

Dalhousie recognizes that your benefits program is important to you, and we work hard to provide you with a comprehensive program. We are pleased to announce that we have completed the annual renewal of your group benefits program. Below are the results of the renewal, including highlights of the rate changes effective April 1, 2019.

2019 RATES

Each year we review our benefits program to ensure that contribution rates are adequate to pay expected claims and expenses in the coming benefit year.

As a result of this review, there is little change to our premiums effective April 1, 2019. We can attribute this positive news to good plan experience over the past year and careful plan management.

Here's an overview of the rate changes effective April 1, 2019:

Changes in premiums will show on your pay in April 2019.

Rate changes – Under 65			Monthly Cost	
			Single	Family
Health	↓	4.5% rate decrease	\$56.55	\$162.79
Dental	—	no change	\$46.43 – Staff \$49.33 - Faculty	\$109.30 – Staff \$125.46 - Faculty
Travel	—	no change	\$8.67	\$15.88

Rate changes – Over 65			Monthly Cost	
			Single	Family
Health	—	no change	\$26.40	\$52.85
Travel	—	no change	\$17.59	\$35.36

Over 65 Retiree Plan: **NEW** Health Coverages effective April 1, 2019

After receiving inquiries from retired members regarding the shingles vaccine and compression garments, the Retiree Benefits Advisory Committee has decided to have these coverages added to the over 65 retiree health plan effective renewal date of April 1, 2019. Both new benefits are covered under the extended health benefit portion of the health plan and are therefore covered at 80% reimbursement. The shingles vaccine is covered on a reimbursement basis to a maximum of \$700 every five consecutive calendar years and graduated compression garments (including stockings) are covered at a maximum of \$200 per calendar year.

NEED MORE INFORMATION?

For more information about your benefits and coverage specifics, please visit [Retiree Benefits](#) or contact benefits@dal.ca.