

# HELP?

## Where to go for help in **TRURO**

### **Emergency 911**

Police (non-emergency)	902-895-5351
RCMP (non-emergency)	902-893-6820
CEHHA Emergency Crisis Services	902-896-2606
Mental Health and Addiction Services	902-893-5526
Mental Health Mobile Crisis Team (24 hour service, 7 days week)	1-888-429-8167

### **Non-emergency Health Concerns 811**

(24 hour services, 7 days week)	
NS Legal Aid	902-893-5920
Colchester Food Bank	902-893-4566

### **SEXUAL ASSAULT**

Colchester Sexual Assault Centre	902-897-4366
Colchester Regional Hospital	902-893-4321
Legal Advice for Sexual Assault Survivors	211

### **SEXUALITY & HEALTH RESOURCES**

Northern AIDS Connection (Truro)	902-895-0931
Bridges Program (Domestic Violence Intervention Program)	902-897-6665
Third Place Transition House (shelter for women) crisis line	902-893-4844

## Where to go for help at **DAL-AC**

### **Security 902-893-4190**

Safe Walk	902-893-4190
Health Services	902-893-6300
Referrals to Counselling and Psychological Services	902-893-6300
DalOUT (LGBTQ2SIA+)	<a href="mailto:dal.out@dal.ca">dal.out@dal.ca</a>
DSU Survivor Support	902-425-1066
Employee & Family Assistance Program	1-844-880-9137
Human Rights & Equity Services (Halifax)	902-494-6672
Residence Office	902-893-7519
Student Success Centre	902-893-6672
<ul style="list-style-type: none"><li>• Director, Student Success</li><li>• Academic Advising</li><li>• Student Academic Accommodations/ Access Supports</li><li>• International Student Co-ordinator</li><li>• Student Success Co-ordinator</li></ul>	
Manager, Student Conduct (Halifax)	902-494-4140
Assistant Dean of Students	902-893-6019
DalSAFE	<a href="http://dal.ca/dalsafe">dal.ca/dalsafe</a>
Ombudsperson	902-494-2665



### **DAL.CA/HRES**

#### **Human Rights & Equity Services**

*Website includes links to all resource listings*