

Employee Benefit Deductions

Effective: April 1, 2026

Monthly Rates

Applicable to Postdoctoral Fellow Employees

Mandatory Benefits	Cost	Deduction
Health and Travel Insurance		
Single	• \$32.83	• 60% Dalhousie
	• \$21.88	• 40% Employee
Family	• \$78.09	• 60% Dalhousie
	• \$52.06	• 40% Employee
Optional Benefits		
Dental Insurance		
Single	• \$24.11	• 50% Dalhousie
	• \$24.10	• 50% Employee
Family	• \$50.12	• 50% Dalhousie
	• \$50.11	• 50% Employee

Applicable to Postdoctoral Fellow Scholars*

Optional Benefits	Cost	Deduction
Health and Travel Insurance		
Single	• \$54.71	• 100% Scholar
Family	• \$130.15	• 100% Scholar
Dental Insurance		
Single	• \$48.21	• 100% Scholar
Family	• \$100.23	• 100% Scholar

**Postdoctoral Fellow Scholars are eligible for benefits only where their award funding is administered through Dalhousie's payroll system. A top-up payment or stipend alone does not qualify.*

This information has been prepared to provide you with a summary of the features of the benefit plan. All rights under this program are governed by the provisions of the master policy and by applicable law.