

**01** IF YOU ACTUALLY WANT TO SEE THE RELATIONSHIP BETWEEN INDIGENOUS AND NON-INDIGENOUS PEOPLE CHANGE, COMMIT TO MAKING RECONCILIATION A PART OF YOUR EVERY-DAY ETHOS **02** LEARN THE LAND ACKNOWLEDGEMENT IN YOUR REGION. UPDATE YOUR EMAIL SIGNATURE TO REFLECT THE TERRITORY YOU LIVE AND WORK ON **03** PURCHASE AN ITEM FROM AN INDIGENOUS ARTIST. THERE ARE LOTS OF VENDORS AT DALHOUSIE'S ANNUAL MAW'O'MI **04** DOWNLOAD AN INDIGENOUS PODCAST. CAMRYN + MAISYN SOCKS *BURNT TOAST + PITEWAY, AND TRAILS, TAILS AND SPRUCE TEA* WITH SHALAN JOUDRY + FRANK MEUSE ARE BOTH MI'KMAW **05** FIND OUT IF THERE WAS A RESIDENTIAL SCHOOL WHERE YOU LIVE. LEARN IT'S NAME AND SOMETHING ABOUT IT **06** TUNE INTO CBC'S EIGHTH FIRE WITH WAB KINEW OR *THIS PLACE* WITH ROSANNA DEERCHILD **07** LEARN A GREETING IN A LOCAL INDIGENOUS LANGUAGE **08** REGISTER FOR THE UNIVERSITY OF ALBERTA'S ONLINE MOOC, CALLED "INDIGENOUS CANADA," FOR FREE **09** LEARN YOUR FAMILY HISTORY. CONSIDER HOW YOUR FAMILY STORY MAY BE PART OF A LARGER SYSTEM THAT SOUGHT TO DISPOSSESS INDIGENOUS PEOPLE FROM THEIR ANCESTRAL LANDS **10** SERIOUSLY CONSIDER YOUR OWN POSITION AS A SETTLER CANADIAN. DO YOU UPHOLD PRACTICES THAT CONTRIBUTE TO THE MARGINALIZATION OF INDIGENOUS PEOPLES? **11** CONSIDER THE LINE BETWEEN CULTURAL APPROPRIATION AND CULTURAL APPRECIATION. LEARN WHY HEADDRESSES ARE NOT APPROPRIATE AT MUSIC FESTIVALS AND WHY "SEXY POCHAHONTAS" IS JUST WRONG **12** FIND A BOOK THAT DELVES INTO INDIGENOUS LOCAL HISTORIES. PICK UP YOUR COPY OF DAL READS 2017. DAN PAUL "WE WERE NOT THE SAVAGES" (2006) **13** WHEN DISCUSSING LGBTQ ISSUES, ALWAYS INCLUDE TWO-SPIRITED PEOPLES (2SLGBTQIA) **14** ACKNOWLEDGE THAT AS A NATION, CANADIANS CHOOSE WHICH HISTORIES ARE CELEBRATED AND WHICH ONES ARE ERASED **15** LEARN THE DIFFERENCE BETWEEN INDIGENOUS, ABORIGINAL, FIRST NATION, MÉTIS, AND INUIT **16** SUPPORT LOCAL INDIGENOUS AUTHORS BY PURCHASING THEIR BOOKS. FIND THE INDIGENOUS SECTION AT YOUR LOCAL BOOKSTORE OR ASK YOUR LOCAL LIBRARY TO CARRY IT IF THEY DON'T HAVE IT **17** GENTLY COUNTER RACIST OR STEREOTYPICAL COMMENTS WITH FACT-BASED INFORMATION WHETHER YOU ARE AT A PARTY, THE OFFICE, OR THE GYM **18** LISTEN TO INDIGENOUS MUSIC. IF YOU DO NOT KNOW ANY, LISTEN TO CBC'S RECLAIMED OR SPOTIFY THE SOUND OF INDIGENOUS CANADA **19** READ REPORTS FOUND AT THE NATIONAL CENTRE FOR TRUTH AND RECONCILIATION. START WITH THE 94 CALLS TO ACTION. CHECK OUT THE TRC READING CHALLENGE **20** LEARN HOW TO BE A GOOD ALLY. CHECK OUT INDIGENOUS ALLY TOOLKITS ONLINE. SUPPORT INDIGENOUS SPACES AND VOICES **21** LISTEN TO INDIGENOUS SCHOLARS AND INTELLECTUALS SPEAKING **22** IF YOU LIVE IN AN AREA WHERE THERE IS A TREATY RELATIONSHIP, READ THE TREATY DOCUMENT. IN MI'KMA'KI THERE ARE THE PEACE AND FRIENDSHIP TREATIES **23** DO YOU HAVE ACCESS TO CLEAN DRINKING WATER? YOU ARE LUCKY. ALSO, 'LUCK' REALLY HAS NOTHING TO DO WITH IT; THESE CONDITIONS WERE HISTORICALLY ENGINEERED **24** WHERE WERE YOU DURING IDLE NO MORE? **25** WHEN TRAVELLING, KNOW WHOSE LAND YOU ARE VISITING WHILE ON VACATION OR TRAVELLING FOR WORK. NATIVE-LAND.CA CAN HELP **26** YES, THIS ALL MIGHT SEEM SCARY! KEEP GOING, IF YOU ARE COMMITTED **27** IF YOU ARE TALKING ABOUT OR RESEARCHING INDIGENOUS PEOPLES, HAVE YOU INCLUDED ANY OF THEIR VOICES? **28** REMEMBER THAT GOOD INTENTIONS CAN BE HARMFUL TOO **29** DID YOU KNOW THAT INDIGENOUS