

Facilities Management Chain Hoists Safe Work Instructions

Policy Sponsor:	Approval Date:
Assistant Vice President	Approval Date: July 2010
Facilities Management	-

Responsible Unit: Facilities Management Revisions:

Service: Trades Services Shop: Carpentry

Hazards Identified:

Pinch points, falling objects, crush points, being hit by objects

Personal Protective Equipment Required:

Safety footwear, safety goggles or glasses, hard hat, work gloves

Training Required:

Proper Operation of Chain Hoists
Proper Use of Slings and Rigging Procedures

These safe work practices must be followed at all times and are to be reviewed annually.

- 1. Only properly trained, competent, employees should be allowed to operate chain hoists.
- 2. DO NOT use this equipment for any purposes other than those intended by the manufacturer.
- 3. Always follow the manufacturer's instructions for installation.
- 4. Always follow the manufacturer's instructions for use and maintenance.
- 5. Required PPE must be worn at all times during the operation of this equipment.

- 6. Always check the chain and to ensure it is being maintained and in good working condition.
- 7. Before each use check to ensure there are no kinks in the chain.
- 8. Do not use this equipment if it is defective in any way. Tag it as out of service and report the problem to your supervisor for immediate action.
- 9. Always ensure that a load is properly attached to the hook and the latch is firmly closed before lifting.
- 10. Never remove safety latches from a hook.
- 11. Use multiple lifting points when ever possible to help support the load evenly.
- 12. Never use more than one sling eye in a hook. Always use a shackle to connect two or more sling eyes to the hook.
- 13. Do not under any circumstances use the load chain as a sling.
- 14. Ensure that the load is centered over the load before starting a lift
- 15. Ensure that the load is balanced before doing a lift.
- 16. Always use properly inspected and approved slings and lifting accessories.
- 17. Ensure that the load will clear all other equipment or potential obstructions before proceeding with the lift.
- 18. Never leave a load hanging on a hoist or chain fall unattended or unsecured.
- 19. Before starting a lift ensure that the item to be lifted is clear of all objects.
- 20. Raise the load several inches from its resting place to ensure that is suspended and balanced properly.
- 21. Never stand or have any part of your body under the suspended load.
- 22. Keep hands well clear of all moving parts.
- 23. Ensure that all non-necessary persons are kept clear of the lift area.

- 24. Never allow the load chain to become wrapped around the load.
- 25. Never hammer the chain or hook to get into place.
- 26. Attach a guide line to the load to help stabilize it and prevent the load from turning and becoming entangled with the load chain or hand chain.
- 27. Always place the load in the centre of the hook; NEVER suspend the load from the point of the hook.
- 28. Never exceed the lifting capacity posted on the chain hoist.
- 29. Never shorten a chain by using knots.
- 30. Do not allow the load to move in jerky motions.
- 31. Never leave a suspended load unattended.