (You can discuss and explore options without initiating a report.)

CRIMINAL REPORTING OPTION

You can initiate a report through the Criminal Code (can be initiated whether or not a university report is made).

Emergency 911

HALIFAX

Regional Police Dept
902.490.5020

TRURO

Regional Police Dept
902.895.5351

RCMP

1.800.803.7267 or
902.893.6820