PEOPLES HAD SOPHISTICATED WAYS OF CARING FOR OUR LANDSCAPES TO PREVENT MASSIVE FIRES, FLOODS, AND OTHER NATURAL DISASTERS? **30** DID YOU KNOW THERE ARE INDIGENOUS FILM MAKERS IN CANADA? CHECK OUT MI'KMAQ FILM MAKER, JEFF BARNABY'S *QUANTUM BLOOD* (2019) OR *RHYMES FOR YOUNG GHOULS* (2013). DALHOUSIE LIBRARY, NFB, AND CBC GEM HOST INDIGENOUS FILMS **31** WATCH ALETHEA ARNAQUQ-BARIL'S *ANGRY INUK* **32** LISTEN TO THE VOICES OF MUMILAAQ QAQQAQ AND JODY WILSON-RAYBOULD REGARDING THEIR EXPERIENCES AS CANADIAN MPS **33** EVER WONDER WHY ONLY ENGLISH AND FRENCH ARE CANADA'S OFFICIAL LANGUAGES WHEN THERE ARE AT LEAST SIXTY INDIGENOUS LANGUAGES IN THIS LAND? **34** OBSERVE WHAT IS CELEBRATED AND RECOGNIZED IN THE MONUMENTS, PARKS, AND STREET NAMES IN YOUR CITY. COULD PUBLIC HISTORY BE TOLD DIFFERENTLY? LEARN ABOUT AREAS OF CONFLICT FOR INDIGENOUS PEOPLE. FOR EXAMPLE, CORNWALLIS IN HALIFAX **35** LEARN THE ORIGINAL NAMES OF PLACES AND WHAT PLACES WERE AND ARE IMPORTANT TO INDIGENOUS PEOPLE. HALIFAX IS K'JIPUKTUK (ROUGHLY PRONOUNCED 'CHE-BOOK-TOOK) **36** DISCOVER THE WORLD OF INDIGENOUS CONTEMPORARY WRITING, THINKING AND INFLUENCING. ERICA VIOLET LEE, BILLY-RAY BELCOURT, AND CHELSEA VOWEL ARE A FEW **37** SUPPORT INDIGENOUS MEDIA (NEWSPAPERS, RADIO STATIONS, SOCIAL MEDIA SITES, AND TV STATIONS). ABORIGINAL PEOPLE'S NETWORK, MI'KMAQ-MALISEET NATIONS NEWS AND ONLINE KU'KU'KWES NEWS: INDEPENDENT INDIGENOUS NEWS **38** IF YOU READ A NEWS STORY THAT FEEDS INTO STEREOTYPES, WRITE A LETTER TO COMPLAIN AND ASK FOR INDIGENOUS PERSPECTIVES ON LOCAL, NATIONAL, AND INTERNATIONAL NEWS **39** READ THE UNITED NATIONS DECLARATION ON THE RIGHTS OF INDIGENOUS PEOPLES. THE TRUDEAU COMMITTED TO IMPLEMENTING IT IN MAY, 2016. FOLLOW-UP WITH THE TRUDEAU GOVERNMENT **40** READ THE INDIAN ACT. RECOGNIZE THAT CURRENT (AND OFTEN VEXED) FIRST NATIONS POLITICS ARE GOVERNED BY THE INDIAN ACT **41** READ THE REPORT ON THE ROYAL COMMISSION OF ABORIGINAL PEOPLES **42** LOOK UP AND LEARN ABOUT AN INDIGENOUS ATHLETE. WE HAVE NHL PLAYERS AND OLYMPIANS AMONG THE MIX! **43** LOOK FOR AND SHARE THE POSITIVE STORIES ABOUT INDIGENOUS PEOPLE **44** CITE INDIGENOUS AUTHORS AND ACADEMICS IN YOUR WORK. THEIR OPINIONS AND WORLD VIEW ARE IMPORTANT **45** CONSIDER USING INDIGENOUS RESEARCH METHODOLOGIES IN YOUR WORK. LINDA TUHIWAI SMITH'S *DECOLONIZING METHODOLOGIES* (1999) OR SHAWN WILSON'S *RESEARCH IS CEREMONY* (2008) OR *INDIGENOUS METHODOLOGIES: CHARACTERISTICS, CONVERSATIONS, AND CONTEXTS* (2009) BY MARGARET KOVACH ARE GOOD **46** LEARN WHY THE INQUIRY INTO MISSING AND MURDERED INDIGENOUS WOMEN AND GIRLS WAS SO IMPORTANT. READ THE FINAL REPORT *RECLAIMING POWER AND PLACE: THE FINAL REPORT OF THE NATIONAL INQUIRY INTO MISSING AND MURDERED INDIGENOUS WOMEN AND GIRLS* (2019), INCLUDING THE 231 CALLS FOR JUSTICE. YOU CAN FIND IT ONLINE **47** SEEK OPPORTUNITIES TO COLLABORATE THAT SPAN FORMS OF BOTH INDIGENOUS KNOWLEDGE AND WESTERN KNOWLEDGE **48** SUPPORT AND CELEBRATE THE PERSISTENCE OF LAND-BASED ECONOMIES, SUCH AS THE SEAL HUNT **49** FAMILIARIZE YOURSELF WITH CINDY BLACKSTOCK'S IMPORTANT WORK **50** UNDERSTAND THAT RECONCILIATION IS NOT ABOUT "FEELING GUILTY." IT IS ABOUT KNOWLEDGE, ACTION, AND JUSTICE. KEEP GOING! **ADAPTED FROM CRYSTAL FRASER & SARA KOMARNISKY'S 150 ACTS OF RECONCILIATION FOR CANADA'S 150. FOR MORE ACTIVEHISTORY.CA/150: DAL.CA/INDIGENOUS**

